

POLICY ON RESIDENT DUTY HOURS 2019

Resident work hours in the Department of Otolaryngology-Head and Neck Surgery, Eastern Virginia Medical School are scheduled as follows in order to maximize resident experience while optimizing patient care and ensuring patient safety:

1. Duty hours are defined as all clinical and academic activities related to the residency program, i.e., patient care (both inpatient and outpatient), administrative duties related to patient care, the provision for transfer of patient care, time spent in-house during call activities, and scheduled academic activities such as conferences. Duty hours do not include reading and preparation time spent away from the duty site.
2. Residents at the PGY2 and PGY3 level share primary call from home an average of every fifth day. This schedule assures that residents taking primary call have at least one day per week and at least one weekend per month free from clinical duties. There is no in-house call in our program. Residents taking at home call must count time spent in the hospital towards the 80 hour maximum weekly hour limit. Each visit to the hospital will not initiate a new "off-duty period," however, each episode will be included in the 80-hour weekly maximum. The program director and faculty will monitor the demands of at-home call and will make necessary adjustments to mitigate excessive service demands and/or fatigue.
3. Residents at the PGY4 and PGY5 level share back-up call from home every fifth or sixth weekday and every fifth or sixth weekend. Residents taking at-home call must count time spent in the hospital towards the 80-hour maximum weekly hour limit. Each visit to the hospital will not initiate a new "off-duty period," however, each episode will be included in the 80-hour weekly maximum. The program director and faculty will monitor the demands of at-home call and will make necessary adjustments to mitigate excessive service demands and/or fatigue.
4. Duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all in-house call activities.
5. Residents must be provided with 1 day in 7 free from all educational and clinical responsibilities, averaged over a 4-week period, inclusive of call. One day is defined as one continuous 24-hour period free from all clinical, educational, and administrative activities.
6. All residents may be scheduled to a maximum of 24 hours of continuous on-site duty, including in-house call. Residents must not be assigned additional clinical after 24 hour of continuous in-house duty. Residents may remain on duty for up to an additional 4 hours to participate in didactic activities, transfer care of patients, conduct outpatient clinics, and maintain continuity of medical surgical care. Residents who are post-call are the first to be dismissed when clinical responsibilities allow.

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7. PGY1 residents should have 10 hours, and must have eight hours, free of duty between scheduled duty periods. Adequate time for rest and personal activities must be provided between all daily duty periods and after in-house call.
8. PGY2-5 level residents must have at least 14 hours free of duty after 24 hours of in-house duty.
9. Moonlighting is not permitted.

Duty hours are monitored through the New Innovations Software Program which is required through the Graduate Medical Education Council of the Eastern Virginia Medical School. Duty hours are entered daily or weekly by the residents and monitored by the Chief Resident(s) on a monthly basis.

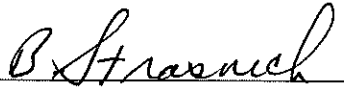
The Program Director reviews any discrepancies or violations on a monthly basis. Any violations are reported to the Graduate Medical Education Council of Eastern Virginia and appropriate action is taken according to institutional rules.



Eric Dobratz, M.D.
Director Residency Training
Department of Otolaryngology-Head and Neck Surgery

4/11/19

Date



Barry Strasnick, M.D.
Professor and Chairman
Department of Otolaryngology-Head and Neck Surgery

5/16/19

Date