I am so glad that I have been given the opportunity to share some thoughts with faculty, trainees, staff and prospective applicants. I would like to use this forum to welcome Dr. Jennifer Flaherty to our Department of Psychiatry and Behavioral Sciences; Dr. Flaherty is a fellowship-trained neuropsychologist and valued addition to our Department’s Neuropsychology Program. I would also like to commend Dr. Kathrin Hartmann for her outstanding presentation on the neglected area of “sexuality” in patients on the autism disorder spectrum in a special symposium during the meeting of the International Neuropsychiatric Association that was held in Jerusalem Israel. The meeting was attended by over 300 psychiatrists, psychologists, neurologists and neurosurgeons from all over the world; our EVMS Department of Psychiatry and Behavioral Sciences organized and chaired this well-attended symposium on Autism that generated much discussion and excitement. On a note mixed with sadness and profound appreciation, I want to recognize Dr. JD Ball for more than 30 years of active service, who announced that he will be reducing his effort in April 2016 and resign from his position as vice-Chair of the Department. The loss of Dr. Ball’s full-time service is tempered by Dr. Michael Stutts’ willingness to assume the responsibilities of vice-Chair in April 2016. Our Department continues to be very productive and recognized for its productivity. Very recently, Drs. David Spiegel and Maria Urbano were appointed to the editorial board of Clinical Neuropharmacology, a journal founded by the late Dr. Harold Klawans, a leading Parkinson’s disease researcher; Clinical Neuropharmacology is one of the earliest journals devoted to the broad area of translational neuropharmacology. Drs. Spiegel and Urbano join other members of our Department who have significant editorial responsibilities, including Dr. Richard Handel, who serves as Associate Editor for the country’s leading journal on Personality Assessment. In terms of other significant faculty accomplishments, Drs. Archer and Handel have recently launched a new version of the MMPI designed to facilitate assessment of adolescents, which will have great utility in clinical, educational and forensic settings. Of course, our entire faculty enjoy regional and national prominence in diverse specialized areas, including education, assessment, consultation psychiatry, psychotherapy, psychopharmacology, psychiatric service delivery, and special populations. Importantly, it is the excellence of our faculty that continues to attract a highly competitive group of applicants to our training programs in psychiatry and clinical psychology; I remain indebted to all of them!

Sincerely,

Stephen I. Deutsch, M.D., Ph.D.
Anne Armistead Robinson Endowed Chair in Psychiatry
Professor and Chairman, Psychiatry and Behavioral Sciences
**RECENT RECOGNITION AND AWARDS**

- **Robert Archer, PhD, ABPP** was chosen as President-Elect for the Society for Personality Assessment (SPA). He will serve as President from 2017 to 2019 and is currently a representative at large on the SPA board.

- **Gregory Briscoe, MD** was chosen as President-Elect for the Association of Clerkship Directors in Psychiatry. He will assume leadership of the organization in June 2016.

- **Gregory Briscoe, MD** was elected as Treasurer/President-Elect for the Association of Directors of Medical Student Education in Psychiatry (ADMSEP).

- **David Spiegel, MD** was inducted into the Alpha Omega Alpha national medical honor society in May.

- **Jerome Blackman, MD, DFAPA** was awarded the Dr. Henry P. & M. Page Laughlin Distinguished Presidential Gold Medal Award from the American College of Psychoanalysts.

- **Matthew Bernier, MCAT** was appointed a Corresponding Member to the Union Internationale de la Marionnette (UNIMA) Commission: Education, Development, and Therapy (EDT).

- **Stephen Deutsch, MD, PhD** chaired and organized a symposium at the International Neuropsychiatric Association’s meeting in Jerusalem, Israel in October. He also presented data on the use of animal models of autism spectrum disorders to develop novel psychopharmacological treatment interventions.

- **Kathrin Hartmann, PhD** presented research and clinical programs dealing with sexuality in persons with autism spectrum disorders in Jerusalem, Israel in October.

- **Robert Archer, PhD, ABPP** was an invited speaker at the International Conference on Law and Mental Healthy in Vienna, Austria in July. He spoke on “Evaluating Adolescents’ Psychological Function in Juvenile Justice Systems with the MMPI-A and MMPI-A-RF.”

- **Sarah Deaver, PhD** led the panel discussion “What are Current Ethical Practices of Research?” and presented “The Impact of Culture and Identity on Human Figure Drawings.”

- **Mary Roberts, EdS** and **Cheryl Shifflett, PhD** served on the panel discussion “Assessing Student Performance: Evaluation, Remediation and Dismissal Policies in Art Therapy Education” and presented on the topic “Visual Transformation Video: Documenting Student Growth through Self-Reflection.”

