Welcome to Another Exciting Year

This is an exciting time for our Department of Psychiatry and Behavioral Sciences and medical school; I am confident that our new faculty and trainees will share in this excitement, which is almost palpable. Firstly, I would like to welcome our newest faculty person, Dr. Shriti Patel, who is a fellowship-trained geriatric psychiatrist, and graduate of Eastern Virginia Medical School. Dr. Patel will attend on the inpatient geriatric psychiatry unit, in addition to interfacing with the school’s larger geriatric program that will be coordinated by the Glennan Center. Dr. Patel is an enthused teacher and outstanding clinician; we are both fortunate and delighted that she has elected to begin her formal academic career with us. The Department has two recently initiated large “programs” that are attracting much favorable national and even international attention: the Program for the Assessment and Medication Management of Adolescents and Young Adults with Autism Spectrum Disorders, which is directed and co-directed by Drs. Maria Urbano and Kathrin Hartmann, and the Therapeutic Brain Modulation Program, which is co-directed by Drs. Serina Neumann and Paul Sayegh. We are already underway with an innovative clinical trial that is a head-to-head comparison of two dosing strategies of D-cycloserine, a partial glycine site agonist for the NMDA receptor, for the treatment of persons with autism spectrum disorders. D-Cycloserine is a medication that was used in much higher doses for the treatment of tuberculosis, but is of interest to us in Psychiatry because it enhances endogenous NMDA receptor-mediated neurotransmission. This clinical trial complements laboratory studies in our Department that showed D-cycloserine improved sociability in the genetically-inbred Balb/c mouse, which is a genetic mouse model of autism spectrum disorders. Importantly, our Department is developing a clinical trials infrastructure that will enable us to rapidly implement exploratory hypothesis-testing and hypothesis-generating trials of novel medications strategies for autism spectrum disorders. Thus, Drs. Urbano, Hartmann and their collaborators will be exploring the safety, tolerability and therapeutic efficacy of galantamine, a positive allosteric modulator of nicotinic acetylcholine receptors, over the course of the next year. The rationale for this latter study emerged out of the recent genetic data suggesting that there is insufficient expression of the alpha7 nicotinic acetylcholine receptor or inefficient transduction of the acetylcholine signal by this receptor in persons with autism spectrum disorders. Dr. Hartmann is also taking the lead on developing a novel psychotherapeutic strategy for intervening with persons affected with autism spectrum disorders.

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Dr. Neumann is planning to implement a trial of the combination of transcranial magnetic stimulation and a behavioral intervention for the treatment of veterans with PTSD. Briefly, in a controlled clinical setting, Dr. Neumann will administer magnetic stimulation to circuits implicated in the pathophysiology of PTSD after her patients “re-experience” the traumatic event. Hopefully, this procedure will diminish the synaptic strength of the pathological circuit perpetuating symptoms of PTSD. This study is especially important in the Hampton Roads region, which is the home to a large military and veteran community. Dr. Ball has completed a preliminary study examining the neurodevelopmental implications of a subtle abnormality of the fetal brain that is detected sonographically during the mother’s pregnancy; his data suggest that was has heretofore been referred to as a benign fetal sonographic variant of uncertain or no clinical significance may actually be ( causally) associated with nonverbal learning disability and ADHD in school-age children. Certainly, his data suggest that children with sonographic evidence of this fetal brain abnormality (i.e., mild cerebroventriculomegaly as an “isolated” finding) should be followed for neurodevelopmental problems in childhood. Dr. Ball collaborated with trainees Elionora Katz and Janelle Mason on this project, in addition to Dr. Alfred Abuhamad, the Chair of the Department of Obstetrics and Gynecology. Dr. Spiegel continues to publish scholarly case reports and is nationally recognized for his expertise in Consultation Psychiatry. This past year, Dr. Spiegel led a Seminar at the Annual Meeting of the American Psychiatric Association on the bedside assessment of frontal cortical functioning. The APA has invited Dr. Spiegel “back” to develop a special seminar that targets trainees and early-career psychiatrists specifically. Dr. Barbara Cubic continues to provide national leadership on new integrated care models for delivering mental health services more efficiently and effectively. Drs. Robert Archer and Richard Handel bring much positive attention to our Department for their contributions to Personality Assessment, and innovative large sample studies of the MMPI in special populations. During this upcoming academic year, we will be initiating a reading seminar in Cognitive Neuroscience. Also, we will be creating a new core facility in the area of quantitative EEG. Our teaching programs remain excellent due exclusively to our entire talented faculty! The current financial health of the Department is excellent, which is due, in no small part, to the strengthening of our affiliation with Sentara Norfolk General Hospital; we are indebted to our psychiatry faculty for making the contracts with Sentara viable and even “fun.” Indeed, these are exciting times; of course, there is much uncertainty because we do not yet know the full implications for Academic Psychiatry of the new healthcare reform initiatives and legislation, nor do we know the true “meaning and implication” of Accountable Care Organizations for us. Irrespective of what awaits us, our camaraderie and support of each other will allow us to weather any and all storms. In fact, we will thrive during this period of uncertainty because we are together.

