I feel privileged to use the forum of our newsletter to “welcome” everyone to EVMS’ Department of Psychiatry and Behavioral Sciences; we have many new trainees within the Department from the disciplines of Psychiatry, Psychology and Art Therapy, in addition to the medical students rotating through our clinical services. Ultimately, the Department is indebted to its students and trainees for their “questions” that force us to think about “what” we know and “how” much there is still left to learn and discover. Fortunately, the continuous strong leadership that our Department enjoyed, which antedated my arrival, will enable us to pursue a collaboratively-developed and jointly-shared academic mission. Under the Direction of Drs. Urbano and Kirchner, we are planning the creation of two Centers devoted to the assessment and medication management of children, adolescents and adults with autism and autism spectrum disorders. Drs. Urbano and Kirchner have prepared an educational grant application designed to support development of educational materials for patients and family members and lectures to professional and lay audiences in the Tidewater-area. Additionally, we are networking with resources throughout the area in order to assure that patients enrolled in these Centers will have access to critical services and resources, such as assistive technologies, rehabilitation and special education. Dr. Serina Neumann has catalyzed collaborative research proposals within the Department, including Drs. JD Ball, Richard Handel and David Spiegel, and across the campus. The research will focus on the important, poorly understood, and insufficiently appreciated role of peripheral cholinergic mechanisms in coronary artery disease, post-operative cognitive dysfunction, and regulation of inflammatory mediators; and implications of sonographically-identified fetal brain abnormalities for neurodevelopment of children, including high-risk offspring of mothers with schizophrenia. Drs. Robert Archer and Richard Handel and Mr. David Elkins continue their consistently-funded research on dimensions of personality, as assessed with the MMPI in different clinical and non-clinical populations in different clinical and non-clinical settings. Drs. Edwin Gatewood and Barbara Cubic continue their outstanding leadership roles in our residency and internship training programs for Psychiatry and Psychology, respectively. Importantly, Dr. Lisa Fore-Arcand is crucial to all of the educational initiatives of the Department. I am personally indebted to Dr. Michael Stutts and other faculty for their support of our doctoral program in Psychology, which has been a prominent part of the Department for more than 30 years. On a personal level, I must acknowledge the crucial administrative roles played by our vice-Chairs, Drs. Paul Sayegh and JD Ball; they have been instructive and supportive of the many challenges that we face with budget planning and affiliations. I am also pleased that Dr. Abby Calisch and her faculty continue to remain integrated with our Department; I am confident that there will be many opportunities for integrated collaborative educational and research programs with colleagues in the Art Therapy and Counseling programs. As a Department, we face several challenges, which, hopefully, will become opportunities for growth and innovation in education and research. These challenges are intensified by uncertainties in the economy, which impact the Commonwealth’s allocation to the school. Nonetheless, we are excited and confident because we know that we have so much “good” to contribute; our value is not something that waxes and wanes, but is a “constant” and critical to the entire medical school community. I look forward to this exciting year!

Stephen I. Deutsch, Chair
Department of Psychiatry and Behavioral Sciences
UPCOMING EVENTS

Friday, October 9, 2009
LECTURE: 9:00 AM - 4:00 PM  Lewis Hall Auditorium
The 15th Annual Leroy W. Davis Memorial Alcoholism Conference
Cathy Cole, LCSW (Licensed Clinical Social Worker; President of Cathycoletraining, Inc.; Consulting
Associate, Department of Mental Health and Behavioral Sciences, Duke University School of
Medicine; and Adjunct Instructor, University of North Carolina School of Social Work,
Chapel Hill, NC)
Motivational Interviewing in the Treatment of Alcoholism
Sponsored by the EVMS Office of Continuing Medical Education
Presented by the EVMS Department of Psychiatry and Behavioral Sciences
This conference is intended for medical students, practicing physicians, and other mental health
professionals interested in the treatment of alcoholism
For additional information about the conference, contact Dr. Lisa Fore Arcand at (757) 446-5888 or
Arcandlg@evms.edu

Wednesday, October 14, 2009
LECTURE: 12:00 PM - 1:00 PM  Hofheimer Hall Auditorium
Psychiatry Grand Rounds with:
Jerome Blackman, MD (Professor of Clinical Psychiatry, EVMS; Training and Supervising
Analyst, NY Freudian Society, Washington, DC)
Enhanced Psychiatric Diagnosis and Treatment Selection using Multimodal Psychoanalytic
Concepts

