

2013-2014

ISSUE 6.4

SPECIAL GRADUATION ISSUE

EVMS

MAGAZINE



OUR VISION: Eastern Virginia Medical School will be recognized as the most community-oriented school of medicine and health professions in the United States.

upcoming events

August 16-17

Wine, Women & Fishing

Held by the Chesapeake Bay Wine Classic Foundation, this fishing tournament and dock party has raised more than \$240,000 for EVMS breast cancer research. Visit cbwc.org for details.

September 23

EVMS State of the School

Richard Homan, MD, President and Provost of EVMS and Dean of the School of Medicine, presents this annual update at 5:30 p.m.

October 17-18

MD Alumni Reunion

Join fellow alumni for the annual MD Alumni Reunion Weekend. Festivities include a cocktail reception Friday night and an EVMS alumni-exclusive chalet at the Town Point Virginia Wine Festival on Saturday. Get full details at evmsalumni.com.

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Welcome to a special graduation issue of EVMS Magazine

In this brief video, I offer my greetings and congratulate our 2014 graduates.

Sincerely,

Richard V. Homan, MD

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About Our 2014 Graduates



This year's class included graduates from **11** countries — Canada, Egypt, Hungary, India, Iraq, Kazakhstan, Republic of Korea, Sweden, United Kingdom, United States and Venezuela.



Graduates from Hampton Roads

27 School of Medicine

75 School of Health Professions

102 Total

Health professions graduates by program

21 Art Therapy & Counseling, MS

64 Biomedical Sciences (Medical), MS

4 Biomedical Sciences (Research), MS

3 Biomedical Sciences, PhD

21 Clinical Embryology/Andrology, MS

7 Clinical Psychology, PsyD



64 Physician Assistant, MPA

45 Public Health, MPH

15 Surgical Assisting, MS



Graduates by school

123 School of Medicine

244 School of Health Professions

367 Total

Graduates' home states and nations

Graduates in the Class of 2014 hail from **35** different U.S. states.

Top five states that graduates came from:

- 1.** Virginia
- 2.** California
- 3.** North Carolina
- 4.** New York
- 5.** New Jersey



USS Wisconsin hosts military commissioning ceremony

Eight students are pinned during the EVMS Military Commissioning and Recognition Ceremony

Under bright blue skies, eight graduating EVMS students — six medical doctors and two physician assistants — were commissioned or recognized as military officers during a ceremony aboard the USS Wisconsin in downtown Norfolk on May 15. Rear Adm. Alton L. Stocks of the U.S. Navy delivered the keynote address during the annual EVMS Military Commissioning and Recognition Ceremony.

The Military Medicine Award, which recognizes a graduating military medical student who exemplifies the highest degree of integrity, professionalism and selfless service throughout his or her four years at EVMS, was presented to Angelica Mancone, MD.

“Angelica has demonstrated a strong academic performance and an admirable dedication to improving student life at EVMS,” said Ronald Flenner, MD (MD '89), Vice Dean of Academic Affairs. “As chair of the Phoenix Committee, she was an advocate for student mental health and developed a seminar series to address students’ academic and personal concerns. This initiative earned her an invitation to participate in a program for medical students at the Betty Ford



Watch video from the ceremony aboard the USS Wisconsin.



Institute to experience the challenges of addiction medicine.”

The participation of the two graduating PA students looked a bit different than the graduating medical students. Since the PAs’ commissioning will occur after they pass their boards and attend officer candidate school, they were not yet able to wear the uniforms of naval officers. Their family members pinned their future Navy ranks and Medical Service Corps Badges on their

white coats while the more traditional pinning ceremony occurred for those in uniform.

“These two PAs will soon become important members of Navy medicine,” said Thomas Parish, DHSc, PA-C, Director of the Master of Physician Assistant Program, “collaborating with physicians, nurses and corpsmen to provide care to military members and their dependents in a broad range of settings.”

The commissioned medical school graduates were Gregory Buchek, MD, and Alexandra Hansen, MD, of the U.S. Air Force; Angelica Mancone, MD, and Bryan Wilson, MD, of the U.S. Army; and Aaron Daley, MD, and Robert McClure, MD of the U.S. Navy.

The two physician-assistant graduates recognized, Jessica Martin and Heather Orcutt, soon join the U.S. Navy. □



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New AOA members pose following the induction ceremony.

