

# February 12-15

Patient-Centered Approach to Identification and Management of Substance Use Disorders

Experts in the field of addiction medicine will provide a four-day course on substance use disorders. Students and clinicians will be provided with tools to identify patients at risk and properly utilize motivational interviewing to enhance patient interactions. Additionally, this course will provide information about treatment options and local resources available to patients, as well as appropriate prescribing and management of pain.

The lecture series will be followed by a community networking event in collaboration with the M. Foscue Brock Institute for Community and Global Health. The purpose of this event is to connect students and providers on the front lines of healthcare with local community resources for patients and families affected by substance use disorders, including addiction medicine practices, community services boards and more. The goal is for each attendee to leave feeling better equipped to connect patients and their families with appropriate resources that will put them on a path toward hope and recovery.

**EVISION** PHYSICIAN ASSISTANT, MPA How does addiction affect my patient?

How should I approach a patient about substance use?

What treatment options are available to my patient?

How do I manage my patient's pain appropriately?

Be a part of the solution in helping fight addiction.

February 12 | 9 a.m. - 2:30 p.m. February 13 | 9 a.m. - 3 p.m. February 14 | 9:30 a.m. - 3 p.m. February 15 | 1 p.m. - 3 p.m.

Eastern Virginia Medical School Norfolk, VA 23501 757.446.7279

## PRESENTERS

#### Ajay Manhapra, MD

Dr. Manhapra received his Doctor of Medicine degree at MBBS Medical College in India. He completed his internal medicine residency at Henry Ford Hospital in Detroit and a Fellowship in Addiction Treatment at Yale School of Medicine. He is the Section Chief of Pain Management at the Hampton VA Medical Center. He has received several national awards and has spoken internationally on addiction and pain management.

#### David Langille, MD, FACEP

Dr. Langille received his medical degree at Dalhousie University Faculty of Medicine in Halifax, Nova Scotia. He then completed his emergency medicine residency at EVMS in 1991. He is currently one of the founding members of Right Path Treatment Centers now Brightview and works full-time specializing in addiction medicine.

#### Odesa Ochoa, PA-C

Ms. Ochoa is a native of Trinidad and Tobago. She received her Master of PA Science from Seton Hill University and holds a PhD in Public Health from Walden University. She began a career in addiction medicine over ten years ago at The Farley Center and currently works at the Hampton VA Medical Center. Her passion in combatting the opioid epidemic is matched by her determination to help families and those struggling with substance use and mental health disorder reflected in her motto "It's never too late to change."

#### **David Arthur**

Mr. Arthur obtained his bachelor's degree in Psychology from Virginia Commonwealth University while working as a mental health technician at Tucker's Psychiatric Pavilion in Henrico, Virginia. He obtained his Physician Assistant degree from EVMS and had over 7 years of experience in Emergency Medicine before transitioning into Psychiatry. His areas of interest include suboxone treatment for opiate use disorder and substance use disorders. He currently works as part of the next day access clinic at Sentara Norfolk General Hospital.

#### Stephanie Peglow, DO, MPH

Dr. Peglow earned her Doctor of Osteopathic Medicine degree from West Virginia School of Osteopathic Medicine. She completed her psychiatry residency at EVMS and Addiction Psychiatry Fellowship, Advanced Fellowship in Addiction Research, and a Master's in Public Health at Yale University. Her research interests are in health policy of addictions, disparities in opioid use disorder treatment, and innovative and harm reduction models for addiction treatment.

#### Jennifer Hanner, MD, MPH

Dr. Hanner is a Norfolk native. She earned her medical degree from the University of Virginia and completed psychiatry residency training at the Johns Hopkins Hospital. She then completed fellowships in Addiction Psychiatry at Columbia University and Consultation-Liaison Psychiatry at New York University. Dr. Hanner is an Associate Professor of Psychiatry at EVMS, serving as a Community Faculty member.

#### Jonathan Lee, MD, MBA

Dr. Lee is Medical Director at the Farley Center in Williamsburg, Virginia. He is board certified with the American Board of Psychiatry and Neurology, Internal Medicine, and Addiction Medicine. He is Co-Chair of the Physicians' Health Committee for the American Academy of Addiction Psychiatry. Dr. Lee serves as Co-Chair of the Education Committee for the Virginia Society of Addiction Medicine.

#### **Edward Logan**

Mr. Logan began his career in 1982 when he joined the Philadelphia Police Department where he joined the DEA Task Force. He then became a Diversion Investigator for the Philadelphia Division of the DEA in 2011. He has held several positions and is now the Diversion Group Supervisor for the Washington Division. He focuses on collaborating with the community and healthcare professionals to ensure compliance and prevent diversion.

## **PATIENT PANELISTS**

Michael Bohan Timothy Brown Branden Connelley Cynthia Dorr Frank Gragnano Robert Steele Jeffrey Wolf

## AGENDA

#### Patient-Centered Approach to Identification and Management of Substance Use Disorders

#### Monday, February 12 | Roper Auditorium

TIME	TITLE	PRESENTER
9:00 a.m. 9:45 a.m.	Welcome/A Personal Story of Addiction Break	Angela Conrad, PA-C
10:00 a.m.	Introduction to Opioid Use Disorder	Ajay Manhapra, MD
11:00 a.m.Break 11:15 a.m.	Identify and Assess a Patient's Risk of OUD	Odessa Ochoa, PA-C
12:15 p.m. 1:00 p.m.	Lunch Patient Panel	Panelist Presenters

#### Tuesday, February 13 | Roper Auditorium

TIME	TITLE	PRESENTER
9:00 a.m.	Patient Case: Addiction Medicine	David Langille, MD
10:30 a.m.	Break	-
10:45 a.m.	Prescribing Controlled Substances: A DEA Perspective	Edward Logan, DEA agent
12:00 p.m.	Lunch	
1:00 p.m.	Patient Case: Motivational Interviewing and Treatment of OUD	Stephanie Peglow, DO
2:00 p.m.	Principles of Safe Opioid Prescribing	David Arthur, PA-C

#### Wednesday, February 14 | Roper Auditorium

TIME	TITLE	PRESENTER
9:30 a.m. 10:30 a.m.	Overview of Stimulants, Hallucinogens, and Club Drugs Break	Jennifer Hanner, MD
10:30 a.m. 10:45 a.m. 11:45 a.m.	Case Discussion: Synthetic Hallucinogens Lunch	Jennifer Hanner, MD
1:00 p.m. 2:00 p.m.	Assessment and Treatment of Alcohol Use Disorder Management of Acute Alcohol Withdrawal	Stephanie Peglow, DO Jonathan Lee, MD

#### Thursday, February 15 | Waitzer Hall 200

ТІМЕ	TITLE	PRESENTER
1:00 p.m.	Community Networking Event: Community Resource Panel & Networking	Community Partners