Thank you for your friendship and continued personal support!

Stephen I. Deutsch, M.D., Ph.D.,
Ann Robinson Endowed Chair in Psychiatry
Professor and Chairman, Department of Psychiatry and Behavioral Sciences
We would like to congratulate Sarah Deaver, PhD, ATR-BC, LPC for being elected to the office of President-Elect of the American Art Therapy Association. She was installed at the annual conference in July and will serve until July 2013, at which time she will become President and will serve a two-year term.

Barbara Cubic, PhD has been appointed Chair for the Primary Care Training Task Force (PCTTF) for the Board of Educational Affairs (BEA) for the American Psychological Association (APA).

Michael L. Stutts, PhD has been elected Vice Chair of the Virginia Board of Psychology and has also been asked to serve on the Virginia Board of Health Professions, which licenses and regulates social workers and licensed professional counselors.

Serina Neumann, PhD has been appointed Co-Chair for the Professional Education Committee for the American Psychosomatic Society.

Serina Neumann, PhD has also been appointed a Representative Member for the Research Work Group of the Virginia Alzheimer’s Disease and Related Disorders Commission.

Graduating members of the Class of 2010 from the Virginia Consortium Program in Clinical Psychology selected and presented the following two annual awards to:

- J. D. Ball, PhD received the Clinical Training Award “for outstanding contributions to the professional and personal growth of the Class of 2010.”
- Richard Handel, PhD received the Graduates Award “for his commitment and dedication to the PsyD program and the Class of 2010.”

We would like to congratulate Justin Petri, MD for successfully passing his medical boards.

J. D. Ball, PhD has been appointed as a Reviewer for the journal The Clinical Neuropsychologist.

Serina Neumann, PhD has been serving as the Course Director for Psychiatry Grand Rounds.

We would like to congratulate the following employees for their recent graduation accomplishments:

- Emily Walsh - Received her MA degree in Communications from Regent University
- Tierra Ward - Received her MA degree in Counseling from Liberty University
We would like to congratulate **Leonore Okwara, MPH** as the EVMS Health Services Employee of the Month for October, 2011.

We would also like to congratulate the following nominees for Employee of the Month for EVMS Health Services:
- **May:** Tiffany Ingold, Lakeisha Joyner, Leonore Okwara, and Tierra Ward
- **June:** Tiffany Ingold and Tierra Ward
- **July:** Tiffany Ingold and Rita Riddle

The winners for the 3rd Annual Psychiatry Resident Research Day were as follows:
- **Best Oral Presentation:** **Louis Leone, MD** (PGY-4 Resident) for “Retrospective Chart Review of Vitamin D Levels and Depression in a General Psychiatric In-Patient Population” in conjunction with Paul Sayegh, MD, Maria Urbano, MD, Richard Handel, PhD, Margarita Somova, MD, and Gregory Carr, MD.
- **Best Poster Presentation (tie):** **Claire P. Kelley** (VCPCP student) for “Trait Type D Components Predicting Post-CABG Psychophysiological Outcomes” in conjunction with Sarah F. Clark, Ashley C. Womack, and Serina A. Neumann, PhD.
- **Best Poster Presentation (tie):** **Margarita Somova, MD** (PGY-3 Resident) for “Using Electronic Medical Record Remote Data Access to Compare Inpatient Bed Utilization in the 12 Months Pre and Post Residential Substance Abuse Treatment (RRTP)” in conjunction with Kathleen Stack, MD, and Kathleen Babel, PhD.