Friday, October 16, 2009
SEMINAR  8:30 AM
- 3:15 PM  DoubleTree Hotel, 1900 Pavilion Drive, Virginia Beach, VA
Jodee Blanco (New York Times bestselling author), Korrie Allen, PsyD (Assistant Professor of
Pediatrics, EVMS), and Robert “Bobby” Kipper (Director, National Center for the
Prevention of Community Violence)
Bullying Is No Joke: Understanding the Bully and the Bullied
Co-Sponsored by: Children's Hospital of the King's Daughters Department of Social Work,
The Barry Robinson Center, and EVMS Department of Psychiatry and Behavioral Sciences
For additional information about this seminar, contact Elliott Levin at Elliott.Levin@chkd.org

Wednesday, December 9, 2009
LECTURE: 12:00 PM - 1:00 PM  Hofheimer Hall Auditorium
Psychiatry Grand Rounds with:
Stacie Otey-Scott, PsyD (Assistant Professor, EVMS Departments of Family and Community
Medicine and Psychiatry and Behavioral Sciences)
Primary Care Psychology as a Consultation Model

Wednesday, April 14, 2010
LECTURE: 12:00 PM - 1:00 PM  Hofheimer Hall Auditorium
Psychiatry Grand Rounds with:
Lena Kessler, MA and Karen Grippo, MA (Interns, EVMS Clinical Psychology Internship Program)
Treatment Adherence

For more information about the Psychiatry Grand Rounds, please contact Emily Walsh at 446-5888.
RECENT RECOGNITION AND AWARDS

Robert Archer, PhD was the recipient of the 2009 Distinguished Assessment Psychologist Award for contributions to Clinical and Forensic Assessment by Division 12, Section IX of the American Psychological Association.

J. D. Ball, PhD was the recipient of the 2009 Ivan Mensh Award for Distinguished Achievement in Teaching by the Association of Psychologists in Academic Health Centers (APAHC). His award was presented at the APAHC business meeting at APA (American Psychological Association) in August.

Tierra Bennett was the recipient of the June 2009 EVMS Employee-of-the-Month Award presented by the Reward and Recognition Committee of EVMS Health Services.

Kathrin Hartmann, PhD and Frank Kirchner, MD as well as Marcia Kennedy, Ed.D have been chosen to present at the 2009 Annual Association for Play Therapy International Conference in October in Atlanta, Georgia. They will be presenting on “Autism and Autism Spectrum Disorder - An Overview”.

Michael Stutts, PhD has been reappointed by the Governor of Virginia to the Virginia Board of Psychology as well as appointed to a wider Virginia Health Regulatory Board.

Michael Stutts, PhD has been appointed chair of the Council of Directors of the Virginia Consortium Program in Clinical Psychology.

Maria Urbano, MD and Frank Kirchner, MD are in the process of creating an outpatient Clinical Center for the Assessment and Medication management for adolescents and adults with Asperger’s disorder and autism spectrum disorders. Dr. Urbano will serve as the Director and her professional staff will include interdisciplinary faculty from within the department.

RECENT EVENTS

- August 12 Grand Rounds with Stephen I. Deutsch, MD, PhD (Chair and Professor, EVMS Department of Psychiatry and Behavioral Sciences) entitled “Beyond the Agonist Recognition Site: Allosteric Modulatory and Other Pharmacotherapeutic Strategies for Neuropsychiatric Disorders”

- September 23 Psychiatry Residency program Psychocinema: “He Loves Me... He Loves Me Not” (A la folie… pas du tout) starring Audrey Tautou and Samuel Le Bihan

- The Department gathered for the Norfolk Tides game at Harbor Park on Tuesday, June 23, 2009. The Norfolk Tides are the AAA affiliate of the Baltimore Orioles.
GRADUATE ART THERAPY STUDENTS (CLASS OF 2011)