- **Gregory Briscoe, MD** was selected to be part of a Panel Discussion entitled “Recruiting and Retaining Community Preceptors to Teach Medical Students” for the AAMC 2015 Medical Education meeting in Baltimore, MD.

- **Matthew Bernier, MCAT** presented “Teaching Therapeutic Puppetry in Finland: Course Content, Ethics, and Scope of Practice” for the Professional Day for Puppetry in Education and Therapy at the Puppeteers of America National Festival at the University of Connecticut.

- We would also like to congratulate **Shriti Patel, MD** on the arrival of her baby boy who was born in May.
UPCOMING EVENTS

Sunday, December 6, 2015
SCAVENGER HUNT benefiting Families of Autistic Children of Tidewater, Virginia Beach and the ASD Basic Science Research Program of Psychiatry and Behavioral Sciences
For additional information, see www.camp4autism.org

Wednesday, December 9, 2015
Psychiatry Grand Rounds and ASD Quarterly Series
LECTURE: 12:00 PM - 1:00 PM    Hofheimer Hall Auditorium
Lee E. Wachtel, MD (Medical Director, Neurobehavioral Unit, Kennedy Krieger Institute, Baltimore, MD)
Catatonia in Autism Spectrum Disorders

Wednesday, January 13, 2016
2nd Annual Mental Health Summit: Moving Forward with Hope
Grand Rounds: LECTURE: 12:00 - 1:00 PM    Lester Hall, Room 104
Lisa Dixon, MD, MPH
The Promise of Transforming Services for Individuals Experiencing Early Psychosis
Grand Rounds: LECTURE: 1:00 - 2:00 PM    Lester Hall, Room 104
Courtenay Harding, PhD
From Stabilization and Maintenance to Rehabilitation and Recovery: Hope for People Who Stay Long in the System
EVMS Mental Health Roundtable: 2:30 - 4:30 PM    Lester Hall, Room 104

Friday, February 5, 2016
6th Annual Insights into Autism
Brickhouse Auditorium, Children’s Hospital of the King’s Daughters, Norfolk, VA
Presented by EVMS Psychiatry & Behavioral Sciences, Children’s Hospital of the King’s Daughters, and SECEP (Southeastern Cooperative Educational Programs)

Wednesday, February 10, 2016
Psychiatry Grand Rounds
LECTURE: 12:00 - 1:00 PM    Hofheimer Hall Auditorium
Dr. Carrie Jones
Vanderbilt Drug Discovery Program and work on muscarinic PAM’s

Wednesday, March 9, 2016
Psychiatry Grand Rounds and ASD Quarterly Series
LECTURE: 12:00 - 1:00 PM    Hofheimer Hall Auditorium
Edward Brodkin, MD (Associate Professor, Perelman School of Medicine, University of Pennsylvania and Founder/Director of the Adult Autism Spectrum Program at Penn Behavioral Health)

Tuesday, March 22, 2016
Psychiatry Grand Rounds Resident Series
LECTURE: 8:00 - 9:00 AM
Dr. Robert Busch

Wednesday, April 13, 2016
Psychiatry Workshop
LECTURE: 9:00 AM - 4:00 PM    Hofheimer Hall Auditorium
Joe Rhinewine, PhD (Director, Portland Mindfulness Therapy)
Acceptance Commitment Therapy Workshop

For additional information regarding Grand Rounds, please contact Julie Irving at (757) 446-7189 or IrvingJM@evms.edu
For additional information regarding ASD Program events, please contact Teal Kozikowski (757) 446-5176 or KozikoT@evms.edu
RECENT EVENTS