We would like to congratulate **Stephanie Peglow, DO** (PGY-2) for winning the Best Poster Award: Case Presentations at the Fall 2011 Meeting of the Psychiatric Society of Virginia at the Wintergreen Resort with her poster entitled “Synthetic Cannabinoid Induced Psychosis in a Previously Non-Psychotic Patient: A Case Report” in conjunction with Jessica Buchner, BS and Gregory Briscoe, MD.
UPCOMING EVENTS

Wednesday, October 5, 2011
LECTURE: 12:00 - 1:00 PM  Hofheimer Hall Auditorium
Autism Spectrum Disorders (ASD) Program Quarterly Educational Series with:
Ronald B. David, MD (Pediatric Neurologist, Children’s Neurological Services, Richmond, VA
From Genotype to Endophenotype to Phenotype: New Questions, Some New Answers
1 AMA PRA Category 1 Credit / 1 hour CE credit

Friday, October 7, 2011
CONFERENCE:  9:00 AM - 4:00 PM  McCombs Auditorium, EVMS
The 17th Annual Leroy W. Davis Memorial Alcoholism Conference with:
Kevin McCauley, MD
Addiction as a Brain Disease
5.25 AMA PRA Category 1 Credits / 5 hours CE credit
For additional information about the conference, contact Dr. Lisa Fore Arcand at (757) 446-5888 or Arcandlg@evms.edu

November 2011 (TBA)
LECTURE:  Hofheimer Hall Auditorium, EVMS
Psychiatry Grand Rounds with:
Shriti B. Patel, MD (Assistant Professor, EVMS Department of Psychiatry and Behavioral Sciences)
Evaluation and Non-Pharmacological Management of Agitation in Dementia: Educating our Caregivers
1 AMA PRA Category 1 Credit / 1 hour CE credit
For additional information about the October & November lectures, contact Julie Irving at (757) 446-7189 or IrvingJM@evms.edu

RECENT EVENTS

- May 11 - Psychiatry Grand Rounds with Tuesday Burns, MD entitled “Reproductive Psychiatry: Diagnostic and Therapeutic Innovations”
- June 7 - Psychiatry Grand Rounds with Amy Tang, PhD and Stephen I Deutsch, MD, PhD entitled “The Oncogenic K-RAS Signaling Pathway and its Implications for Cancer, Psychoneurobiology and Psychiatric Comorbidities”
- June 15 - Psychiatry Grand Rounds and ASD Quarterly Educational Series with Kathrin Hartmann, PhD entitled “What Can We Learn from the ADOS and the ADI-R in Our Clinical Work?”
- July 13 - Psychiatry Grand Rounds with Jerome Blackman, MD entitled “Innovative Techniques in Teaching and Supervising Psychodynamics”
- July 14 - Psychiatry Grand Rounds with Kevin Pelphrey, PhD entitled “Using Neuroimaging to Discover Endophenotypes of Autism Spectrum Disorder”
- July 20 - Live Web Chat with Maria Urbano, MD entitled “Autism in Adulthood”
- July 26 - Psychiatry Grand Rounds with Stephen I Deutsch, MD, PhD entitled “Update on Phenomenology and Pathophysiology of Schizophrenia: Implications of Pharmacotherapy”
- August 17 - Psychiatry Grand Rounds with Catesby Ware, PhD entitled “Effects of Sleep Loss on the Brain”
- September 14 - Psychiatry Grand Rounds with David Spiegel, MD entitled “Medically Unexplained Physical Symptoms in the Consult Liaison Service: Issues to Consider in Transitioning these Patients to Outpatient Care”
VIRGINIA CONSORTIUM PROGRAM IN CLINICAL PSYCHOLOGY

STUDENTS (VCPCP - CLASS OF 2016)

Sara Bock, BA - Wheaton College
Alexis Chappel, M.Ed. - The College of William & Mary
Erin Doty, BA - Principia College
Michele Laaksonen, MA - Radford University
Emily Oettinger, BA - University of Southern California
Takeshia Williams, BA - Albion College

PGY-I PSYCHIATRY RESIDENTS (CLASS OF 2015)

William Lemley, MD - St. Matthew’s University
Nikita Patel, MD - Xavier University
Charmaine Silva, MD - University of East/Ramon Magsaysay
Susrutha Thanam, MD - Crimean St. Medical University

GRADUATE ART THERAPY STUDENTS (CLASS OF 2013)

Evans Baker, MFA - Savannah College of Art & Design
Ashley Busch, BFA - Ringling College of Art & Design
Amanda Cox, BA - University of South Carolina
Kate Cronje, BFA - Virginia Commonwealth University
Judith Glowinski, BFA - Kean University
Aubrey Hall, BA - Christopher Newport University
Gaelan Harmon-Walker, BA - University of Redlands
Emily Hege, BA - Sewanee: University of the South
Kimberly Huston, BA - Pennsylvania State University
Danielle Jweid, BA - Old Dominion University
Meghan Kirkpatrick, BA - Denison University
Daniel Koon, BFA - Christopher Newport University
Amber Lewis, BFA - Virginia Commonwealth University
Melissa Mariner, BA - The College of William & Mary
Rebecca Masia, BA - The University of Delaware
Michelle McGaughey, BA - Salisbury University
Lucy Schmidt, BA - The University of Maryland
Laura Sibiski, BS - Towson University
Joselyn Spence, BA - The University of Virginia
Emily Willen, BA - Washington College

