I am delighted to report that our Department was selected to be highlighted at the 2012 Annual Meeting of the American Psychiatric Association; an “around-the-clock” video presentation of our Department will be shown in all viewing areas of Philadelphia's large Convention Center and in the private hotel rooms of all registered attendees via their televisions. I am very appreciative of the school’s tangible support of the production of this video-documentary, which will highlight several of our special clinical programs, distinguished faculty, research productivity and educational excellence. The medical school will use this professionally produced video in many of its promotional efforts, and our Department will show this video in all of its waiting areas. The Department’s website will also have a link to the video that will enable prospective medical students, residents, faculty and staff to view it. I am especially thrilled with the timing of our Department’s selection to be video highlighted because Drs. Paul Sayegh and David Spiegel will be honored formally at the Annual Meeting with awards for excellence in residency training and medical student education. Indeed, we have much to show and be proud of; all of which, unfortunately, cannot possibly be contained in a five minute video!

The year progressed quickly and was filled with much tangible success. Within our Department, Dr. Maria Urbano is the PI on two of the most innovative medication trials targeting core domains of psychopathology in autism spectrum disorders. Dr. Serina Neumann will be leading an effort to target re-experiencing phenomena in military populations with PTSD, using a combined therapeutic approach of transcranial magnetic stimulation and a cognitive behavioral procedure. Dr. Kathrin Hartmann will be studying the therapeutic effectiveness of an adaptation of dialectical behavior therapy for a special population of high functioning persons with autism spectrum disorders. Dr. David Spiegel continues to be productive as one of the world’s most prolific and productive leaders in Consultation Psychiatry; he will also initiate a protocol to determine if subjective “liking” scores can be useful in identifying adult patients with ADHD that may be at increased risk for psychostimulant abuse. Dr. Barbara Cubic continues to enjoy national prominence for her leadership role in developing and implementing models of integrated behavioral healthcare. Dr. JD Ball has obtained important preliminary data suggesting that fetuses with sonographic evidence of mild cerebroventricular enlargement should be followed for the possible emergence of neurodevelopmental disorders, especially nonverbal learning disability. Our Department has longstanding programs of excellence in Neuropsychology (Drs. Ball and Stutts), Rehabilitation Psychology (Dr. Stutts), Personality Assessment (Drs. Handel and Archer) and Forensic Psychology (Dr. Archer). Additionally, the educational experiences of our medical students and residents continue to improve due to the efforts of Drs. Shriti Patel and Justin Petri, the attending psychiatrists on our inpatient Geropsychiatry and acute general psychiatry units at Sentara Norfolk General Hospital. Very importantly, in addition to his extraordinary musical and vocal talents, Dr. M. Potter Henderson has given our Department much needed depth and expertise in Child Psychiatry. Collaboratively, Drs. Henderson and Urbano presented a comprehensive and up-to-date presentation of the clinical psychopharmacology of autism spectrum disorders in our Department’s Quarterly Series in Autism Spectrum Disorders.

I am especially gratified that our mission of teaching and actual teaching accomplishments in this area remains unequaled throughout the country; our core faculty support several major teaching programs and initiatives for medical students, psychiatrists and psychologists! Additionally, we have amassed an impressive portfolio of clinical and preclinical research projects and programs that have the potential to inform treatment and assessment of major axis I disorders. I am indebted to David Elkins, our “webmaster,” for giving me this opportunity to pause, reflect and appreciate the hard work, support and accomplishments of my colleagues.

Thank you,
Stephen I. Deutsch, M.D., Ph.D., Ann Robinson Endowed Chair in Psychiatry Professor and Chairman, Department of Psychiatry and Behavioral Sciences
We would like to congratulate Drs. Paul Sayegh and David Spiegel for their selection as recipients of two of the most prestigious Educator Awards from the American Psychiatric Association. These awards will be presented at a luncheon in their honor at the May APA meeting in Philadelphia, PA.

