As always, I am indebted to David Elkins for the many services he provides to our Department as the local statistical resource, specialized psychometrician, our Department’s IRB representative extraordinaire and, especially, as the keeper of our Department’s webpages. In this latter capacity, David flatters me with the continued opportunity he provides me to welcome everyone to our updated newsletter! We are thriving: our clinical care is superb; our trainees are enthused and, not surprisingly, exceeding very ambitious expectations for learning and clinical competence; and our scholarly contributions are having a deservedly high impact. One recent scholarly development, among many that can be selected, is the Special Issue of *Progress in NeuroPsychopharmacology and Biological Psychiatry* that was Guest Edited by, and included contributions from, members of our Department; the issue was devoted to Autism Spectrum Disorders (ASD). Our contributions included a critical review of issues pertaining to diagnosis, symptom ratings and the design of clinical trials; an updated review of biological mechanisms underlying deficits in recognizing and producing facial expressions in persons with ASD; and discussion of metabotropic functions of the NMDA receptor and role a specific subtype of this receptor plays in the pathogenesis of ASD. Additionally, Dr. Frank Castora, a member of the school’s graduate program in biomedical sciences contributed an article on mitochondrial abnormalities in ASD. Thus, I would like to acknowledge and thank Drs. Maria Urbano, Nicole Kreiser, Kathrin Hartmann, and Jennifer Flaherty and Ms. Jessica A. Burket, a PhD candidate in the graduate program of biomedical sciences, for their impressive achievements. This Special Issue highlights the national impact and prominence of our faculty and Autism Spectrum Disorders Program!

Sincerely,

Stephen I. Deutsch, M.D., Ph.D.
Anne Armistead Robinson Endowed Chair in Psychiatry
Professor and Chairman, Psychiatry and Behavioral Sciences
**RECENT RECOGNITION AND AWARDS**

- The EVMS Clinical Psychology Internship Program was given reaffirmed accreditation by the American Psychological Association’s Commission on Accreditation for the next 10 years, which is the maximum amount of years granted.
- **Serina Neumann, PhD** was appointed to the newly established position of EVMS Wellness Officer, effective July.
- **Jennifer Flaherty, PhD** has transitioned into the leadership role as Director of Neuropsychology with Psychiatry & Behavioral Sciences.
- **Kathrin Hartmann, PhD** was a recipient of the Diversity and Inclusion Champion Award by EVMS’ President’s Faculty, Staff, and Diversity and Inclusion committee.
- **Stephanie Peglow, DO, MPH** was assigned to the Communications Committee for the Psychiatric Society of Virginia.
- **Karen Simmons, CSP** has been elected Vice President of the Board of Certified Psychometrists.
- **Jennifer Flaherty, PhD** has assumed significant editorial responsibilities for the journal *Perceptual and Motor Skills*.
- **Jerome Blackman, MD** was appointed Guest Professor at Shanxi Medical University in Taiyuan, China in April and will set up the university’s outpatient psychiatry training.
- **Karen Simmons, CSP** has assumed the position of Chair of the Award Committee for the Board of Certified Psychometrists.
- **Greg Briscoe, MD** was assigned to the APA Vertermark Psychiatry Educator Award committee.
- **Lisa Fore-Arcand, EdD** received the “Innovations Award” for her contributions to medical education (specifically her work in integrated addiction-medicine education) at the annual meeting of the Association of Directors of Medical Student Education in Psychiatry in June in Minneapolis.
- **Stephanie Peglow, DO, MPH** and **Shriti Patel, MD** were awarded the Faculty of the Year Award by the Psychiatry Residents for the 2018 Graduation.
- **Lisa Fore-Arcand, EdD** received a leadership award for her efforts in designing, directing, and teaching in the ADMSEP Scholars program since 2012.
- **Ryan Wade, MD** won the 2nd Place award for his poster at the Psychiatric Society of Virginia’s Fall Meeting. Wayles Haynes, also from EVMS, was the People’s Choice Winner for his poster, providing EVMS with two awards for the second year in a row.
- **Jerome Blackman, MD** was a keynote speaker on psychiatric diagnosis at the 3rd International Psychoanalytic Conference in Wuhan, China in April.
- **Ryan Wade, MD** was selected by the American Academy of Addiction Psychiatry to receive the AAAP’s 2018 Regional Travel Scholarship, including funds to create an addiction education curriculum component for residents at the academy’s 29th Annual meeting and Scientific Symposium in December.
RECENT RECOGNITION AND AWARDS (continued)

