

FIRST YEAR

Semester 1 – Fall (19 credit hours)

- AT 516 Clinical Case Conference (1)
- AT 521 Individual Counseling & Psychotherapy (3)
- AT 524 Processes & Materials of Art Psychotherapy I (4)
- AT 528 Theories of Human Psychological Development (3)
- AT 530 Psychopathology (3)
- AT 534 Introduction of the History & Theory of Art Therapy (1)
- AT 548 Assessment (3)
- AT 550 Practicum Fieldwork (1)



Semester 2 – Spring (15.5 credit hours)

- AT 520 Group Counseling & Psychotherapy (3)
- AT 529 Case Presentation Skills (1)
- AT 547 Individual Supervision I (1)
- AT 549 Processes & Materials of Art Psychotherapy II (4)
- AT 551 Practicum I (.5)
- AT 555 Internship I (2.5)
- AT 561, 563, 565 Child, Adolescent, or Adult Counseling & Psychotherapy Skills (1)
- AT 567, 670, 667 Group Supervision Counseling & Psychotherapy w/Children, Adolescents, or Adults (1.5)
- AT655 Trauma Informed Art Therapy (1)

Semester 3 – Summer (3 credit hours)

- AT 513 Reserach Methods & Program Evaluation (3)

SECOND YEAR

Semester 4 – Fall (11.5 credit hours)

- AT 607 Capstone II (1)
- AT 616 Clinical Case Conference II (1)
- AT 636 Cultural Competency (3)
- AT 646 Individual Supervision II (1)
- AT 650 Practicum II (.5)
- AT 656 Internship II (2.5)
- AT 660, 662, 664 Child, Adolescent, or Adult Counseling & Psychotherapy Skills (1)
- AT 569, 672, 669 Group Supervision Counseling & Psychotherapy w/Children, Adolescents, or Adults (1.5)



Semester 5 – Spring (13.5 credit hours)

- AT 607 Capstone III (1)* (optional research or publication)
- AT 617 Ethics & Professionalism (3)
- AT 647 Individual Supervision III (1)
- AT 649 Creativity, Symbolism & Metaphor (3)
- AT 651 Practicum III (.5)
- AT 657 Internship III (2.5)
- AT 661, 663, 665 Child, Adolescent, or Adult Counseling & Psychotherapy Skills (1)
- AT 571, 674, 673 Group Supervision Counseling & Psychotherapy w/Children, Adolescents, or Adults (1.5)

Electives offered:

- Art Therapy in the Schools
- Addictions
- Career Counseling
- Family Counseling and Psychotherapy

- Countertransference/Jung
- Exploration of the Psyche
- Medical Art Therapy

The EVMS Graduate Art Therapy and Counseling Program is approved by the American Art Therapy Association

Faculty

Mary Roberts, PhD, LPC-ACS, ATR-BC, ATCS
Program Director and Associate Professor

Matthew Bernier, MCAT, ATR-BC
Associate Professor

Eileen Douglas, MS, LPC, ATR-BC
Assistant Professor

Tim Sanderson, MD, ATR
Assistant Professor



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**Images used in the brochure are that of the Graduate Art Therapy and Counseling students.*

Master of Science in Art Therapy *and* Counseling



EVMS
SCHOOL OF
HEALTH PROFESSIONS

What is Art Therapy?

“Art Therapy is a mental health profession in which clients, facilitated by the Art Therapist, use art media, the creative process, and the resulting artwork to explore their feelings, reconcile emotional conflicts, foster self-awareness, manage behavior and addictions, develop social skills, improve reality orientation, reduce anxiety, and increase self-esteem.”

– American Art Therapy Association, arttherapy.org

EVMS Graduate Art Therapy and Counseling Program

is a Master of Science program based in growth oriented and reflective classroom, studio, community, and clinical experiences. EVMS' program is unique in that it is part of the Hampton Roads community. Our nationally and internationally renowned faculty have been preparing world class art therapists who are culturally responsive, community-involved, ethical professionals with successful careers for over 40 years.

Education and Curriculum

Our faculty members are talented educators and dedicated scholars who have been elected to state and national leadership positions in the Virginia Art Therapy Association (VATA) and the American Art Therapy Association (AATA). They apply a theoretically grounded pedagogy that engages students with both the pragmatic elements of practicing art therapy and the ongoing research that leads to improved care.

The pedagogical approach for the core faculty of our program is based on the principals of constructivism in which students actively engage in learning through collaborative and experiential experiences. Our faculty members encourage students to co-create knowledge through the integration of past life experiences, interaction with new content, reflection on learning and integration of experiences, and applying learning to internships and clinical work.



Why EVMS?

- Students are encouraged to develop their **own approach** to the practice of art therapy based on **theories in psychotherapy** and **art therapy**.
- Pre-internship clinical practice in assessment and basic skills with **simulated patients**.
- **Internships** provide students with three semesters (child, adolescent and adult) of hands-on experience in over 50 choices of settings throughout Hampton Roads.
- Areas of specialty are offered: **schools, medical, geriatric, and trauma informed art therapy, depth psychology/Jung, and license preparation**.
- The completion of a **master's capstone project** allows students to apply knowledge in the continuum of practice in art therapy, specialty areas of focus, and research.
- Personal art-making is required and supported by our **fully-stocked, 2,000-square-foot art-making studio**, open to students around the clock.
- **Service-learning** opportunities through community partnerships.
- Students are prepared to seek ATR (Registered Art Therapist) and LPC (Licensed Professional Counselor) **credentials**.

Work-Study Opportunities

- Three part-time Research Assistants
- Three part-time Program Assistants



Admissions Requirements

- Qualifying GPA (3.00 or better)
- U.S. Citizen or Permanent Resident
- Bachelor's degree completed
- All prerequisite coursework satisfactorily completed
12 semester credit hours of Psychology (must include Developmental, Abnormal, and Theories of Personality)
18 hours of Studio Art (must include Painting, Drawing, 3D/Sculpture, and Clay/Ceramics).
- - Online Application with fee
 - Official Transcript(s) from all academic institutions attended
 - Official TOEFL Scores (if applicable)
 - Two (2) Letters of Reference
 - Autobiographical Statement
 - Writing Sample
 - Personal Interview with Portfolio Presentation
- Official transcript(s) for any outstanding prerequisites and/or proof of enrollment in prerequisite courses
- Review the technical standards for the Graduate Art Therapy and Counseling Program at EVMS

Application Procedure

Visit www.evms.edu/arttherapy to apply online. For more information, call 757.446.5895 or email artthrp@evms.edu.