I am so delighted that I have been given this opportunity to review our accomplishments and goals, as well as to officially welcome our large number of trainees and newest faculty additions. Although this is a time of uncertainty and fiscal stress for “Psychiatry” in general, and Academic Psychiatry in particular, our Department continues to thrive, driven largely by the joy and professional satisfaction that is derived from knowing we are contributing significantly to the formal education and clinical supervision of the next generation of health care providers, especially in the disciplines of Psychiatry and Clinical Psychology. Our residency program in Psychiatry and doctoral program in Clinical Psychology, the latter now offers the Ph.D. degree consistent with its heavy emphasis on research and the scholarly interests and productivity of the faculty, continue to attract large numbers of highly qualified applicants. Our graduate training programs continue to receive full accreditation often with commendations when they are externally surveyed by their relevant accrediting bodies. The educational offerings of the Department are uniformly outstanding and I remain deeply indebted to the efforts of Drs. Serina Neumann and Maria Urbano for the roles they have assumed in selecting and scheduling nationally-recognized speakers for our Grand Rounds and Quarterly Lecture Series in Autism Spectrum Disorders. The Department enjoys regional, national and international recognition for its research accomplishments and clinical productivity. Without exaggeration, our Department is at the cutting edge for translational contributions to the treatment of autism spectrum disorders, PTSD and major depression. Faculty is renowned within our Department for their contributions to the assessment of personality, and innovative applications of the MMPI in different settings and with different populations. EVMS is also recognized for its excellence in areas of Consultation Psychiatry and Psychosomatic Medicine, Child and Adolescent Psychiatry, Forensic Psychology, Geriatric Psychiatry and Neuropsychology, in addition to traditional areas of psychotherapy and clinical psychopharmacology. EVMS led the nation in implementing a model of collaborative and co-localized delivery of mental health services in primary care settings. I am especially pleased that there is cross-fertilization and active collaboration among faculty, which reflects true collegiality and friendship; the synergy that exists enhances our research efforts and makes our teaching exciting and relevant. Long-term plans include exploring creation of fellowships in critical subspecialty areas, especially Child and Adolescent Psychiatry. In spite of low reimbursement rates and an austere climate for extramural research funding, we thrive because of our commitment to each other and great love for the work that we do! I am privileged to serve as the Chair and delighted to have so many friends and colleagues at work. I want to thank faculty, staff and trainees for the positive and constructive roles they have played in making the Department of Psychiatry and Behavioral Sciences at Eastern Virginia Medical School a great and fulfilling place to work.

Sincerely,
Stephen I. Deutsch, M.D., Ph.D.
Anne Armistead Robinson Endowed Chair in Psychiatry
Professor and Chairman, Psychiatry and Behavioral Sciences
RECENT RECOGNITION AND AWARDS

- **Justin Petri, MD** and **Armin Ansari, MD** were inducted into Alpha Omega Alpha (ΑΩΑ), the national medical honor society. Election to ΑΩΑ is an achievement signifying a lasting commitment to scholarship, leadership, professionalism, and service on May 16. Dr. Petri is currently the medical director of the acute psychiatric inpatient unit at Sentara Norfolk General Hospital and the co-director of the M2 Psychopathology course at EVMS. Dr. Ansari is a graduate of the EVMS Psychiatry Residency, is currently one of the inpatient attendings at the Hampton VAMC, and is also the assistant psychiatric program director at the VA. Both are members of the residency Education Policy Committee and core faculty for the psychiatry residency at EVMS.

- **Richard Handel, PhD** has been named Associate Editor of the Journal of Personality Assessment, a leading peer-reviewed journal. The organization that publishes the journal, the Society for Personality Assessment, is the world’s largest organization focused on the field.

- **Sarah Deaver, PhD** was elected by her peers in 2011 to serve a two-year term as president-elect and two years as president of the American Art Therapy Association. Her tenure as president began July 1, 2013.