Lt. Gov. Northam delivers the keynote address to AOA inductees

Virginia Lt. Gov. Ralph Northam, MD (MD '84), Assistant Professor of Neurology and Pediatric Neurologist at Children's Hospital of The King's Daughters, delivered the remarks to honorees at the Alpha Omega Alpha (AOA) Honor Medical Society Induction Ceremony and Banquet May 14. Dr. Northam is the father of Wes Northam, a 2014 EVMS MD graduate. AOA Chapter Councilor Leonard Weireter Jr., MD, the Arthur and Marie Kirk Family Professor of Surgery, presided over the event.

AOA recognizes those with high educational achievement, honors gifted teachers who encourage the development of leaders in academia and the community who support the ideals of humanism and service to others.

The 2014 inductees were: (*Junior AOA, MD Class of 2015*) Daniel Ballard, Austin Baraki, William Frames, Kelly Johnson, Patrick Morgan, Ishan Shah, Theodore Tzavaras and Daniel Young; (*Senior AOA, MD Class of 2014*) Krishna Aluri, Michael Biersmith, William Brubaker, Christopher Hanson, Katherine Huenerberg, Robert Jack, Rhorie Kerr, Angelica Mancone, Edward Martinez, James Pavela, Neil Reddy, Katherine Smentkowski and Ian Whiteside; (*Residents*) Brad Murray, MD; Timothy Peterson, MD; Adam Sawyer, MD; and Jack Zuckerman, MD; (*Faculty*) Jay Collins, MD, Professor of Surgery and Chief of EVMS Trauma and Critical Care; Thomas Kimble, MD, Assistant Dean for Admissions and Assistant Professor of Obstetrics and Gynecology; and Alexander Levitov, MD, Professor of Medicine. □



Surgical Assisting graduates continue to set the pace

Twelve percent. That's how far above the national average this year's graduating EVMS Surgical Assisting students scored on the certification examination. And for the ninth consecutive year, all the EVMS graduates passed the exam on the first try.

Those are among the measures that continue to set the EVMS program apart from others nationwide, said Program Director Clinton Crews, MPH, during the annual Awards and White Coat Ceremony May 16.

Family and friends were on hand to witness the presentation of a range of awards, including recognition of students who went far beyond the program's minimum educational requirement. For instance, Gillea David completed 448 cases – three times the required number. She and classmate Evan Taxin took home the Director's Award for their outstanding achievement.

Other award recipients:

- Helena Russell and Kelly Bailey, CSA, received the Faculty/Preceptor Award.
- Heather Leo received the Anatomy Award.
- Monica Haas received the Virginia Association of Surgical Assistants Award. On hand to present the award was Deborah Ivey, CSA, Interim President.

The ceremony culminated with the presentation of white coats, a symbolic gesture that served to welcome the graduates as new surgical assisting practitioners, and the gift of a framed certificate acknowledging each graduate as a "Certified Surgical Assistant." Joining in the White Coat Ceremony were Walter Lampeter, CSA, representing the National Commission for Certification of Surgical Assistants, and Mary Armstrong, CSA, representing the National Surgical Assistant Association. □



Check out additional photos from the White Coat Ceremony.

PA class honored in White Coat Ceremony

Faculty members from the Master of Physician Assistant (MPA) Program celebrated the accomplishments of the Class of 2014 at the annual White Coat and Awards Ceremony the evening before commencement. With 64 graduates, this was the largest group of graduates from the program, which continues to expand to meet the increasing demand for skilled clinicians.

"I have been around the PA (physician assistant) profession long enough to see it grow and evolve in ways that were not anticipated by the founders," said Thomas Parish, DHSc, PA-C, Professor and Director of the PA Program. "I am confident that each of you will continue that tradition of growth and evolution."

Dr. Parish noted that the graduates are entering a particularly strong sector of the health-care field. The MPA is consistently listed by national publications as one of the most valuable graduate degrees to have, and surveys show that an overwhelming majority of practicing PAs would pursue the same career path if given the chance to start over.

EVMS' program has trained 614 PAs since its first class

graduated in 2001, about 400 of whom have stayed in Virginia. "It represents another way that EVMS has supported quality of care and access to care here in

Hampton Roads and across Virginia," Dr. Parish said.

As part of the ceremony, 10 students were inducted into the Pi Alpha national PA honor society, along with two faculty PA inductees — Jennifer Wohl, DHSc, PA-C, and Travis Kirby, MPAS, PA-C — and one non-PA honorary inductee, Amy Fantaskey, MD. See pages 8 and 9 for the full list of award winners. □



School of Health Professions Reception



Graduates from programs in the School of Health Professions mingled with colleagues, faculty, family and friends at a reception the evening of May 16. The reception drew nearly 900 guests to celebrate the day before commencement.