- *April 29* - Psychiatry Grand Rounds with Nadine Kaslow, PhD, ABPP entitled “Conceptualization and Effective Management of Boundary Challenges in Supervision and Consultation”
- *May 15* - Graduate Art Therapy and Counseling Graduate Symposium with luncheon, student presentations, and awards ceremony
- *June 10* - Psychiatry Grand Rounds and Autism Spectrum Disorders Quarterly Educational Series with Cassandra Rutledge Newsom, PsyD entitled “Autism Research: Engaging Your Community across the Lifespan”
- *June 23* - Psychiatry Grand Rounds with Amer Khan, MD entitled “Suicide: Who is at Risk?”
- *July 8* - Psychiatry Grand Rounds with Jessica Burket, MA entitled “Exploration of NMDA Receptor Agonist Interventions in Autism Spectrum Disorders”
- *August 12* - Psychiatry Grand Rounds with Courtenay Harding, PhD entitled “The Vermont Story: Paradoxes, Patterns, and Predictors in Schizophrenia Across Three Decades”
- *September 22* - Psychiatry Grand Rounds Gerald Pepe, PhD entitled “Estrogen in Primate Pregnancy: The Impact of Stress and the Placental Enzymes Controlling Metabolism of Maternal Cortisol on Fetal Development and Disease Risk”
- *October 21* - Psychiatry Grand Rounds with Shriti Patel, MD entitled “Understanding the Use of Electroconvulsive Therapy in Treatment Refractory Depression”
- *October 26* - NAMI-Norfolk Quarterly presentation with Stephen Deutsch, MD entitled “Ask the Psychiatrist”
- *October 27* - Psychiatry Grand Rounds Resident Series with Eric Friedman, MD, Raisa Garcia, MA, and Alexis Chappel, MEed entitled “Psychiatry Consult to Physical Medicine and Rehabilitation: A Case in Point Following a Motor Vehicle Accident”
- *November 11* - Psychiatry Grand Rounds with Yossef Ben-Porath, PhD entitled “Evolution of Psychological Assessment Toward Evidence-Based Practice: A “Case Study” with the MMPI”
- *November 12* - Psychiatry Grand Rounds with Henry Kranzler, MD entitled “The Genetics and Pharmacological Treatment of Alcohol Dependence”
- *November 24* - Psychiatry Grand Rounds Resident Series with Justin Smith, MD entitled “Transitioning and Barriers: A Case of Severe Major Depressive Disorder with Psychosis”
**ACTIVE RESEARCH**

Clinical psychology doctoral student, **Takeshia Williams** is currently conducting an on-line study investigating the impact of ethnic culture on coping in caregivers of children with ASD.

The ASD Program just launched another on-line study seeking to examine communication about sexuality between young adults with ASD and their parents.

The ASD Program is collaborating with ODU College of Health Sciences School of Physical Therapy on a grant investigating motor coordination in Autism Spectrum Disorder and Down syndrome and its association with cognitive and emotional function. Recruitment is ongoing.

The ASD Program is currently recruiting for their Galantamine study, a drug study trial aimed at addressing emotional, social, and behavioral problems in adolescents and young adults with ASD with a special focus on those with a diagnosis of ASD and intellectual disability.

The ASD Program is working with Dr. Scrina Neumann, PhD on a study investigating Repetitive Transcranial Magnetic Stimulation (rTMS), which will aim to measure whether or not TMS is a safe and effective treatment for social processing and social anxiety in young adults with ASD.

The ASD Program is also working with Dr. Shriti Patel, MD on a self-injurious behavior study to monitor the outcome of using ECT to treat self-injurious behavior in patients with ASD, for whom psychotrophic medication has not worked.

*For additional information regarding ASD Program events, please contact Teal Kozikowski (757) 446-5176 or KozikoT@evms.edu*


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**GRANTS**


VIRGINIA CONSORTIUM PROGRAM IN CLINICAL PSYCHOLOGY

STUDENTS (VCPCP - CLASS OF 2020)

Leandra Closson, MA – Texas A&M-Corpus Christi
Lindsay Howard, BA – St. Olaf-Northfield, MN
Rachel MacIntyre, BS – Bucknell University
Peter Preonas, BA – University of Michigan
Lydia Qualls, BA – Vanderbilt
Bilgê Yilmaz, BA – University of Hawaii

PSYCHIATRY RESIDENTS

PGY-1 (Class of 2019)
Stefan Mianowski, MD – St. George’s University
Alison Stempel, MD – Eastern Virginia Medical School
Aneel Ursani, MD – St. George’s University
Zhi Wu, MD – Ross University

We would also like to welcome the following residents to the EVMS Psychiatry Residency Program:

PGY-2
Eric Friedman, MD – Pennsylvania State University

PGY-3
Vintee Narang, MD – Ross University

PGY-4
Jordan Romero, MD – Louisiana State University

GRADUATE ART THERAPY STUDENTS (CLASS OF 2017)

Catlin, Gina, BFA – Hampton University
Efimetz, Katherine, BA – College of William & Mary
Fawthrop, Chelsey, BA – Converse College
Foster, Jaimee, BA – North Carolina A&T State University
Garnett, Susan, BFA – Alfred University
Ho, Nicole, BA – Old Dominion University
Irvine, Gabrielle, BA – Bryan College
Jenkins, Ashley, BFA – Kutztown University of Pennsylvania
Johnson, Tuesdai, BS – Mississippi State University
Leonard, Tanisha, BA – Norfolk State University
McDaniel, Casey, BA – University of Vermont
Simmons, Alisa, BA – University of Nebraska-Lincoln
Willinger, Julia, BA – Christopher Newport University
We would like to acknowledge those employees that have been employed by EVMS for at least five years, sorted by start date. Congratulations to all for your many years of continued service and support.