- **J.D. Ball, PhD** has been named the EVMS Foundation Chair in Psychiatry.

- **Michael Stutts, PhD** received the 2013 Distinguished Contributions to Professional Practice in Clinical Psychology by the Virginia Academy of Clinical Psychologists on April 25.

- **J. D. Ball, PhD** received the Clinical Training Award for Contributions to Personal and Professional Development, Class of 2013, from the Virginia Consortium Program in Clinical Psychology in May, 2013.

- **Michael Stutts, PhD** received the 2012-2013 Instructor of the Year award at the Clinical Psychology Internship graduation dinner on June 21.

- **Serina Neumann, PhD** received the 2012-2013 Supervisor of the Year award at the June 21 Clinical Psychology Internship graduation dinner.

- **Paul Sayegh, MD** was selected as a “Top Doc” for Psychiatry by the Hampton Roads Magazine for the third time.

- We would like to announce the following advancement for our faculty members: **Kathrin Hartmann, PhD**, **David Spiegel, MD**, and **Maria Urbano, MD** have all been promoted from Associate Professor to Professor.

- **Jessica Burkett** received her Masters of Science Degree in Biomedical Sciences Research from EVMS in May, 2013. Her thesis was entitled: “Targeting the NMDA receptor to improve sociability in mouse models of autism spectrum disorders: is mTOR signaling activity involved in this prosocial effect?”

- **Jessica Campbell, MD**, Chief Resident in Psychiatry, and **Rabia Jafri, MD**, Assistant Chief Resident, each were awarded a Henry P. and Page Laughlin Fellowship for recognition of excellence in psychoanalytic psychiatry by the American College of Psychoanalysts, the National Honorary Society of Physician-Psychoanalysts, at the joint meeting of the American College and the Virginia Psychoanalytic Society in Charlottesville on April 19.

- **Karen Scott** was elected as Vice-Chair in GMEPAC – the Graduate Medical Education Program Administrator’s Council.

- **Tiffany Ingold** was presented “The Allies in Mental Health Treatment” award on June 20.

- **H. Memon, MD**, H. Terzian, H., & **David Spiegel, MD** received the 2nd Place Award for Best Poster for their presentation to the Psychiatric Society of Virginia.

- **S. Peglow, MD**, J. Shrivastava, J., A. Parks-Savage, & **Greg Briscoe, MD** received the 3rd Place Award for Best Poster for their presentation to the Psychiatric Society of Virginia.

- **S. Peglow, MD** has accepted a position with the Yale University Addiction Psychiatry Fellowship for the next academic year.
UPCOMING EVENTS

Wednesday, October 9, 2013
LECTURE: 12:00 - 1:00 PM  Hofheimer Hall Auditorium
Allison Ratto, PhD (Center for Autism Spectrum Disorders)
The Impact of Culture in Autism Spectrum Disorders

Sunday, November 10, 2013
SCAVENGER HUNT starting at 11:00 AM  17th St. on the Boardwalk, Virginia Beach
Scavenger Hunt for Autism
For additional information, see www.camp4autism.org
Registration at: http://www.firstgiving.com/camp4autism/scavenger-hunt-for-autism

Wednesday, November 13, 2013
LECTURE: 12:00 - 1:00 PM  Hofheimer Hall Auditorium
Dr. Brock

Tuesday, November 26, 2013
LECTURE: 12:00 - 1:00 PM  Hofheimer Hall Auditorium
Sukhdeep Rahi, MD (Psychiatry Resident, EVMS Psychiatry & Behavioral Sciences)

Wednesday, December 18, 2013
LECTURE: 12:00 - 1:00 PM  Hofheimer Hall Auditorium
ASD Quarterly Series
Jessica Burkett (Research Assistant, EVMS Psychiatry & Behavioral Sciences)
Targeting the NMDA Receptor to Improve Sociability in Mouse Models of Autism Spectrum Disorders: Is mTOR Signaling Activity Involved in this Prosocial Effect?