2014 AWARDS AND SPECIAL RECOGNITION

SCHOOL OF HEALTH PROFESSIONS AWARDS

The EVMS School of Health Professions Alumni Association Senior Student Award

Gillea C. David

Master of Surgical Assisting, MSA

The Paul J. Fink, MD Outstanding Art Therapist Award

Leila C. Saadeh

Master of Science in Art Therapy & Counseling, MS

The Georgeanna Seegar Jones, MD Award for Academic Achievement

Holly C. Barci

Master of Science in Clinical Embryology & Andrology, MS

The Physician Assistant Preceptor of the Year Award

Theresa Corbine, FNP-C

Master of Physician Assistant, MPA

The Paragon Award

Amy R. Friend

Master of Physician Assistant, MPA

The Pan Student Council HP Leadership Award

Thanh K. Nguyen

Doctor of Philosophy in Biomedical Sciences, PhD

The David E. Scott, PhD Award

Tommie W. Old

The Eugene Stead, Jr., MD Award

Jill E. Palmiotto

Master of Physician Assistant, MPA

The Virginia Association of Surgical Assistants Award

Monica S. Haas

Master of Surgical Assisting, MSA

THE HEALTH PROFESSIONS SCHOLARS

The Health Professions Scholars is an interdisciplinary program that recognizes health professions students with a demonstrated potential to play leadership roles in their professional practice.

Virginia L. Bridges

Master of Science in Art Therapy & Counseling, MS

Melissa M. Campbell

Master of Science in Art Therapy & Counseling, MS

Joshua F. Edwards

Master of Public Health, MPH

Victoria Garcia

Master of Public Health, MPH

Breanne N. Gjurich

Doctor of Philosophy in Biomedical Sciences, PhD

Monica S. Haas

Master of Surgical Assisting, MSA

Taylor E. Hughes

Master of Physician Assistant, MPA

Heather K. Leo

Master of Surgical Assisting, MSA

Jessica L. Martin

Master of Physician Assistant, MPA



At the MD Banquet and Awards Program, President Richard Homan, MD, and Ronald Flenner, MD, Vice Dean of Academic Affairs, present the Robert Campe Goodman and Augusta S. Goodman Award to graduates Benjamin Blackwood, left, and Krishna Aluri.

Thanh K. Nguyen

Doctor of Philosophy in Biomedical Sciences, PhD

Michelle B. Trevino

Doctor of Philosophy in Biomedical Sciences, PhD

SCHOOL OF MEDICINE AWARDS

The Mason C. Andrews Citizen Scholar Award

Ariel B. Jaffe

The Timothy J. Bos Memorial Award in Medical Microbiology and Immunology

Clay G. Nelson

The Lloyd Damsey, MD Memorial Award

Elizabeth C. Morris

The James E. Etheridge, Jr., and Ahmad A. Shoaibi Scholarship

Charlene A. Warner

The Award for Excellence in Addiction Medicine

Neil Charles T. Zaki

The Award for Excellence in Psychiatry

Michael L. Wenzinger

The EVMS Medical Alumni Association Senior Student Award

Stephanie K. Louka

The Excellence in Emergency Medicine Award

Matthew B. Kuehn

The Robert J. Faulconer Gold Medal

Andrew J. Holcomb

The John Franklin Award

Ariel B. Jaffe

The Robert Campe Goodman and Augusta S. Goodman Award

Benjamin D. Blackwood
Krishna P.R. Aluri

The Desmond R.H. Gourley Award for Excellence in Pharmacology

Ariel B. Jaffe

The Department of Pediatrics Abraham Jacobi Award

Neil Charles T. Zaki



The Sigfred Award
Meghan A. Woughter

The Clinton H. Toewe II, MD
Memorial Family Medicine Award
Reina L. Blackwood

The Raymond Van Wolkenten
Memorial Award
Nitish J. Manning



At the Physician Assistant White Coat Ceremony, Katelyn Bakunas is among the graduates inducted into the pi Alpha National Honor Society. At left, faculty member Kathryn Connor, MSEd, PA-C, assists Nancy Fishback, MD, PA Medical Director.