**Dr. Sayegh** won the Irma Bland Award for Excellence in Teaching Residents. This award is given annually to APA members who have made outstanding and sustaining contributions to resident education in psychiatry. Awardees will have made significant and sustained contributions (a minimum of three years teaching at the nominating institution) to the advancement of resident education.

**Dr. Spiegel** won the Nancy CA Roeske Teaching Award. The Nancy C. A., MD, Certificate of Recognition for Excellence in Medical Student Education Award is awarded annually to APA members and fellows who have made outstanding and sustaining contributions to medical student education and is awarded to nominees who have made significant and sustained contributions (a minimum of three years teaching at the nominating institution) to the advancement of medical student education.

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- Dr. Jerome Blackman was selected, for the third year in a row, as one of the region’s “Top Doc's” in Psychiatry by Hampton Roads Magazine’s survey of doctors in Tidewater.

- Dr. Maria Urbano has been elected to the Commonwealth Autism Service (CAS) Board.

- Dr. Jerome Blackman was awarded the Teacher of the Year Award in 2011 by the graduating psychiatry residents for the ninth time since 1987.

- Janelle Mason (Research Associate) successfully defended her dissertation in fulfillment of her PhD in Psychology through Fielding Graduate University. Her dissertation was entitled “Schemas, empathy, and intimate partner violence.”

- Dr. Skye Ochsner Margolies has accepted our Postdoctoral Fellowship in Integrated Care for the 2012-2013 academic year. Dr. Margolies completed her doctoral degree in clinical psychology at Virginia Commonwealth University and her clinical psychology internship with EVMS.
UPCOMING EVENTS

Wednesday, April 4, 2012
Psychiatry Grand Rounds: 12:00 PM - 1:00 PM Hofheimer Hall Auditorium
John Linton, PhD (Professor, West Virginia University School of Medicine)
Ethics in cyberspace: What’s next, and can’t we ever be “friends”?

Wednesday, April 11, 2012
Psychocinema: Time 6:00 PM - 8:00 PM Education and Research Building Auditorium
Topic: Therapy in the Media

Wednesday, April 25, 2012
4th ANNUAL RESEARCH DAY: 3:00 PM - 4:00 PM Hofheimer Hall Auditorium
4:00 PM - 5:00 PM Hofheimer Hall, Room 752

Wednesday, April 25, 2012
Focus on Autism: 6:00 PM - 9:00 PM Education and Research Building, Room 104
Welcome: Dean Homan; Overview: Dr. Deutsch; Lecture: Dr. Urbano “ASD and Sexuality”; and
Lecture: Ms. Sharon Slipow “Need for resources in the community for autism”
An evening lecture to educate the community on the EVMS autism program for adolescents

Wednesday, April 25, 2012
Psychiatry Grand Rounds: 12:00 PM - 1:00 PM Hofheimer Hall Auditorium
Mark Rosenkind, PhD (National Transportation Safety Board)
Human Behavior: The Most Significant Risk in Transportation Safety

Thursday, April 26, 2012
LECTURE: 9:00 AM - 10:00 AM Waterside Marriott, Norfolk, VA
Virginia Psychological Association Spring Conference
Kathrin Hartmann, PhD and Maria Urbano, MD (Associate Professors, EVMS)
Treatment Considerations for Adolescents and Young Adults with ASD

Friday, April 27, 2012
LECTURE: 9:00 AM - 10:00 AM Waterside Marriott, Norfolk, VA
Virginia Psychological Association Spring Conference
Serina Neumann, PhD (Associate Professor, EVMS) and Stacey Bayan, MA
Transcranial Magnetic Stimulation to Treat Refractory Forms of Depression

Wednesday, May 9, 2012
Psychiatry Grand Rounds: 12:00 PM - 1:00 PM Hofheimer Hall Auditorium
Dr. Sood-Khandpur
Motivational Interviewing: In Practice