For additional information (except where noted), contact Julie Irving at (757) 446-7189 or IrvingJM@evms.edu

Dr. Michael Stutts receiving the 2013 Award for Distinguished Contributions to Clinical Psychology in Virginia from the Virginia Academy of Clinical Psychologists at the Spring 2013 meeting of the Virginia Psychological Association.
RECENT EVENTS

- April 30 - Psychiatry Grand Rounds with Anita Kablinger, MD, CPI entitled “The HPA Axis in Addictions: Psychopharmacological Approaches”
- May 1 - 18th Annual Leroy W. Davis Memorial Alcoholism Conference with A. Leslie Morrow, PhD and David R. Spiegel, MD entitled “Stress and Alcohol: New Understandings and Treatment Options”
- May 8 - Psychiatry Grand Rounds with Donald Fidler, MD, FRCP-I entitled “Boogieban: Using Theatre for Teaching Psychotherapy Techniques and Professional Issues”
- May 8 - Psychiatry and Behavioral Sciences Research Day
- May 22 - Psychiatry Grand Rounds with David Spiegel, MD and Lauren King, MA entitled “Assessment and Treatment of HIV/AIDS Diagnosed Patients in Consultation Liaison Psychiatry”
- June 12 - ASD Quarterly Educational Series with Hope Caracci, OTR/L entitled “Autism Spectrum Disorder: An Occupational Therapist’s Rose in Effective Intervention”
- June 19 - Psychiatry Grand Rounds with Shantell Nashatka, Esq. and Andrew Richmond, Esq. entitled “Responding to Requests for Records: Ethical and Legal Requirements”
- July 10 - Psychiatry Grand Rounds with Barbara Schwartz, PhD entitled “Cognition in Schizophrenia: Implicit Awareness of Socio-Emotional Information”
- July 23 - Psychiatry Grand Rounds with Robin Fretwell Wilson, JD entitled “Institutional Conscience and Access to Services: Can we have both? Ethical Concerns Related to Abortion and the Obama Contraceptive Mandate”
- July 24 - Psychiatry Grand Rounds with Janelle Coughlin, PhD entitled “Update on Behavioral Interventions for Obesity: An Overview for Those Treating Individuals with Mental Illness”
- August 19 - Biomedical Sciences Research Master’s Program presentation by Jessica Burket entitled “Targeting the NMDA Receptor to Improve Sociality in Mouse Models of Autism Spectrum Disorders: Is MTOR Signaling Activity Involved in this Prosocial Effect?”
- Sept 24 - Psychiatry Grand Rounds with Hasan Memon, MD and Jonathan Haber, MA entitled “Somatoform Disorder and Seizures”

Drs. Lisa Fore-Arcand and Kathleen Stack at the Association of Directors of Medical Student Education in Psychiatry - ADMSEP 2013 Annual Meeting in Williamsburg, VA, June 21, 2013.
Announcements

Mary Roberts, MS, a board-certified registered art therapist and licensed professional counselor, is now serving as Program Director and Assistant Professor of the EVMS Graduate Art Therapy and Counseling Program, starting June 17, 2013. Ms. Roberts earned a Master’s of Science in Art Therapy from EVMS in 1997 and has served as community faculty for the program since spring 2012. Ms. Roberts brings 17 years of experience in art therapy and education, serving for the last seven years as an art therapist at the Chesapeake Juvenile Services Center. She is Vice President of the Virginia Art Therapy Association.

Lisa Fore-Arcand, Ed.D. served as Co-Chair of the Scientific Poster Subcommittee of the Association of Directors of Medical Student Education in Psychiatry for the Annual meeting for the 4th consecutive year.