The M. Oliver Kepler, MD
Memorial Award
Stephanie M. Lape

The Edward Levy
Award
Michael A. Biersmith

The Evelyn Lin, MD Memorial Award
Oluloniyin E. Peters

The James F. Lind, Sr., MD Award
Alexa E. Pitts

The Medical Student Obstetrics and
Gynecology Performance Award
Clay G. Nelson

The Military Medicine Award
Angelica G. Mancone

The Pan Student Council MD
Leadership Award
Krishna P.R. Aluri

The Gary L. Pittenger and David E.
Scott Award for Excellence in the
Anatomical Sciences
Alexis S. Elliot

The Melissa Warfield, MD Humanism
in Medicine Award
Andrew K. Bolton

THE SIR WILLIAM OSLER AWARDS

Craig W. Goodmurphy, PhD
Outstanding Basic Scientist

Kaitlin M. Ryan, MD
Outstanding Intern

Mily J. Kannarkat, MD
Outstanding Physician

Nicholas S. Rister, MD
Outstanding Resident

Scott Vergano, MD
Outstanding Faculty Preceptor

ALPHA OMEGA ALPHA HONOR MEDICAL SOCIETY,

a professional medical organization, recognizes and advocates for excellence in scholarship and the highest ideals in the profession of medicine.

Senior AOA

Krishna P.R. Aluri
Michael A. Biersmith
William D. Brubaker
Christopher A. Hanson
Katherine A. Huenerberg
Robert A. Jack, II
Rhorie P.R. Kerr
Angelica G. Mancone
Edward J. Martinez
James H. Pavela
Neil P. Reddy
Katherine E. Smentkowski
Ian R. Whiteside

Junior AOA

Daniel P. Ballard
Austin N. Baraki
William L. Frames
Kelly A. Johnson
Patrick F. Morgan
Ishan T. Shah
Theodore J. Tzavaras
Daniel J. Young

Faculty

Jay N. Collins, MD
Thomas D. Kimble, MD
Alexander B. Levitov, MD

Residents

Brad T. Murray, MD
Timothy C. Petersen, MD
Adam C. Sawyer, MD
Jack M. Zuckerman, MD

Delta Omega Honorary Society in Public Health

encourages research and scholarship among graduate students of public health and recognizes achievement in the field.

Student Inductees

Brook T. Alemu
Ashley A. Forfa
Christian R. Johnroe
Elisa J. Troyer

Faculty

Tina D. Cunningham, PhD

Gold Humanism Honor Society

recognizes senior medical students, residents, role-model physician teachers and other exemplars for demonstrated excellence in clinical care, leadership, compassion and dedication to service.

Student Inductees:

Krishna P.R. Aluri
Evan M. Berger
Benjamin D. Blackwood
Reina L. Blackwood
Andrew K. Bolton
Phuong-Nam N. Giang
Stephanie M. Lape
Stephanie K. Louka
Kristin A. Neatrour
Clay G. Nelson
Weston T. Northam
Alexa E. Pitts
Erin R. Rafferty
Alison S. Robins
Joy L. Rosenblatt
Yu An Teng
Alison J. Ullman
Neil C.T. Zaki

Pi Alpha Honor Society

is the national honor society organized for the promotion and recognition of both physician assistant students and graduates.

Student Inductees

Katelyn M. Bakunas
Taylor E. Hughes
Jill E. Palmiotto
Jessica V.S. Pumphrey
Joseph A. Roenker, Jr.
Stephen J. Schmoll
Lindsay H. Warren
Taylor R. Watrous
Lara L. Wood
Dara C. Wotherspoon

Alumni

Olivia Naples, MPA, PA-C

Faculty

Jennifer M. Wohl, DHSc, PA-C
W. Travis Kirby, MPAS, PA-C

Honorary Inductee

Amy P. Fantasky, MD



Graduates Benjamin Blackwood and Elizabeth Morris address the audience at the MD Banquet, held the night before the commencement ceremony.

MD Class of 2014 graduates set new standard of excellence

Students in the MD Class of 2014 helped perpetuate and grow the HOPES student-run free clinic. So it seemed appropriate that HOPES would be near to their hearts when it came time for the graduates to make their traditional class gift to the school.

