Once again, I am indebted to David Elkins for giving me the opportunity to welcome visitors to our Department’s newsletter. I am delighted to welcome two new members of our faculty: Dr. Nicole Kreiser and Dr. Danya Lewis. Dr. Kreiser is a fellowship-trained child psychologist with an interest in neurodevelopmental disorders, who will be working in our Autism Spectrum Disorders program. Dr. Kreiser has a research interest in co-morbidities associated with autism spectrum disorders. Dr. Danya Lewis is a graduate of our very own EVMS residency program in psychiatry, and served in the capacity of Chief Resident. She has come back in order to support our educational programs and will be very involved in the teaching and clinical supervision of trainees. Clinical practice revenue is an important and essential part of the revenue stream that pays staff and faculty salaries, and helps to keep the tuition costs of our medical, health professions and graduate students at competitive and affordable levels. As an Academic Department of Psychiatry and Behavioral Sciences, we no longer have the luxury of being aloof and inattentive to business practices. Moreover, we can’t naively assume that we will remain the region’s provider of choice because we practice at the medical school. Patients will look at objective measures of cost, quality, customer service and outcomes when selecting their health care providers. Thus, I am especially indebted to our faculty and staff for helping to change the culture of our Department and school! Our staff are willing to embrace new practice models that are designed to increase access, improve quality and reduce cost for our patients. Finally, I must thank David Elkins for highlighting the significant accomplishments and scholarly productivity of our Department, which has continued unabated over the past year.

Sincerely,

Stephen I. Deutsch, M.D., Ph.D.
Anne Armistead Robinson Endowed Chair in Psychiatry
Professor and Chairman, Psychiatry and Behavioral Sciences
RECENT RECOGNITION AND AWARDS

- J. D. Ball, PhD., ABPP was appointed for a three year term to the Virginia Board of Psychology by Governor McAuliffe.

- Gregory Briscoe, MD was elected President of the Association of Directors of Medical Student Education in Psychiatry (ADMSEP).

- Shriti Patel, MD and David Spiegel, MD were awarded “Top Doc” honors by Coastal Virginia Magazine.

- Richard Handel, PhD was honored by the Association of Psychologists in Academic Health Centers and received the Bud Orgel Award for Distinguished Achievement in Research.

- Serina Neumann, PhD has been appointed as the Associate Directors of the EVMS Clinical Psychology Internship Program starting in September. She will serve alongside Barbara Cubic, PhD, Director.

- J. D. Ball, PhD, ABPP was awarded Professor Emeritus status for his outstanding service to EVMS for 35 years.

- Jerome Blackman, MD has received the Clinical Faculty Teaching Award from the EVMS Department of Psychiatry in June.

- Gregory Briscoe, MD became a member of the APA Council on Medical Education and Lifelong Learning.

- Jerome Blackman, MD has received a new certification in psychoanalyses from the Council of Independent Psychoanalytic Societies.

- Serina Neumann, PhD was awarded one of 13 Professional Enrichment and Growth (PEG) awards from EVMS Faculty Affairs and Professional Development for the 2016-2017 academic year.

- Sarah Deaver, PhD, ATR-BC was awarded a research grant (funded by EVMS Women’s and Infant’s Health Research Program) as Principal Investigator for her study entitled “Women’s Health: An Art Therapy and Infertility Research Study” along with co-investigators Arnold Mahesan, MD and Mary Roberts, EdS, ATR-BC.

- Kathrin Hartmann, PhD, Maria Urbano, MD, Stephen Deutsch, MD, PhD, & Teal Kozikowski, MA provided commentary at the showing of the documentary film “Life, Animated” on August 10 at the Naro Cinema in Norfolk.