A study led by Eastern Virginia Medical School and Old Dominion University is examining whether group collaborations — like building a functioning robot — help teenagers diagnosed with autism develop important social skills. A secondary goal is to see if exposure to science and technology may spur adolescents with Autism Spectrum Disorder (ASD) to pursue careers in STEM (Science, Technology, Engineering and Mathematics) related fields. The 12-week study included three groups of four students — two local high-school students with autism, one non-ASD teenage peer and one ODU engineering student. Similar research has been done elsewhere using relatively simple objects, such as Legos, but never with something as complex as a robot. For more information: see http://blue.odu.edu/ao/ia/insideodu/20130620/topstory2.php and/or https://www.evms.edu/news/studyaimstoboostsocialskillsamongasdteensthroughrobotproject.html

A new treatment regimen for people with Autism Spectrum Disorder measurably improves their social skills, according to preliminary results from a small-scale clinical trial at EVMS. The results suggest that “patients were better able to identify facial expressions. They were more socially responsive and less socially withdrawn,” says Maria Urbano, MD, the lead investigator. It also had a positive effect on stereotypical autism behaviors, such as rocking and hand-slapping. While the researchers are continuing to analyze the results, the early data seems to verify what had been observed in laboratory models and sets the stage for additional studies to further examine D-cycloserine as a viable treatment for patient with ASD. For more detailed information, please see: http://www.clinicalpsychiatrynews.com/news/childadolescent-psychiatry/single-article/promising-autism-drugs-progress-through-pipeline/1d8706868515608c964785de4b40de00.html?ptx_tnews[sViewPointer]=2

J. D. Ball, PhD was the Principal Investigator (Ball, Vorona, Ware, Mason, & Dukas, 2012) for a $23,999 grant entitled “Effect of Delayed School Start Time on Adolescent Sleep, Neuropsychological Functioning, and Driving Skills”, provided by the Hampton Roads Community Foundation.

Pre-Doctoral Clinical Psychology Interns (2012-2013)

Brittany Bak, PsyM – Wright State University
David Erekson, MA – Brigham Young University
Jonathan Haber, MA – Regent University
Megan Schad, MA – University of Virginia
Caroline Luong-Tran, PsyM – George Washington University
PGY-I PSYCHIATRY RESIDENTS (CLASS OF 2016)

Niketa Desai, MD - University of Sint Eustatius
Amer Khan, MD - Windsor University
Kristen Nelson, MD - American University of the Caribbean
John Thurston, MD - Ross University School of Medicine

GRADUATE ART THERAPY STUDENTS (CLASS OF 2014)

Sonya Brown, BFA — Virginia Commonwealth University
Monika Burkholder, BA — Eastern Mennonite University
Lauren Caraotta, BA — Kent State University
Caroline Cheslak, BA — Savannah College of Art & Design
Kara Cross, BFA — University of Tennessee at Martin
Carly Dean, BA — University of Georgia
Michael Galarraga, BA — Binghamton University
Jennifer Gorman, BLS — University of Mary Washington
Reland Happel, BA — College of William and Mary
Sabrina Hurczyn, BA — Virginia Wesleyan College
Jasmine Jackson, BA — Ohio State University
Jennifer Kapp, BA — Christopher Newport University
Christina Lowry, BS — Regent University
Aubrey Maggio, BFA — Salisbury University
Ramsi Metzger, BA — James Madison University
Maria Papa, BA — Arcadia University
Jillian Popp, BFA — Rocky Mountain College of Art and Design
Alexandra Serino, BA — Old Dominion University
Alyssa Spjut, BA — Utah State University
Josephine Stromseth, BA — Minnesota State University
Christa Turpin, BA — Old Dominion University
Abigail Williams, BA — Old Dominion University

VIRGINIA CONSORTIUM PROGRAM IN CLINICAL PSYCHOLOGY

STUDENTS (VCPCP - CLASS OF 2017)

Jessica Block, BA - University of Maryland
Denise Calhoun, BS - University of Wisconsin
Stefan LaTulip, MS - Old Dominion University
Will McBride, MS - Eastern Kentucky University
Kristoffer Park, MTS - Emory University
Tiren Parker, MA - UNC-Pembroke