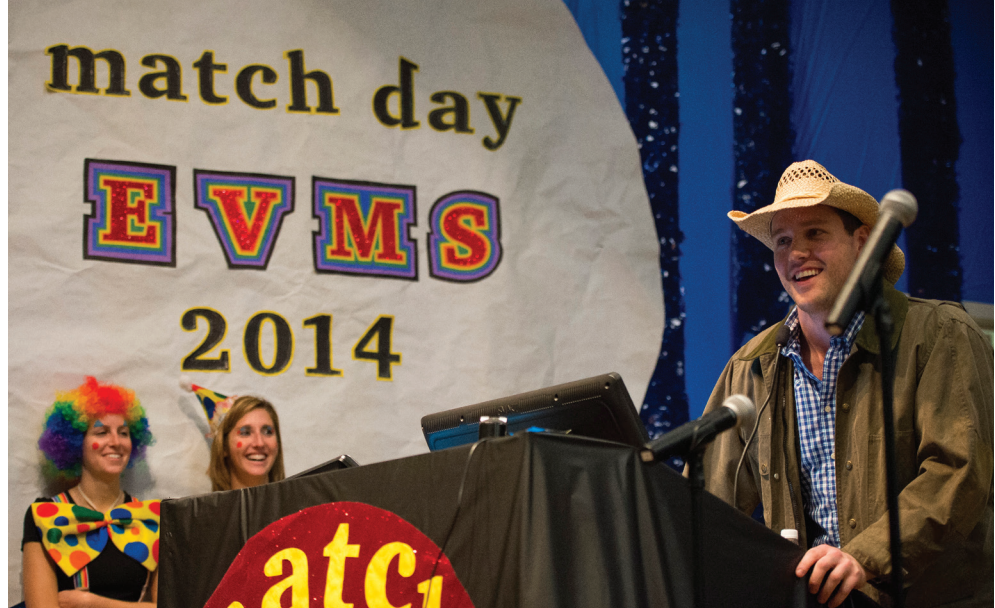
Speaking at the MD banquet, held the night before the graduation ceremony, Elizabeth Morris announced that the class was donating two laptop computers for use at HOPES.

“More than 75 students from all EVMS programs serve on staff, and I know many in our class have served in past years,” she said to an audience of 600, including friends and family of graduates.

Ronald Flenner, MD (MD '89), Vice Dean of Academic Affairs, praised the graduates for their accomplishments.

“As a result of your professionalism, your energy and your unwavering commitment to medicine, you’ve set a new standard of academic excellence at EVMS,” Dr. Flenner said. “You have broken through barriers and secured training positions at prestigious schools where we have not sent graduates previously. And in the process, you have helped elevate the school’s reputation nationwide.”

Following the presentation of select awards (see pages 8 and 9 for a complete list of award recipients), Bruce Britton, MD (MD '90), President of the MD Alumni Association and Professor of Family and Community Medicine, encouraged the graduates to stay connected to EVMS and to consider serving as mentors to students. □



Four years of hard work pays off at Match Day

One of the most momentous days for a medical student — aside from graduation — is Match Day, when aspiring physicians throughout the U.S. learn where they will spend the next three to seven years training in a medical specialty. On March 21, EVMS’ MD Class of 2014 learned their fate.

In all, more than 25,000 applicants in the U.S. learned they had earned residency positions during the annual Match Day. EVMS students maintained their unique tradition of dressing in costumes to celebrate one of the most significant days in the course of their careers.

Fourth-year medical students across the nation apply to residency positions in their chosen specialty — such as family medicine or surgery — and rank the programs according to those they would prefer to join. The programs, in turn, rank the students they feel will make the best fit. Nearly all applicants learned the results of that ranking process, which is run by the National Resident Match Program, at the same time that Friday.

This year’s Match Day proved to be one of the best yet for EVMS graduates because of their excellent clinical skills and collegial caregiving. Many matched into highly competitive programs across the U.S., including Brown University, Cleveland Clinic, Georgetown University, Wake Forest University, Mayo Clinic, Stanford University, University of California-San Francisco, University of North Carolina-Chapel Hill, University of Virginia and University of Washington, among others. □



A day to remember takes a year of planning

On the plaza outside Norfolk's Scope Arena the afternoon of May 17, EVMS graduates celebrated with loved ones after their 2014 commencement ceremony.

Yet inside, organizers already were holding the first of several debriefings to prepare for next year's ceremony.

With the 2015 commencement a year off, planning is already well underway.

That's routine for the four-person Events team that organizes the commencement ceremony and related events held in the week leading up to the ceremony.

"Typically our biggest ongoing challenge," says Sharon Gabriel, Director of Events, "is the complexity of logistics required to execute nine large-scale graduation events in multiple venues over four days."