- Nicole Kreiser, PhD was interviewed by Nancy Volkers in April for the American Speech-Language-Hearing Association’s Leader blog entitled “Invisible Girls: Is autism being overlooked in girls because the signs are much clearer in boys? A growing body of research says yes”. https://leader.pubs.asha.org/article.aspx?articleid=2677937
- Jerome Blackman, MD provided five days of lectures and supervision in Shanghai to a group of 95 mental-health practitioners from all over China.
- Jerome Blackman, MD gave a weekly series of online lectures for Kang Ning Hospital in Hangzhou, China from April-July.

RECENT UPDATES

Please note that the EVMS Neuropsychology Program is now located within the Psychiatry & Behavioral Sciences department on the 7th floor of Hofheimer Hall (825 Fairfax Avenue). For further information, please call 757-446-5888.

NEW PERSONNEL

We would like to recognize the following new employee:

- Justin Smith, DO (Assistant Professor) joined our department in June. Dr. Smith received his Doctor of Osteopathic Medicine (DO) from Pacific Northwest University College of Osteopathic Medicine and completed his residency in Psychiatry here at EVMS.
UPCOMING EVENTS

Wednesday, November 14, 2018
Psychiatry Grand Rounds
LECTURE: 12:00 PM - 1:00 PM Hofheimer Hall Auditorium
Elizabeth K. Collumb, MD (EVMS Assistant Professor)
Transcranial Magnetic Stimulation for Depression

Saturday, November 17, 2018
Brew Bus 2.0
Virginia Beach breweries tour presented by FACT (Families of Autistic Children in Tidewater)
Free transportation to Wasserhund, Smartmouth Pilot House, and New Realm Breweries
Beer Tasting Tour to benefit FACT and EVMS ASD Research

Wednesday, December 12, 2018
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM Hofheimer Hall Auditorium
Alexander Pattison, MD (EVMS Psychiatry Resident) and Kayla Skinner, MA (EVMS Psychology Intern)
Case Presentation

Wednesday, January 9, 2019
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM Hofheimer Hall Auditorium
Matthew Bowen, PhD (Adjunct Professor, James Madison University)
Combat Addiction

Friday, February 1, 2019
9th Annual Insights into Autism
Workshop: 8:00 AM - 4:00 PM Brickhouse Auditorium, CHKD
Autism Spectrum Disorders Across the Lifespan: Transitions, Technology, and Treatment

Wednesday, February 13, 2019
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM Hofheimer Hall Auditorium
Rajdeep Gill, MD (EVMS Psychiatry Resident) and Laura Reinman, MA (EVMS Psychology Intern)
Case Presentation

Wednesday, May 8, 2019
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM Hofheimer Hall Auditorium
Chantel Harsh, MD (EVMS Psychiatry Resident), William Menton, MA (EVMS Psychology Intern), and Jeremy Schrieber, MA (EVMS Psychology Intern)
Case Presentation

Wednesday, June 12, 2019
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM Hofheimer Hall Auditorium
Lydia Qualls, MS (PhD Candidate, Virginia Consortium Program in Clinical Psychology)
Sexuality in Autism Spectrum Disorder and the Broad Autism Phenotype

For additional information regarding Grand Rounds, please contact Karen Scott at (757) 446-5884 or ScottKF@evms.edu
For additional information regarding Brew Bus, please visit www.camp4autism.com
RECENT EVENTS