Meghan Bernier, BS - Old Dominion University
Ashley Buchanan, BA - East Tennessee State University
Lauren Burinsky, BS - University of Pittsburgh
DeAndrea Jenna, BA - William Patterson University
Elizabeth Eve, BA - Brevard College
Jessica Furiness, BS - Virginia Tech
Ariel Furler, BA - The Pennsylvania State University
Nicole Hayden, BA - St. Edward's University
Frederica Jones, BA - Old Dominion University
Suhyun Lee, BA - Kyung Hee University
Mary Lovett, BA/BS - College of Charleston
Laura Michalski, BA - University of Michigan
Ashy Palliparambil, BS - University of Maryland
Lilani Pecht, BS - Old Dominion University
Molly Pettit, BA - The University of Iowa
Jessica Ropars, BA - Arcadia University
Stefanie Scannell, BA - York College of Pennsylvania
Raleigh Spires, BA - The University of Georgia
Ursula Spont, BA - Bryn Mawr College
Joanna Tarr (Harris), MA - Baylor University

VIRGINIA CONSORTIUM PROGRAM IN CLINICAL PSYCHOLOGY

STUDENTS (VCPCP - CLASS OF 2013)

Stacey Bayan, MA - The California State University-Northridge
Jamie Grisham, MPH - George Washington University
Casey Iwai, BA - Arizona State University
Claire Kelley, M.Ed - Virginia Commonwealth University
Amy Pitta, BA - The University of Southern California
Ryan Wilkes, BA - The College of William & Mary

PGY-I PSYCHIATRY RESIDENTS (CLASS OF 2013)

Neeta Kumari - Jawaharlal Nehru Medical College, India
Abigail Mansfield - Eastern Virginia Medical School
Jessica Mees-Campbell - Johannes Gutenberg Universitat, Germany
Rabia Jafri - Sindh Medical College, Pakistan
PRE-DOCTORAL CLINICAL PSYCHOLOGY INTERNS (2009-2010)

Adult Inpatient (State Hospital) Track
Christina Hill - Kent State University
Lena Kessler - St. John’s University

Adult Inpatient (Medical Hospital) Track
Karen Grippo - The University of Central Florida
Adela Roxas - Fordham University-Rosehill
Nina Rytwinski - Kent State University

Pediatric Behavioral Medicine Track
Wrenn Carlson - The University of Virginia
April Lightsey - The University of New Mexico

Virginia DMHMRSA Grant Funded Line
Janelle Mason - Fielding Institute

STUDENT PROPOSALS AND DISSERTATIONS

Dr. Robert Archer chaired a successful proposal defense by Joel Dillon entitled “The Application of the Megargee System with the MMPI-A”.

Dr. Robert Archer chaired a successfully completed dissertation by Elise Simonds entitled “Massachusetts Youth Screening Instrument-Version 2 (MAYSI-2) Long Term Outcomes and Scale Stability”.

Dr. J.D. Ball chaired a successfully completed dissertation by Kevin Tsang entitled “WISC-IV and IVA Plus Pattern Analysis: Assessment of Attention-Deficit/Hyperactivity Disorder”.

Dr. J.D. Ball chaired a successful proposal defense by Sara Anderson entitled “The Comparative Utility of Errors and Time-to-Completion on Trail Making Test Parts A and B for Recognizing Frontal Lobe Dysfunction and Identifying Alzheimer’s Disease”.

Drs. J.D. Ball and Serina Neumann co-chaired a successfully completed dissertation by Meghan McLain entitled “The Effects of Rumination, Hostility, and Distraction on Cardiovascular Reactivity and Recovery from Anger Recall in Healthy Women.”
RECRUITMENT

The Department of Psychiatry & Behavioral Sciences is currently recruiting for two faculty positions:

Assistant/Associate Professor:

The Department of Psychiatry and Behavioral Sciences has initiated a search for a talented faculty member at the rank of Assistant or Associate Professor in the Department of Psychiatry and Behavioral Sciences. This is a full-time position in a department that has a major commitment to clinical, educational and teaching activities. Clinical responsibilities will include inpatient treatment, consultations, and emergency room evaluations at Sentara Norfolk General Hospital, as well as outpatient services at Eastern Virginia Medical School’s Department of Psychiatry and Behavioral Sciences. Teaching responsibilities will include education and supervision of psychiatric residents and medical students, as well as students from related disciplines, including Psychology and Art Therapy. The position will also emphasize participation in research activities within an academic culture, which places EVMS at the forefront of mental health advances. Currently the EVMS Department of Psychiatry includes 21 full-time faculty members, and the Residency Training Program has 16 residents and is fully accredited by ACGME. The successful candidate should have the ability to significantly contribute to the tripartite mission of education, research, and patient-centered quality care.