A 25-member graduation committee and a 22-page planning timeline guide those efforts. Faculty, students and staff invest thousands of hours. In addition to the Events team, others involved in preparing for and conducting graduation and graduation-related activities represent a range of departments, including Development, Marketing and Communications, the Registrar, Student Affairs and each educational program.

From selecting a keynote speaker and booking hotel banquet rooms and caterers to ordering regalia for nearly 500 participants and preparing programs, signage and staffing plans for each commencement activity, hundreds of tasks must be checked off well in advance.

But despite the best planning, unexpected challenges can occur at any moment.

For instance, the day before this year's main ceremony, a sudden downpour flooded streets throughout the region, making it impossible for some students to reach a mandatory commencement rehearsal. A few hours later, the keynote speaker called to say she was ill and wouldn't make it. Organizers responded to both crises quickly.

Challenges aside, Ms. Gabriel adds, this complex project is worth all the time and effort to give every EVMS graduate a commencement to remember for a lifetime. □





Find your favorite graduate in a video overview of the commencement ceremony.



"I encourage you to count your blessings and be reminded today of everything and every one you have to be grateful for. As you go forward and face challenges in the future, remember to carry a spirit of thankfulness at all times."

— ANDREW HOLCOMB, MD CLASS OF 2014
SPEAKING ON BEHALF OF THE SCHOOL OF MEDICINE

Celebrating the Class of 2014

Flooded streets and a last-minute change in the keynote speaker couldn't dampen spirits ahead of EVMS' Commencement Ceremony, which featured the school's largest-ever graduating class.

In all, 367 students received degrees — 123 from the School of Medicine and 244 from the School of Health Professions — a day after drenching rains filled streets and underpasses throughout Norfolk with deep water that prevented some students from getting to rehearsal for the ceremony. They arrived at Norfolk's Scope Arena the next morning to learn that the planned commencement speaker had fallen ill.

"If you are surprised to see me here this morning in this role, imagine my surprise," said EVMS Vice President and Dean of the School of Health Professions C. Donald Combs, PhD, who



What is your fondest memory from your time at EVMS?



Who was your most influential professor/preceptor and why?



What was the most important lesson you learned at EVMS?



What advice do you have for people starting in your program?

In the days leading up to and including graduation, we posed a series of questions to a cross-section of graduates. See the video clips above for a sample of their responses.

rose to the task of delivering the commencement address.

Dr. Combs spoke about the deeply complex nature of the modern health-care system that will challenge this generation of graduates to find ways to implement fundamental changes that lead to more efficient, effective care.

“You need to learn to hear the friction,” he said, “to listen carefully to those who see things differently, to value the insights and skills of those whose analysis is different from your own and to be grateful for those who care enough to challenge you. If you do those things, you will, in fact, become consummate professionals who by definition learn throughout their lives — who improve, innovate and prosper.”

The graduation ceremony also served as the closing bell on the 40th anniversary of EVMS’ inaugural class. Air cannons blasted confetti over the graduates to celebrate the milestone. Twenty-seven students — 24 aspiring physicians and three art-therapy students — matriculated in the 1973-1974 academic year, a stark contrast from the more than 1,200 enrolled in 2013-2014. □



“We all have different backgrounds and areas of interest, but we are more parallel than we think. . . . No matter our chosen profession, we all have one purpose — striving to help our patients have a better tomorrow.”

— LAMARCUS DAVIS, MASTER OF SURGICAL ASSISTING CLASS OF 2014
SPEAKING ON BEHALF OF THE SCHOOL OF HEALTH PROFESSIONS



To see more images from all the 2014 graduation events, visit [facebook.com/EVMSedu/photos_albums](https://www.facebook.com/EVMSedu/photos_albums).



WELCOME REAL

Words of wisdom for EVMS graduates from faculty members and alumni


Graduating from the School of Medicine or School of Health Professions at EVMS is a remarkable accomplishment. So, go ahead and rest on those laurels — for a few days. Then as you take your next steps on the path toward a lifetime of success, consider these words of wisdom from EVMS faculty members and alumni.

Kimberly Salkey, MD
(Dermatology Residency '06)

Dr. Salkey is an Assistant Professor of Dermatology and Assistant Program Director for Dermatology.

E To The WORLD





“Sit down with your patient.
We spend hours communing with our
computer screens but only minutes
eye-to-eye with our patients.”