EVMS
Eastern Virginia Medical School
PRE-DOCTORAL CLINICAL PSYCHOLOGY INTERNS (2011-2012)

Cassie Brode, MS - Virginia Commonwealth University  
Kari Kirian, MA - East Carolina University  
Jennifer Lamanna, MA - Virginia Commonwealth University  
Michelle Peterson, MA - University of South Carolina-Columbia  
Jeri Turgesen, MA - George Fox University

CLINICAL PSYCHOLOGY POST-DOCTORAL FELLOW IN INTEGRATED CARE

Janette Mance-Khourey, MA - The University of Akron

ANNOUNCEMENTS

Barbara Cubic, PhD served as Program Chair, Division 12 [Society of Clinical Psychology] for the 2011 American Psychological Association Convention held in August, 2011.

Barbara Cubic, PhD served as Program Chair, Section 8, [Association of Psychologists in Academic Health Centers], Division 12 [Society of Clinical Psychology] for the 2011 American Psychological Association Convention held in August, 2011.

J. D. Ball, PhD served as Chair for the dissertation for Anand Patel entitled “An Analysis of Content Versus Procedural Learning Practice Effects and Form Equivalences in Repeated Administrations of the Rey Auditory Verbal Learning Test.”

Sarah Deaver, PhD, ATR-BC, LPC was featured in an article in the Virginian Pilot at: http://hamptonroads.com/2011/09/work-sarah-deaver-art-therapist

Stephen I. Deutsch, MD, PhD was included in a WAVY-TV 10 news article at: http://www.wavy.com/dpp/news/local_news/autism-app-being-developed-in-norfolk

Stephen I. Deutsch, MD, PhD and Maria Urbano, MD authored an online e-news article in The Health Journal entitled “New insights into autism mean better diagnosis, understanding among physicians.” This article can be accessed at: http://www.thehealthjournals.com/2011/03/autism-spectrum-disorders/

The Department gathered for their annual Norfolk Tides game at Harbor Park on Thursday, June 16 to watch the Tides play the Buffalo Bisons.
NEW PERSONNEL

We would like to recognize the following new employee:

Shriti B. Patel, MD (Assistant Professor) joined our faculty on July 1, 2011. Dr. Patel is a graduate of Eastern Virginia Medical School. She completed her psychiatric residency at the University of Florida and a geriatric psychiatry fellowship at the Yale School of Medicine.

RECRUITMENT FOR EMPLOYMENT

EASTERN VIRGINIA MEDICAL SCHOOL (EVMS) has initiated a search for a talented faculty member at the rank of Assistant or Associate Professor in the Department of Psychiatry and Behavioral Sciences. EVMS is located in a beautiful, coastal area of Virginia in the second largest metropolitan area in the state. This is a full-time position in a department that has a major commitment to clinical, educational and teaching activities. Clinical responsibilities include inpatient treatment, consultations, and emergency room evaluations at Sentara Norfolk General Hospital, as well as outpatient services at Eastern Virginia Medical School’s Department of Psychiatry and Behavioral Sciences. Teaching responsibilities include education and supervision of psychiatric residents and medical students, as well as students from related disciplines, including Psychology and Art Therapy. The position will also emphasize participation in research activities within an academic culture, which places EVMS at the forefront of mental health advances. Currently the EVMS Department of Psychiatry includes 21 full-time faculty members, and the Residency Training Program has 16 residents and is fully accredited by ACGME. The successful candidate should have the ability to significantly contribute to the tripartite mission of education, research and patient-centered quality care. Eastern Virginia Medical School encourages all inquiries and all applications will be held in strictest confidence. Qualified applicants will be reviewed in the order by which their applications are received, and the process will continue until the current position is filled. Please send letters of interest, accompanied by three letters of reference, to Paul Sayegh MD, Vice-Chair, Department of Psychiatry and Behavioral Sciences, Suite 710, Hofheimer Hall, 825 Fairfax Avenue, Norfolk, VA. 23507, or fax to 757-446-5918. Inquiries may also be addressed to sayeghpa@evms.edu. EVMS is an AA/EOE/Drug Free Workplace.
PRESENTATIONS

Ball, J.D. (October, 2011). *Sleep and ADHD*. Paper accepted to Virginia Psychological Association Fall Conference, Virginia Beach, VA.


Briscoe, G. (June, 2011). *Researching our resources: 2011 investigation of ADMSEP member’s Institutional Educational Resources*. Plenary presentation to ADMSEP, Savannah, GA.


PUBLICATIONS