Thursday/Friday, June 14-15, 2012
Barbara Stanley, PhD (faculty, Columbia University)
Thursday: 1 day training open to public “Basics of Dialectical Behavioral Therapy (DBT)”
Friday: Psychiatry Grand Rounds: 8:00 AM - 9:00 AM Education & Research Building, Room 135
Title: TBA

July 11, 2012 (tentative)
Psychiatry Grand Rounds: 12:00 PM - 1:00 PM Hofheimer Hall Auditorium
Richard Handel, PhD (Professor, EVMS Psychiatry and Behavioral Sciences)
Critical Values

For more information regarding Grand Rounds/Psychocinema, please contact Julie Irving at 446-7189 or IrvingJM@evms.edu
RECENT EVENTS

- October 12 - Grand Rounds Psychocinema presentation of “Vertigo” starring James Stewart and Kim Novak
- October 19 - Grand Rounds presentation with Kenneth Wolf, PhD (Associate Dean, Charles Drew University of Medicine and Science) entitled “Cross-cultural clinical skills: Focus on communication”
- October 25 - Grand Rounds presentation with Aaron Vinik, MD (Professor, EVMS) entitled “Neurobiologic mechanisms of cognitive decline in diabetes patients: “A focus on sRAGE”
- November 9 - Grand Rounds presentation with Rochelle Klinger, MD, DFAPA (Professor, Virginia Commonwealth University) entitled “Psychiatric disorders and HIV: An overview”
- November 22 - Grand Rounds presentation with Shriti Patel, MD (Assistant Professor, EVMS) entitled “Evaluation and non-pharmacological management of agitation in dementia: Educating our caregivers”
- December 7 - Grand Rounds Psychocinema presentation of “Blue Velvet” starring Isabella Rossellini and Kyle MacLachlan
- December 14 - ASD Quarterly Educational Series with Maria Urbano, MD and Potter Henderson, MD (Associate and Assistant Professors, EVMS) entitled “ASD psychopharmacology update: Evidence based guidelines, practical approaches and future directions”
- January 11 - Grand Rounds with Jeri Hepworth, PhD (Professor and Vice Chair, University of Connecticut School of Medicine) entitled “Medical family therapy: Assisting couples when illness intrudes”
- January 24 - Grand Rounds with Dean Kruisienksi, PhD (Assistant Professor, Old Dominion University) entitled “Brain-computer interfaces in medicine”
- February 8 - Grand Rounds presentation with Alverine Mack, RN (Sentara Healthcare) entitled “Current evidence-based tobacco cessation interventions”
- February 17 - 2nd Annual Insights into Autism Conference with Susan White, PhD, Joy Hirsch, PhD, Kevin Pelphrey, PhD, Lin Sikich, MD, and Cindy Gwinn, EdD
- February 28 - Grand Rounds with Michael Stutts, PhD (Professor, EVMS) and Kari Kirian, MA (Clinical Psychology Intern, EVMS) entitled “The discipline and practice of rehabilitation psychology”
- March 2 - Presentation with Richard Gallagher, PhD (Associate Professor, NYU School of Medicine) entitled “Oppositional Defiant Disorder: Understanding and treating ODD and its associated conditions”
- March 7 - Grand Rounds presentation with Abby Beacham, PhD (Assistant Professor, University of Colorado, Denver) and Josette Harris, PhD (Professor, University of Colorado School of Medicine) entitled “Using brief behavioral health and wellness screeners in primary care to enhance patient involvement”
- March 13 - Grand Rounds Psychocinema presentation of “What about Bob?” starring Bill Murray and Richard Dreyfuss
- March 14 - ASD Quarterly Educational Series with Frank Aiello, III, MD (Assistant Professor, EVMS) entitled “Autism Spectrum Disorders and neurodevelopmental disabilities — Neurodevelopmental disabilities which overlap with or might be mistaken as ASD”
- March 27 - Autism Society’s Tidewater Virginia Transition Resource Fair
- March 27 - Grand Rounds with Antonio Quigley-Nevares, MD (Associate Professor, EVMS) entitled “Pain management”
- March 30 - Workshop with Rodger Kessler, PhD, ABPP (Research Assistant Professor, University of Vermont College of Medicine) entitled “A primary care and health systems view of collaborative care: A call for additional core skills and a new vision of primary care”
**ANNOUNCEMENTS**

Dr. Jerome Blackman was selected as a judge for the poster session at the PSV meeting in September 2011.