— EDWARD OLDFIELD III, MD



Edward Oldfield III, MD

Dr. Oldfield is a Professor of Internal Medicine and Director of EVMS Infectious Disease.

“Sit down with your patient. We spend hours communing with our computer screens but only minutes eye-to-eye with our patients. Don’t let that happen to you; sit down next to the patient at eye level. Studies have shown that patients perceive you have spent twice as much time with them if you sit down.

“Be a lifelong learner. A humanistic, patient-centered practice without the most up-to-date knowledge is dangerous and a disservice to your patient. ‘To care and not know is dangerous,’ J. Willis Hurst, MD, said. ‘To know and not care is even worse. Caring and knowing must be combined to succeed in medicine.’

“In the final analysis, as Francis Weld Peabody said in 1925 at the end of a lecture to medical students: ‘The secret of the care of the patient is in caring for the patient.’”



Aurora Kerscher, PhD

Kerscher is an Assistant Professor of Microbiology and Molecular Cell Biology.

“When planning the next career step, think about your long-term goals in life. Don’t be afraid to think big — perhaps running your own practice, becoming a principal investigator in a research laboratory, forming a startup company, being an executive in hospital administration. But remember to factor in the other important aspects of life: having a family, traveling overseas, spending time with friends, exercising and carving out time for yourself.

“Then set realistic short-term goals to get you on the right path. Look into evening MBA programs, or consider interning at a biotechnology company. Often students worry about the details and forget about why they choose to invest in that advanced degree in the first place. Also, realize that the faculty and mentors at EVMS are an amazing resource to advise and help you move ahead and achieve your goals.

“If you don’t enjoy the field you are in, you will burn out pretty quickly. Instead, concentrate on something you’re passionate about and inherently good at. You will find that you won’t resent working long hours and perfecting your work.”



Thomas Kimble, MD

Dr. Kimble is Assistant Dean for Admissions, an Assistant Professor of Obstetrics and Gynecology and a Clinical Investigator for the CONRAD program in Obstetrics and Gynecology.



Linda Pautz, MEd

Ms. Pautz is an Assistant Professor in the School of Health Professions and serves on the faculty of the joint EVMS/ODU Graduate Program in Public Health.



Catherine Pearman, MPAS, PA-C

Ms. Pearman is an Associate Professor in the School of Health Professions and a Physician Assistant with Emergency Physicians of Tidewater.



Mary Roberts, EdS, LPC (MS '97)

Ms. Roberts is an Assistant Professor in the School of Health Professions and Program Director for the Graduate Art Therapy and Counseling Program.



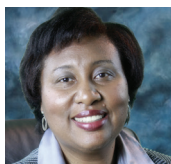
John Sinacori, MD

Dr. Sinacori is an Assistant Professor of Otolaryngology and Director of the EVMS Voice and Swallowing Center.



Marissa Galicia-Castillo, MD (MD '97, Medicine Residency '00)

Dr. Galicia-Castillo is the Sue Falkner Scribner Distinguished Professor in Geriatrics and an Associate Professor of Internal Medicine.



Myra Barnes-Eley, MPH (MPH '00)

Ms. Barnes-Eley is an EVMS alumna who has been Director of Clinical Analytics for Wellpoint since 2008.

“You’ll never outgrow the need for a mentor. Find someone who’s been successful in the position you aspire to and ask that person to coach you and show you the ropes. Keep in mind that your mentor may need to change as your career evolves and your aspirations grow.

“Always remember why you went into your field. Try to keep the passion that you felt when you enrolled in your program near and dear to your heart. This will drive the kind of jobs you apply for and help you choose the right position.”



Anthony Craig, MPA, PA-C (MPA '10)

Mr. Craig is an EVMS alumnus who has practiced with Bayview Physicians since 2010.

“Don’t take the first job offer; it’s usually a low one. If the employer won’t budge and it’s a good position, ask if they can pay off some of your debt, increase CME monies, or reimburse your DEA or medical license. It usually comes from a separate pot and they are often willing to. Have a contract attorney look at your contract before signing to help you understand what you are signing on for. Keep in mind that most of you will have three jobs before finding your one true passion. Don’t burn bridges.

“One of Sir William Osler’s best-known quotes is ‘Listen to your patient. He is telling you the diagnosis.’ This not only emphasizes the importance of taking a good history, it makes you a better practitioner. Rely on your training; you’ve graduated from a very fine institution. Finally, remember that it’s a great honor to help patients, whether they’re sick or injured, or simply getting a wellness check-up.”

