

**WHAT SHOULD I DO?**  
**Student and Program COVID-19 Protocols and Testing Instructions**

4/28/21

**What students and programs should do if a student has COVID-19 symptoms or thinks he/she may have been exposed to COVID-19 in a non-clinical setting.**

**I. STUDENT PROTOCOL – IF YOU HAVE COVID-19 SYMPTOMS OR THINK YOU WERE EXPOSED TO COVID-19**

If you think you were exposed to a COVID-19 positive person, a Person Under Investigation (PUI), or have developed symptoms that you think might be consistent with COVID-19 please follow the instructions listed below. You will need to have basic information about the COVID-19 positive person you were exposed to, including the date of the contact/exposure and the date the COVID-19 positive person was tested (if known).

**STEP 1: TAKE THIS ACTION.**

- If you have been fully vaccinated and are not experiencing symptoms: You can remain in educational activities. You do not need to take further action unless you begin to show symptoms (then complete Step 2).
- If you have symptoms: GO HOME (if on campus or at a clinical rotation) or STAY HOME and contact the appropriate person in your program, as indicated below, and advise them that you will not be in the learning environment until cleared by Student Health. Complete Step 2.
  - Health Professions students (other than Medical Masters students) should contact their Program Directors.
  - Medical Masters (MM) and Doctor of Medicine (MD) students should complete the [EVMS MD and MM Leave Policy Reporting Form](#).
- If you believe you were exposed to COVID-19: Notify the appropriate person in your program, as indicated below, and complete Step 2 from your current location.
  - Health Professions students (other than Medical Masters students) should contact their Program Directors.
  - Medical Masters (MM) and Doctor of Medicine (MD) students should complete the [EVMS MD and MM Leave Policy Reporting Form](#).

If you have gone for testing at an outside facility (e.g. Velocity Urgent Care, Patient First, etc.) and have been told not to return to campus: **NEGATIVE TEST RESULTS DO NOT AUTHORIZE YOU TO RETURN TO EDUCATIONAL ACTIVITIES. THE FOLLOWING STEPS MUST BE FOLLOWED IN ORDER TO BE CLEARED TO RETURN TO EDUCATIONAL ACTIVITIES.** STAY HOME and provide your doctor's note to the appropriate person in your program, as indicated below. **You may not return to the learning environment until cleared by Student Health. Contact Student Health at 757.446.5700.**

- Health Professions students (other than Medical Masters students) should contact their Program Directors.
- Medical Masters (MM) and Doctor of Medicine (MD) students should complete the [EVMS MD and MM Leave Policy Reporting Form](#).

**STEP 2: TAKE THE SCREENING SURVEY AND NOTE YOUR DISPOSITION.**

- If you have symptoms (regardless of vaccination status) or are unvaccinated or partially vaccinated, complete and submit the [REDCap EVMS/EVMS Medical Group Exposure Survey](#).

- When you click on the button to submit the survey, you will see a “disposition” based on your responses. **Read the disposition carefully and print it if possible.**

### **STEP 3: DO AS FOLLOWS BASED ON YOUR DISPOSITION NOTICE.**

- Low Risk Disposition: Notify your Program. **You may remain in educational activities.**
- High Risk Disposition: **GO HOME IMMEDIATELY (if on campus or at a clinical rotation) or STAY HOME. You may not return to educational activities until Student Health clears you for return. You must also:**
  - Notify your program of your disposition:
    - a. Health Professions students (other than Medical Masters students) should contact their program directors.
    - b. Medical Masters and Doctor of Medicine students should complete the [EVMS MD and MM Leave Policy Reporting Form](#).
  - Complete the [Close Contact Report](#) and provide it to Student Health.
  - If Student Health has not contacted you by noon the next business day, call them at 757.446.5700.