- April 28 - Autism Super Hero 5K & Lil’ Hero Fun Run/Family Fun Day at Chesapeake City Park
- May 9 - Psychiatry Grand Rounds with Ryan Wade, MD (EVMS Psychiatry Resident), Alynda Randolph, MA (EVMS Psychology Intern), and Laura Grossi, MA (EVMS Psychology Intern) entitled “Malingering assessment in clinical, forensic, and medical settings”
- June 13 - Psychiatry Grand Rounds and ASD Quarterly Presentation with Vikram Jaswal, PhD (Associate Professor, University of Virginia) entitled “Social cognition in nonverbal individuals with autism”
- July 11 - Psychiatry Grand Rounds with Daniel Schaffer (VCPCP Student), Vijay Gottipati, Wayles Haynes, Ivan K, Nathaniel Yoon, Christina Yoon, Hye Joon Yoon, and Joshua Dellinger (EVMS Medical Students) entitled “Cases and research in Psychiatry and Psychology”
- August 8 - Psychiatry Grand Rounds with Tobias Wasser, MD (Assistant Professor of Psychiatry, Yale University School of Medicine) entitled “Ethical dilemmas in forensic cases”
- September 12 - Psychiatry Grand Rounds with Lydia Qualls, MS (PhD candidate, Virginia Consortium Program in Clinical Psychology) entitled “Sexuality in Autism Spectrum Disorder and the Broad Autism Phenotype” [Cancelled due to Hurricane Florence - rescheduled for June 12, 2019]
- October 10 - Psychiatry Grand Rounds with Kelsey Johnson, MD (EVMS Psychiatry resident) and Elia Villalobos Soto, MS (EVMS Psychology intern) case presentation

LONG-SERVING PERSONNEL

We would like to acknowledge those employees that have been employed by EVMS for at least five years, sorted by start date. Congratulations to all for your many years of continued service and support.

Maria Urbano, MD 31  Jessica Burket, MS 9
Mathew Bernier, MCAT, ATR-BC 28  Justin Petri, MD 8
David Elkins, MS 26  Rita Riddle 8
Lisa Fore Arcand, EdD 25  Shriti Patel, MD 7
Kathrin Hartmann, PhD 19  Allison Smith 6
Keira Dorsey 19  Elaina Lettieri 6
Richard W. Handel, PhD 18  Cheryl Shiflett, PhD 6
Karen Scott 17  Allison Knight, PhD 6
David Spiegel, MD 17  Skye Ocshner Margolies, PhD 5
Serina Neumann, PhD 12  Jessica Mee-Campbell, MD 5
Stephen Deutsch, MD, PhD 9  Mary Roberts, EdS 5
Lisa Fore Arcand, EdD 25  Shavonia Newsome 5
Lisa Fore-Arcand, EdD, receiving the Innovations Award at the 2018 ADMSEP Annual Meeting in Minneapolis in June.

Dr. R. Christopher Qualls (Emory & Henry College) introduced his daughter, Lydia Qualls, MS (PhD Candidate at VCPCP) as the presenter for the Emory & Henry “Sexuality in Autism Spectrum Disorder (ASD) & the Broad Autism Phenotype (BAP)” Lyceum in October, 2018.
David Elkins, MS, Lydia Qualls, MS (PhD Candidate at VCPCP), and Jennifer Flaherty, PhD participated in the 10th Annual Tidewater Autism Summit at the YMCA JP’s Camp Grom in October as a vendor for the EVMS ASD Program.

Jerome Blackman, MD, Invited Lecturer, with his class at Laobixi Mental Health Services in Shenyang, China in August.
PSYCHIATRY RESIDENTS (CLASS OF 2022)

Abbey McLean, MD – University of Virginia
Joshua Moran, MD – Edward Via College of Osteopathic Medicine
Elizabeth Monter, DO – Kansas City University of Medicine and Biosciences College of Osteopathic Medicine
Pranav Reddy, MD - Eastern Virginia Medical School
Anastasia Samaras, MD - Eastern Virginia Medical School
David Yuna, DO - West Virginia School of Osteopathic Medicine

PRE-DOCTORAL CLINICAL PSYCHOLOGY INTERNS (2018-2019)

Adult Medical Inpatient
Kayla Skinner, MA - University of Arkansas, Fayetteville
Elia Villalobos Soto, MS - Carlos Albizu University

Adult Psychiatric Inpatient
William Menton, MA - Kent State University
Jeremy Schreiber, MA - Fairleigh Dickinson University

Pediatric Behavioral Medicine
Laura Reinman, MA - University of South Carolina

GRADUATE ART THERAPY STUDENTS (CLASS OF 2020)

Emilie Bradley, BA - Seton Hill University
Samantha Bush, BA - Virginia Wesleyan University
Taylor Cheek, BFA - Massachusetts College of Art
Leann Dzemske, BA - University of Minnesota
Cassandra Magi, BA - Old Dominion University
Tiffany Merkel, BS - University of Cincinnati
Brinth Sabescumar, BA - York University
Rhiann Stewart, BFA - Maryland Institute of Art
Marissa Uher, BA - Temple University
VIRGINIA CONSORTIUM PROGRAM IN CLINICAL PSYCHOLOGY