Local scholarships save career plans for EVMS graduate

When he arrived at EVMS, Brian Holloway, (MD '14), expected that after he graduated, he would report for active duty to repay the Navy scholarship that covered his EVMS tuition.

But by his third year, a serious health issue followed by several surgeries had left him ineligible for military service. That meant not only were his medical bills piling up, he also had to repay the Navy two-and-a-half years of tuition — and find a way to fund the rest of medical school.

Enter the Hampton Roads Community Foundation.

Two scholarships managed by the foundation enabled Mr. Holloway to finish his EVMS degree: the Florence L. Smith Medical Scholarship and the Buzzy and Helen Schulwolf Fund for Smith Scholars.



Brian Holloway, MD Class of 2014

“Working with EVMS dermatologists motivated me to pursue the specialty. They challenged me to speak the language and produce academic work at the level of a resident. I attribute much of my successful residency match to those role models.”

— BRIAN HOLLOWAY

Mr. Holloway became one of more than 750 medical students since 1952 to receive a Smith Scholarship. The fund was established to help longtime Virginia residents attend a Virginia medical school. Then he learned about a new scholarship: the Schulwolf Fund for Smith Scholars.

A retired pediatrician, Dr. Schulwolf also was a Smith Scholar during his four years of medical school in the 1950s. Later, he became a regular donor to the Smith Scholarship fund. Last year, Dr. Schulwolf decided to forge his own legacy.

“Medical school was hard enough without having to worry about finances,” Dr. Schulwolf said in a recent video interview for the Hampton Roads Community Foundation. “I was thrilled to be able to give back what had been given to me.”

In 2013, Mr. Holloway was named the first Schulwolf Scholar. “We were impressed with how Brian planned to rely on his personal experiences to become a better doctor,” says Robin Foreman, Vice President of Scholarships and Administration for the foundation.

Mr. Holloway says being recognized for his hard work was an honor. “These scholarships removed the financial stress,” he adds, “and allowed me to focus on what mattered: becoming the best doctor I could be and caring for my patients.”

In July, the now-healthy Mr. Holloway begins a one-year internship at Riverside Regional Medical Center in Newport News. Then, having matched to one of the most prestigious dermatology residencies in the nation, he heads west for three years to the University of California at San Francisco.

“Working with EVMS dermatologists motivated me to pursue the specialty,” he says. “They challenged me to speak the language and produce academic work at the level of a resident. I attribute much of my successful residency match to those role models.”

Once in practice, Mr. Holloway plans to follow in Dr. Schulwolf’s philanthropic footsteps. “I’m already imagining returning to the area to teach, produce academic work and give back financially to aspiring doctors in the community where I gained an excellent medical education.” □



To learn how to support scholarships at EVMS, call 757.446.6070 or visit evms.edu/giving.



Watch highlights from this year's White Coat Retirement Ceremony.



View additional photos from the White Coat Ceremony.



Tradition continues with MD White Coat Retirement Ceremony

A farm, a fire and a few dozen graduating medical students. These are the ingredients for one of EVMS' most unique traditions: the MD White Coat Retirement Ceremony.

The AAMC Award of Excellence-winning event, now in its fifth year, welcomes graduating medical students into their Alumni Association and signifies the graduates' transition from students, who wear short white coats, to physicians, who wear long coats. Students are called up in groups according to the specialty they will train for in residency to place their short coats into a bonfire. It's modeled off the ritual used to retire the American flag.

"The White Coat Retirement is such an exciting way to welcome

our graduates into the MD Alumni Association," says Melissa Lang, EVMS Director of Alumni Relations. "That we were able to move it to the home of an alumna made it even more special."

Eighty-nine students took part in the ceremony, which was held this year at a farm owned by Teresa Babineau, MD (MD '90), Assistant Dean for Student Affairs and Director of Global and Service Learning. After burning the coats, the participants recited a pledge to remain lifelong learners for the benefit of their patients.

The ceremony also featured the presentation of the MD Alumni Association Senior Student Award, which was presented to Stephanie Louka. □



OUR MISSION: Eastern Virginia Medical School is an academic health center dedicated to achieving excellence in medical and health professions education, research and patient care. We value creating and fostering a diverse and cohesive faculty, professional staff and student body as the surest way to achieve our mission. Adhering to the highest ethical standards, we will strive to improve the health of our community and to be recognized as a national center of intellectual and clinical strength in medicine.

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