### LONG-SERVING PERSONNEL

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<tr>
<th>Name</th>
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<tr>
<td>Jerry H. Morewitz, MD</td>
<td>35</td>
<td>Kiera Dorsey</td>
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<td>J. D. Ball, PhD, ABPP</td>
<td>34</td>
<td>Richard W. Handel, PhD</td>
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<td>Sarah Deaver, PhD, ATR-BC</td>
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<td>Karen Scott</td>
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<td>Robert P. Archer, PhD, ABPP</td>
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<td>David R. Spiegel, MD</td>
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<td>Michael L. Stutts, PhD</td>
<td>30</td>
<td>Paul A. Sayegh, MD</td>
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<td>J. Catesby Ware, PhD</td>
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<td>Serina Neumann, PhD</td>
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<td>Maria R. Urbano, MD</td>
<td>28</td>
<td>Scheryl Chadwick</td>
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<td>Matthew Bernier, MCAT, ATR-BC</td>
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<td>Lakeisha Joyner</td>
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<td>David E. Elkins, MS</td>
<td>23</td>
<td>Stephen Deutsch, MD, PhD</td>
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<td>Barbara A. Cubic, PhD</td>
<td>23</td>
<td>Jessica Burket, MS</td>
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<td>Lisa Fore Arcand, EdD</td>
<td>22</td>
<td>Justin Petri, MD</td>
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<tr>
<td>Kathrin Hartmann, PhD</td>
<td>16</td>
<td>Rita Riddle</td>
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<td>Julie Irving</td>
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SUMMER SCHOLARS - JULY 30, 2015 PRESENTATIONS

Young, C. M., Burket, J. A., Benson, A. D., Green, T. L., & Deutsch, S. I. (2015). Characterization of gait and olfactory behaviors in the Balb/c mouse model of autism spectrum disorders. (From left to right): Torrian Green, Jessica Burket, Dr. Stephen Deutsch, Chelsea Young, and Andrew Benson.

**NEW PERSONNEL**

We would like to recognize the following new employees:

- Amanda Mariano (Intake Coordinator) joined our department in June 2015. Ms. Mariano received her Bachelor’s degree from the University of Phoenix.

- Dr. Jennifer Flaherty (Assistant Professor) joined our department in September 2015. Dr. Flaherty joined the Neuropsychology Division and received her PhD from the Illinois Institute of Technology.

- Teal Kozikowski (Research Associate) joined our department in October 2015. Ms. Kozikowski received her MA degree from the College of William and Mary in Experimental Psychology.

- Karen Simmons (Neuropsychometrician) joined our department in November 2015. Ms. Simmons received her bachelor’s degree in Social Science from Virginia Wesleyan College.

We would also like to acknowledge the following changes in employment:

- Allison Smith has moved into the Administrative Assistant position to Dr. Deutsch.

- Elaina Taylor has become the Student Mental Health Coordinator and Departmental Super User for Electronic Health Records as well as maintaining her position as Intake Assistant.

**PUBLICATIONS**


PUBLICATIONS (continued)


PRESENTATIONS

Bernier, M. (2015). Teaching Therapeutic Puppetry in Finland: Course Content, Ethics, and Scope of Practice. Presentation for the Professional Day for Puppetry in Education & Therapy at the Puppeteers of America National Festival at the University of Connecticut.


Blackman, J. (2015, September). 3-hour Workshop on Diagnosis, Defenses, and Dynamic Treatment. Invited Speaker, Naval Medical Center, Department of Psychiatry. Portsmouth, VA.


**PRESENTATIONS (continued)**


Blackman, J. (2014, September). *Neuroses that Disappeared from the DSM-IV and DSM-5.* Grand Rounds, Sentara Virginia Beach General Hospital. Virginia Beach, VA.


Deaver, S., & Jimerson, S. (2015, July). *The Impact of Culture and Identity on Human Figure Drawings.* Presentation at the American Art Therapy Association Annual Conference, Minneapolis, MN.


Patel, S. (2015, November). *Geriatric psychiatry.* Presentation to the Student Association of Geriatric Enthusiasts and Beyond Clinic Walls, Eastern Virginia Medical School, Norfolk, VA.


DEPARTMENTAL HALLOWEEN PUMPKIN DECORATING CONTEST

Faculty and staff were invited to join the 3rd Annual Halloween Pumpkin Decorating Contest. These pumpkins allowed a great deal of interaction both between patients and our staff as well as between our younger patients and their parents. All patients were allowed and encouraged to vote on the pumpkin that they found their favorite. With over 700 votes supplied by patients in total, pumpkin #5 (the Minion), decorated by Dr. Carol Robinson Bonner, won the award.