- David Spiegel, MD was interviewed by the Virginian Pilot regarding post-election emotions. http://pilotonline.com/news/local/health/so-you-won-or-you-lost-how-do-you-get/article_af3067cf-1f7e-568f-a09a-309d4e763c4e.html

- Richard Handel, PhD chaired the dissertation for Amy Pitta entitled “Psychometric functioning of the MMPI-A Restructured Form VRIN-r, TRIN-r, CRIN, and Cannot Say scales with varying degrees of randomness, acquiescence, counter-acquiescence, and omitted items”.

- The 25th Annual Jerome S. Blackman MD Teacher of the Year Award was given to Hamid Tavakli, MD, US Naval Medical Center, Department of Psychiatry in June.
UPCOMING EVENTS

Wednesday, December 14, 2016
Psychiatry Grand Rounds
LECTURE: 12:00 PM - 1:00 PM    Hofheimer Hall Auditorium
Clay Warren, PhD (Chauncey M. Depew Professor of Communication & Professor of Organizational Sciences, George Washington University)
Measuring Sex Communication in a Family

Wednesday, January 11, 2017
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM    Hofheimer Hall Auditorium
Presenter TBD

Wednesday, February 8, 2017
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM    Hofheimer Hall Auditorium
Stefan Mianowski, MD (EVMS Psychiatry, PGY-II)

Wednesday, March 8, 2017
Psychiatry Grand Rounds and ASD Series
LECTURE: 12:00 - 1:00 PM    Hofheimer Hall Auditorium
Carrie Jones, PhD (Director, In Vivo and Translational Pharmacology, Vanderbilt Center for Neuroscience Drug Discovery)
Novel Genetic Models and Treatments for Autism Spectrum Disorder (ASD)

Wednesday, April 12, 2017
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM    Hofheimer Hall Auditorium
Jessica Kramer, MSEd, QMHP, NCC (Virginia Beach Department of Human Services)

Wednesday, May 10, 2017
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM    Hofheimer Hall Auditorium
Aneel Ursani, MD (EVMS Psychiatry, PGY-II)

For additional information regarding Ground Rounds, please contact Julie Irving at (757) 446-5881 or IrvingJM@evms.edu
For additional information regarding ASD Program events, please contact Teal Kozikowski (757) 446-5176 or Kozikot@evms.edu

RECENT EVENTS

- September 27 - Psychiatry Grand Rounds with Alison Stempel, MD and Cathleen LaLonde, MS entitled “Differential Diagnosis when Patients Report Spirit Possession”
- October 12 - Psychiatry Grand Rounds with Beverly Roberts-Arwater, DO (Assistant Professor of Physical Medicine and Rehabilitation, EVMS) entitled “Return to Learn: High School Concussions: Post Concussion”
- November 9 - Psychiatry Grand Rounds with Zhi Wu, MD and Yelena Khvatskaya, MS entitled “Family Feud: Distinguishing Between Different Forms of Paranoia”
A important Addiction Medicine information sharing and planning meeting was held at EVMS on June 30, 2016, bringing together representatives from SAMHSA – Substance Abuse and Mental Health Services Administration, ABAM – American Board of Addiction Medicine, the Office of the Commissioner of the Virginia Department of Health and Advisor for Opioid Policy Implementation, leaders and department chairs in graduate and undergraduate addiction medicine education at EVMS and several community faculty members from private practices, area hospitals, the Department of Defense and the Hampton VA. Discussion centered on the national crisis of addiction and what is being done at the national, state and local level to alleviate this chronic, complex, treatable brain disease. Discussion also focused on what is currently being done in addiction medicine education and treatment at EVMS and in the Hampton Roads area and how we can work together to coordinate training opportunities to develop the physician workforce to impact the estimated 25,000 deaths and $100 billion in total economic costs in the US each year due to addiction. Prescribed opioid deaths recently surpassed 14,000 per year, quadrupling from 1999 to 2014. Opportunities for the development of a fellowship training program were explored and funding strategies from other medical school programs were detailed.