STUDENTS (VCPCP - CLASS OF 2023)

Regina Alexander, MS - Virginia State University
Rachel Davies, BS - Colorado State University
Charlotte Dawson, BA - University of Virginia
Brian Warren, MA - Norfolk State University

MENTORING

Stephanie Peglow, DO, MPH has been a mentor for the following EVMS medical students:

- Summer 2018
  ◊ Joshua Dellinger, MS1
  ◊ Justin Cimring, MS3

- Fall 2018
  ◊ Allison Beckman, MS3

Six medical students and one PhD candidate presented their research at EVMS Psychiatry Grand Rounds on July 11, 2018.

Left to Right: Ivan Krasnov, Alexandra Yoon, Allison Beckmann, Wayles Haynes, Nathanael Yoon, Daniel Schaffer, and Vijay Gottipati
**PRESENTATIONS**


**Blackman, J.** (2018, August). Five-day course on psychodynamic principles and supervised cases. Invited lecturer at Laobixi Mental Health Services. Shenyang, China.


**Fore-Arcand, L., & Lehmann, S.** (2018, June). Tools to answer your research question. In the education scholars training program. Presentation at the Annual Association of Directors of Medical Student Education in Psychiatry (ADMSEP) Meeting. Minneapolis, MN.


This year’s winners from the 30th Annual EVMS Research Day were, from left to right: Reem Sabouni, MD, OB/GYN fellow; Nicole Hawkins, MD Class of 2021; Sarah Judd, MPH Class of 2019; and Biomedical Sciences graduate students Jessica Burket, Phillip Gauronskas, and Brook Williams. Not pictured is Don Strehler, MD Class of 2021.

Dr. Jerry Nadler, MD (Internal Medicine Chairman and Vice Dean of Research) attends the 30th Annual EVMS Research Day with medical and graduate students, including Jessica Burket, MS (second from right).
Daniel Schaffer (PhD candidate at VCPCP) presents his research study entitled “Testing the efficacy of Transcranial Magnetic Stimulation (TMS) in treating depression in patients with cognitive impairment” at the 30th Annual EVMS Research Day.

Nathanael Yoon (M4 student) presented his poster entitled “A review to improve understanding of Buprenorphine and Buprenorphine/Naloxone diversion, misuse and non-prescribed use in the United States” at the Annual Meeting of the American Psychiatric Association in New York City, May, 2018. The paper was developed under the supervision of Stephanie Peglow, DO, MPH and with classmates Hoi Yee, Annie Lo, and Brian Licht.
PUBLICATIONS


Leaders from various education training programs came together to discuss interprofessional training in Addiction Medicine with Jean Bennett, PhD, RN, SAMHSA Administrator for Region 3 and Carole Pratt, DDS, Senior Advisor and Confidential Assistant for Policy, Office of the Commissioner, Virginia Department of Health. This meeting was a revisit from their 2016 visit to all six Virginia medical schools. EVMS was first on their tour across the state, Monday, October 22, 2018.

Representatives from the following 13 training programs participated in the meeting:
- EVMS Addiction Psychiatry
- EVMS Psychiatry
- VA Medical Center Addiction Medicine
- VA Medical Center Internal Medicine
- VA Medical Center Psychiatry
- EVMS Medical Student Education
- EVMS Graduate Medical Education
- EVMS Physician Assistant Education
- Norfolk State University Social Work
- Old Dominion University Nursing
- Norfolk Community Services Board
- Hampton University Pharmacy
- Community Faculty – Private Practice Meridian Psychotherapy

*Front Row:* Lisa Fore-Arcand, Jean Bennet, Carole Pratt

*Middle Row:* Roopam Sood-Khandpur, Radhika Manhapra, Jennifer Wohl, Angela Conrad, Ebony Andrews, Shannon Morris, Linda Archer, Margaret Blanton, Rowena Wilson, Rebecca Poston, Stephanie Peglow

*Back Row:* Ajay Manhapra, Michael Bohan, Carolyn Rutledge, Zhi Wu