*Eastern Virginia Medical School encourages all inquiries and all applications will be held in strictest confidence. Qualified applicants will be reviewed in the order by which their applications are received, and the process will continue until the current positions are filled. Applicants should send a letter of interest, curriculum vitae, and three letters of reference to:*

Paul Sayegh, MD, Vice-Chair  
Department of Psychiatry & Behavioral Sciences, Suite 710  
Hofheimer Hall  
825 Fairfax Avenue  
Norfolk, VA 23507

*Inquiries may also be faxed to 757-446-5918, or addressed to sayeghpa@evms.edu.*

*Salaries are competitive. EVMS is an Affirmative Action, Equal Opportunity Employer, and Drug Free Workplace. Minorities and women are encouraged to apply.*

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**EVMS**  
*Eastern Virginia Medical School*
We would like to recognize the following new employees:

Jessica Burket (Research Assistant to Dr. Deutsch) started July 6, 2009. She was previously with the Department of Veterans Affairs Medical Center, Washington, DC as a Biological Science Laboratory Technician where she worked directly on behavioral pharmacology experiments related to drug-discovery in schizophrenia and post-traumatic stress disorder.

Sarah Clark (Research Assistant to Dr. Neumann) started August 10, 2009. She graduated from Radford University in May, 2009 with a Bachelor of Science degree in Psychology where she was a research assistant on a NIMH-funded grant entering and analyzing data for an ongoing study examining the effect of self-regulatory depletion on the socially anxious.

Dr. Stephen Deutsch (Chair) started July 1, 2009. He received his M.D. and Ph.D. from New York University and was previously a Professor of Psychiatry at Georgetown University and at the Uniformed Services University School of Medicine. He was also the Associate Chief of Staff for Mental Health at the Department of Veterans Affairs Medical Center in Washington, DC.

Dr. Nora Katz (Research Assistant to Dr. Deutsch) started June 29, 2009. She was previously with the Department of Psychiatry, Georgetown University, Washington, DC at the VA Medical Center as Clinical Research Coordinator where she worked on a National Institute of Mental Health-funded clinical trial designed to test a translational hypothesis of alpha-7 nicotinic cholinergic receptor hypofunction in patients with schizophrenia.

Amanda Mitchell (Research Assistant to the Chair) started June 29, 2009. She was previously with EVMS for 3 years as a Student Loan Officer. She is a graduate of Ferrum College and is also a substitute teacher with the Chesapeake Public School system.

Emily Walsh was promoted in June, 2009 to the position of Administrative Support Coordinator to the Psychology Division.
The Department of Psychiatry and Behavioral Sciences teamed up with the Norfolk Community Services Board as volunteers for the September 30, 2009 “Project Homeless Connect 8.” The event was sponsored by National Project Homeless Connect. The intent of Project Homeless Connect is to remedy the homelessness within the Hampton Roads community and nationwide by providing a one-day, one-stop array of resources to provide the hospitality and the support to create a trajectory out of homelessness.

Maureen Womack, the new director of the Norfolk Community Services Board provided a speech and mentioned Dr. Deutsch as our new chairman, as well as mentioning our combined efforts to develop a seamless continuum of mental health and substance abuse care for the homeless in our community. Department of Psychiatry employees **Shauna Casey** and **Darcie Duer** volunteered during the event at the Intake booth, registering guests and directing them to various stations. Stations were provided for Housing, Dental, Medical, Legal, Employment, Food, Social Security, and Hair, in addition to Mental Health/Substance Abuse. We would like to thank our volunteers for taking their time to help provide the community with needed homelessness care.

Darcie Duer and Shauna Casey volunteering at the Project Homeless Connect 8 Intake booth.
PRESENTATIONS

Archer, R. P. (2009, May). Basic Interpretation of the MMPI-A in Clinical/Forensic Settings. 44\textsuperscript{th} Annual Symposium on Recent Developments in the use of the MMPI-2/MMPI-2-RF/MMPI-A, Minneapolis, MN.


PUBLICATIONS