(Left to Right)

Front Row: Lisa Fore-Arcond, EdD, Linda Archer, PhD, Ruth Walton, MD, Kathy Stack, MD, Radhika Manhapra, MD
Middle Row: Jean Bennett, PhD, RN, Carole Pratt DDS, Roopam Sood-Khandjar, MD, Kevin Kinez, MD, Stephen Deutsch, MD, Lon Hays, MD, MBA, David Spiegel, MD
Back Row: Senthil Rajasekaran, MD, Andy Danzo, Antonio Quintelley-Nieves, MD, Legree Hallman, MD, Ajay Manhapra, MD
Serina Neumann, PhD, Paul Sayegh, MD, and Jess Garrity were featured in a news article in the Virginian Pilot regarding TMS treatment procedures for PTSD patients: http://pilotonline.com/news/local/health/evms-studying-new-treatment-procedure-for-ptsd-victims/article_640f711b-0ebd-57d0-bad9-cf267f93b125.html

(Left to Right): Dr. Serina Neumann, PhD and Jess Garrity

Jess Burkett, MS was a recipient of one of this years’ EVMS Research Day monetary poster awards for her poster presentation entitled “Exploration of selective mGluR5 positive allosteric modulation on sociability, stereotypic behaviors and cognition in mice: possible implications for the pharmacotherapy of autism spectrum disorders”.

(Last Right): Jess Burkett, MS and her research poster.
VIRGINIA CONSORTIUM PROGRAM IN CLINICAL PSYCHOLOGY

STUDENTS (VCPCP - CLASS OF 2021)

Laurel Brockenberry, BS – College of William and Mary
Kelsey Ellis, BS – Old Dominion University
Quandrea Harper, BS – Virginia Commonwealth University
Phoebe Hitson, MS – Old Dominion University
Dan Schaffer, BS – Barton College
John Schwartz, MS – Francis Marion University

PSYCHIATRY RESIDENTS (CLASS OF 2020)

Michael Bolten, MD – St. George’s University
Nithya Cherukuru, MD – American University of the Caribbean
Kassimier Thompson, MD – Eastern Virginia Medical School
Ryan Wade, MD – Eastern Virginia Medical School

PRE-DOCTORAL CLINICAL PSYCHOLOGY INTERNS (2015-2016)

ADULT INPATIENT LINE – Psychiatric Hospital (Eastern State Hospital)
Nathalie Hoskowitz – Sam Houston State University
Yelena Khvatskaya – Binghampton University / SUNY

ADULT INPATIENT LINE – Medical Hospital (Sentara Norfolk General Hospital)
Cathleen LaLonde – University of Detroit, Mercy
Jennifer Irish – Fuller Theological Seminary

CHILD/ADOLESCENT LINE (Children’s Hospital of the King’s Daughters)
Ashley Louie – University of Tulsa
GRADUATE ART THERAPY STUDENTS (CLASS OF 2018)

Jessica Bailey, BA – Coker College
Adrienne Brown, BA – Old Dominion University
Alana Chandler, BA – Shawnee State University
Leah Damour, BFA – Fashion Institute of Technology
Brooklynn Dimit, BA – Capital University
Jace Eddy, BA – Boston College
Alyssa Grabinski, BA – Mary Baldwin College
Kelly Gupta, BA – Lipscomb University
Diana-Marie Haddad, BA – Beacon College
Ellen Hanley, BA – Southern Connecticut State University
Alyssa Hayes, BFA – Longwood College
Rylie Kershner, BA – Shippensburg University
Kimberly Markowitz, BS – University of Maryland
Ashley McMath, BS – Longwood University
Heather Miller, BS – College at Oneonta State University of NY
Marsha Montgomery, BS – Virginia Wesleyan University
Elizabeth Odens, BA – University of South Dakota
Samantha Scheidler, BA – Thomas More College
Autumn Whiteman, BA – Bethel College

LONG-SERVING PERSONNEL

We would like to acknowledge those employees that have been employed by EVMS for at least five years, sorted by start date. Congratulations to all for your many years of continued service and support.