EVMS
Eastern Virginia Medical School
**NEW PERSONNEL**

We would like to recognize the following new employees:

**Shavonia Faulks** (Medical Assistant)

**Kristen Fragale, BA, NCPT** (Psychometrician)

**Allison P. Knight, PhD** (Assistant Professor): EVMS Psychiatry & Behavioral Sciences and Director of Academic Development in the Office of Student Affairs

**Skye O. Margolies, PhD** (Assistant Professor): Joint appointment to EVMS Physical Medicine and Rehabilitation and EVMS Psychiatry & Behavioral Sciences

**Jessica Mees-Campbell, MD** (Assistant Professor)

**Mary Roberts, EdS, LPC, ATR-BC** (Assistant Professor): Program Director of Graduate Art Therapy and Counseling Program; EVMS Psychiatry & Behavioral Sciences

We would also like to recognize the following changes in position:

**Amy Herndon, BS** to the position of Research Associate for the ASD Program

**Tiffany Ingold, BS** to the position of Administrative Assistant to the Chair and the Psychiatric Faculty

**LONG-SERVING PERSONNEL**

We would like to acknowledge those employees that have been employed by EVMS for at least five years, sorted by start date. Congratulations to all for your many years of continued service and support.

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<td>David E. Elkins, MS</td>
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<td>Barbara A. Cubic, PhD</td>
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<td>Lisa Fore Arcand, EdD</td>
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PRESENTATIONS


Ball, J.D. (May, 2013). *Supervising Clinical Psychologists: Broad Brush Considerations*. Workshop presented to psychology staff at Veteran’s Administration Medical Center, Hampton, VA.


Fore-Arcand, L., & Levin, R. ‘Dissemination Do’s and Don’ts’. Invited presentation to the Program Faculty for the ADMSEP Medical Education Scholars Program for the 2nd year in a row. This year they presented as part of a three year training program in education research.


Ware, C., & Vorona, R. (June, 2013). *Does the Multiple Sleep Latency Test (MSLT) Predict Crashes During Driving Simulation?*. Presentation at the Annual Meeting of the American Academy of Sleep Medicine, Baltimore, MD.
PSYCHIATRY RESIDENT PRESENTATIONS TO THE FALL MEETING OF THE PSYCHIATRIC SOCIETY OF VIRGINIA (SEPTEMBER 20-22, 2013)

Memon, H., Terzian, H., & Spiegel, D. Illness Anxiety Disorder and Panic Disorder Managed Using Biofeedback.  
Won 2nd Place for Best Poster

Rivers, J., Spiegel, D., & Peglow, S. Peduncular Hallucinosis in a Patient with Neuro-Bechet’s Disease Successfully Treated with Prednisone and Risperidone.


Silva, C., Spiegel, D., & Son, J. Conversion Disorder in the Management of Multiple Sclerosis.

Peglow, S., Shrivastava, J., Parks-Savage, A., & Briscoe, G. The Effect of the 2011 ACGME Regulations on Residents' Sleepiness, Burnout and Learning.  
Won 3rd Place for Best Poster

PUBLICATIONS


Markham, P.T., Porter, B., & Ball, J.D. (2013). Effectiveness of a program using a vehicle tracking system, incentives, and disincentives to reduce the speeding behavior of drivers with ADHD. Journal of Attention Disorders, 17, 233-248.
Psychiatry Residents (partial) in April, 2013

Front Row: Susrutha Thanam, Ubha Rayamajhi, Neeta Kumari, Nikita Patel, Dr. Paul Sayegh (Director), Rabia Jafri, and Purnima Gorrepati

Back Row: William Lemley, Jessica Mees-Campbell, Abigail Dwiggins, Stephanie Peglow, and Karen Scott (Residency Coordinator)