Dr. Jerome Blackman’s book, “101 Defenses: How the mind shields itself” published thorough Routledge has been translated into Chinese and Romanian versions.

Dr. Kathrin Hartmann has agreed to be the co-Clinical Director of the EVMS Autism Spectrum Disorders program.

Dr. Catesby Ware was invited to the National Sleep Foundation’s annual awards dinner March 2 in Washington, DC, where he introduced the recipient of the founder’s award for Excellence in Science of Sleep and Dreaming.

Dr. Jerome Blackman was re-appointed Chair of the Honors Committee for the American College of Psychoanalysts (Acopsa.org).

Board of Directors of the American College of Psychoanalysts, January 2012. Jerome Blackman, MD (middle row, left)
STUDENT RESEARCH CORNER: RECENT/UPCOMING GRADUATES

Virginia Consortium Program in Clinical Psychology (VCPCP)
December 25, 2011
Kalika Kelkar
“WAIS-IV Working Memory (WMI) and CVLT-II Performance in an Outpatient Adult Neuropsychological Population”
Chair: Michael Stutts, Ph.D., EVMS

Kristina Michelle Krakowski
“A Comparison of College Students of Never-Married, Intact, and Divorced mothers on Self-Esteem, Depressive Symptoms, and Romantic Attachment”
Chair: Michelle Kelley, Ph.D., ODU

Lauren Elissa Everitt
“Relationships of Religious Orientation with Academic Attitudes”
Chair: W. Larry Ventis, Ph.D., W&M

May 27, 2012
Sanjay Mehta
“The Association of Cognitive Function with Autonomic-Cardiovascular Reactivity to and Recovery from Stress”
Chairs: Serina Neumann, Ph.D. & Michael Stutts, Ph.D., EVMS

Michelle Alexander Cosby
“The Role of Social Support and Stress on Risk-Taking Behaviors: A Comparison of Black and White College Students”
Chair: Janis Sanchez-Hucles, Ph.D., ODU

Psychiatry Residency Program (PGY-IV)
Gregory Carr, MD
Co-author: “Catatonia due to general medical conditions, treated successfully with atypical antipsychotic: A case series” and “Psychosis after cardiac intervention: Left ventricular assist device surgery resulting in psychotic symptoms successfully treated with carbamazepine and olanzepine”

Kevin Lamm, MD (Chief Resident)
Co-author: “WIKI: Textbook of psychiatry for medical students. Chapter: Dissociative Disorders” (See also: page 9, Spiegel & Lamm, 2011)

Vladimir Prem, MD
Co-author: “Treatment of catatonia with zolpidem” (Journal of Neuropsychiatry and Clinical Neurosciences)

Psychology Clinical Internship Program
Kari Kirian
Jennifer Lamanna
Michelle Peterson
Jeri Turgeson

Postdoctoral Fellow in Integrated Care
Janette Mance

Postdoctoral Fellow in Child Psychology
Cathy Cooke
**RECENT/UPCOMING GRADUATES (continued)**

**Graduate Art Therapy Program**

**Nicholas Alexander**
“A Phenomenological Observation of the Reductive Printmaking Experience: Implications for Art Therapy”

**Carrie Carowan**
“A Study of Art Therapy-based Approaches to Communication between Physicians and Pediatric Patients”

**Kimberly Clemens**
“Examining Attachment Styles in Adult Adoptees Using the Bird’s Nest Drawing”

**Rachel Daniels**
“A Comparison of Kinetic Family Drawings by Children with Autism Spectrum Disorder and Typically Developing Siblings”