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<thead>
<tr>
<th>Name</th>
<th>Years</th>
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<tr>
<td>Sarah Deaver, PhD, ATR-BC</td>
<td>35</td>
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<td>Michael L. Stutts, PhD</td>
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<td>J. Catesby Ware, PhD</td>
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<td>Maria R. Urbano, MD</td>
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<td>Matthew Bernier, MCAT, ATR-BC</td>
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<td>David E. Elkins, MS</td>
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<td>Barbara A. Cubic, PhD</td>
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<td>Lisa Fore Arcand, EdD</td>
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<td>Kathrin Hartmann, PhD</td>
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<td>Kiera Dorsey</td>
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<td>Richard W. Handel, PhD</td>
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<td>Karen Scott</td>
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<td>David R. Spiegel, MD</td>
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<td>Paul A. Sayegh, MD</td>
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<td>Serina Neumann, PhD</td>
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<td>Lakeisha Joyner</td>
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<td>Stephen Deutsch, MD, PhD</td>
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<td>Jessica Burket, MS</td>
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<td>Justin Petri, MD</td>
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<td>Rita Riddle</td>
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<tr>
<td>Julie Irving</td>
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<td>Shriti Patel, MD</td>
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Jess Burkett, MS was featured in the EVMS Pulse. [Link](http://www.evms.edu/pulse/archive/photo_of_the_day/jessicaburketbiomedicalsciencesphdcandidate.php)

The Psychiatric Society of Virginia (PSV) met in Roanoke, Virginia Oct 7-8 at the historic Hotel Roanoke and EVMS was well represented. Robert Busch, M.D. PGY-3 presented a poster entitled “PTSD Treated with a Combination of Prolonged Imaginal Exposure and TMS Targeting the Dorsolateral Prefrontal Cortex and the Supplemental Motor Cortex: A Case Report”. Lance, M-2 and President of the EVMS Psych Interest Group, presented a poster entitled “No Hit Zone: Corporal Punishment Prohibition in an Urban Academic Pediatric Practice”, based on the work he completed in the EVMS/CHKD summer scholars program. Lance Irons was awarded second place in the best poster competition. Alumni, current residents and medical students, faculty, and community faculty came together to network and learn about ‘Controversies in Psychiatric Diagnosis and Treatment,’ the theme of this fall meeting.

(Left to Right): Lance Irons, M-2, Steven Cunningham, MD, Jordan Romero, MD, Robert Busch, MD, Lisa Fore-Arcand, EdD, Doug Chessen, MD, and Brian Wood, MD
NEW PERSONNEL

We would like to recognize the following new employees:

- Tameka Mitchell (Assistant to the Psychology Division) joined our department in August. Ms. Mitchell transitioned into our department full-time after having served in a temporary position.
- Nicole Kreiser (Assistant Professor) joined our department in September. Dr. Kreiser received her PhD from Virginia Tech with postdoctoral training in the Department of Neuropsychology at Kennedy Krieger Institute.
- Danya Lewis (Assistant Professor) joined our department in November. Dr. Lewis received her MD from Albany Medical School, graduated from our Residency program in 2006, and worked most recently with Blanchard Valley Regional Health System in Findlay, OH.

PRESENTATIONS


Blackman, J. S. (2016, May). Why women have extramarital affairs. Grand Rounds presentation to Sentara Virginia Beach General Hospital. Virginia Beach, VA.


PUBLICATIONS


DEPARTMENTAL HALLOWEEN PUMPKIN DECORATING CONTEST

Faculty and staff were invited to join the 4th Annual Halloween Pumpkin Decorating Contest. These pumpkins allowed a great deal of interaction both between patients and our staff as well as between our younger patients and their parents. All patients were allowed and encouraged to vote on the pumpkin that they found their favorite. With over 450 votes supplied by patients in total, pumpkin #4 (from the Disney movie Frozen), decorated by Rita Riddle, won the award.