**Pamela Gandolfi**
“Emergency Medical Technicians’ Experience with Visual Journaling: A Qualitative Study”

**Melanie Gaskin**
“The Use of Art Therapy to Examine Self-concept with a Breast Cancer Survivor”

**Sara Julsrud**
“Comparative Analysis of Stress and Anxiety Reduction between Working with Clay and Mandala Design Coloring “

**Maureen Kelleher**
“A Correlational Study of the BND and ECR-R”

**Laura Michalski**
“Exploring the Sibling Relationship through Art Therapy: A Case Study “

**Crystal Menicola**
“A Study of the Effects of Art Therapy with Survivors of Suicide”

**Megan Parrish**
“Burnout, Vicarious Traumatization and Compassion Fatigue within the Field of Art Therapy”

**Alecia Perreault**
“Validation of the Reason for Being Here Drawing as an indicator of Locus of Control”

**Amy Price**
“Case Study of an Art Therapy Intervention on a Patient with Chronic Pain”

**Marie Salguero**
“A Comparison of Human Figure Drawings Drawn by Multiracial and Monoracial Adults”

**Paige Scheinberg**
“Exploring Hope and Quality of Life: A Proposal for a Group Art Therapy Pilot Study for Individuals Diagnosed with Lupus”

**Rebecca Snyder**
Art Therapy in a Bereavement Camp Setting to Aid in Emotional Expression and Processing of Loss

**Ashton Sullivan**
“We Are Not Alone: A Study of the Effects of Mandala Drawing Versus Art Card Sorting on Mood, Stress, and Anxiety in Individuals with Mood and Anxiety Disorders”

**Sara Young**
“Case Study of Art Therapy Life Review with an Elderly Client”
NEW PERSONNEL

We would like to recognize the following new employees:

Andrew Benson (Research Assistant) joined Dr. Deutsch’s lab in November, 2011 and is a recent graduate of Virginia Tech where he studied Biology.

Gina Bondi Polychronopoulos (Research Associate), a graduate of Old Dominion University, joined us on February 20. Gina will help with the Autism Spectrum Disorders program and previously worked with Dr. Neumann.

Allison Smith (Intake Assistant) joined our department on February 7. She previously worked at Enterprise Car Rental.

We would also like to acknowledge Tiffany Ingold on her change to the position of Administrative Support Coordinator to the Psychiatry Division on January 3.

PUBLICATIONS


Markham, P. T., Porter, B. and Ball, J. D. (2011). Effectiveness of a program using a vehicle tracking system, incentives, and disincentives to reduce the speeding behavior of drivers with ADHD. *Journal of Attention Disorders, 20*, 1-16.


PRESENTATIONS


Ball, J. D. (August, 2011). Identification and Educational Planning of Students with Nonverbal Learning Disability (NLD). Workshop presented to faculty of Chesapeake Bay Academy, Virginia Beach, VA.

Ball, J. D. (October, 2011). Sleep and ADHD. Presented to Virginia Psychological Association Fall Conference, Virginia Beach, VA.

Blackman, J. S. (September, 2011). Psychopathology of adult dating. Grand Rounds presentation to Sentara Virginia Beach General Hospital, Virginia Beach, VA.

Blackman, J. S., & Warth, G. (November, 2011). Difficult patients. Grand Rounds presentation to Sentara Virginia Beach General Hospital, Virginia Beach, VA.


Deutsch, S. I. (February, 2012). N-methyl-D-aspartate (NMDA) receptor physiology-animal models of the social deficits of autism. Department of Internal Medicine Grand Rounds presentation to Eastern Virginia Medical School, Norfolk, Virginia.

PRESENTATIONS (continued)


Ware, J. C. (2012). *Sleep: Why waste the time?* Presentation to the Department of Psychology at the College of William and Mary, Williamsburg, VA.