### **STEP 4: FOLLOW THIS STEP ONLY IF STUDENT HEALTH TELLS YOU THAT YOU NEED TO BE TESTED FOR COVID-19**

- If Student Health tells you that you need to be tested for COVID-19, call the EVMS Medical Group Quality Office at 757.451.6232 to schedule your drive-through testing. Testing is available by appointment only.
- Print applicable self-monitoring form ([Symptomatic](#) or [Asymptomatic](#)) from the EVMS COVID-19 website and start monitoring your symptoms according to the instructions on the form. Failure to follow the instructions on the form will delay your return to educational activities clearance.
- Test results are provided via phone by the EVMS Medical Group Quality Office. (Please note that Student Health does not provide test results.) On average, it takes 3 days to receive test results, but it could take longer.
  - Negative test results are provided during normal business hours Monday-Friday.
  - Positive results are provided as soon as test results become available to the EVMS Medical Group Quality Office.

### **NEGATIVE TEST RESULTS DO NOT AUTHORIZE YOU TO RETURN TO EDUCATIONAL ACTIVITIES. THE FOLLOWING STEPS MUST BE FOLLOWED IN ORDER TO BE CLEARED TO RETURN TO EDUCATIONAL ACTIVITIES.**

- When you receive your test results, contact Student Health by phone at 757.446.5700 or email at [studenthealthclinic@evms.edu](mailto:studenthealthclinic@evms.edu). They will provide you with further instructions regarding your return to educational activities clearance.
- At the appropriate time, based on the instructions in the self-monitoring form (Step 4 above) or your communication with Student Health, you will need to send your self-monitoring form to Student Health. Student Health will then review your test results and self-monitoring form to ensure that you have met the return to educational activities clearance criteria. They will then issue you a return to educational activities clearance notification, if indicated.

- If you are not cleared to return to educational activities, Student Health will inform you of the required next steps to be taken before you can be cleared. **YOU MAY NOT REPORT TO EDUCATIONAL ACTIVITIES UNTIL CLEARED BY STUDENT HEALTH.**

## II. EDUCATIONAL PROGRAM PROTOCOL

If you are notified that a student thinks that they have COVID-19 symptoms or thinks that they may have been exposed to COVID-19 or if you notice a student with symptoms:

Step	Document Action
<b>Step 1</b>	
<i>If the student is on campus, at a clinical rotation or at home and notifies you that they have symptoms:</i>	Tell them to stay home or go home and complete Step 2 of the student protocol. They will receive a disposition from the screening survey.
<i>If you notice a student with symptoms:</i>	Send them home immediately and direct them to complete Step 2 of the student protocol. They will receive a disposition from the screening survey.
<i>If the student is at home or at educational activities and tells you they think they have been exposed to a COVID-19 positive person:</i>	If the student has symptoms (regardless of vaccination status) or is unvaccinated or partially vaccinated, tell them to complete Step 2 of the student protocol. They will receive a disposition from the screening survey. Note that If the student has been fully vaccinated and currently does not have any symptoms, their exposure to COVID-19 is low risk. They do not need to complete the REDCap Survey and may remain in educational activities.
<i>If the student tells you they have been tested at an outside testing facility (Velocity Urgent Care, Patient First, etc.) and has been instructed not to return until they have test results:</i>	They must provide you with a doctor's note and must be cleared by Student Health before they can return to educational activities.
<b>STEP 2:</b>	

Low-Risk Designation	Student may remain at educational activities or, if at home, return to educational activities on the schedule agreed upon by you and the student.
High-Risk Designation	<ul style="list-style-type: none"> <li>• Student must go home immediately or, if at home, remain home and may not return to educational activities until cleared by Student Health.</li> <li>• Send the student the template email (see template)</li> <li>• Be sure to collect the <a href="#">Close Contact Report</a></li> </ul>
<b>STEP 3:</b> If the student received a high-risk designation:	<p>Call all students and/or others who are listed as having close contact from the Close Contact Report and then send them the template email from Step 2. Repeat as necessary.</p> <p>Done On:</p>
<b>STEP 4:</b> If the student has been in the classroom or in other on campus activities complete the <a href="#">COVID-19 Housekeeping Protocol/Request Form for Cleaning/Disinfecting</a> .	Done On:

**III. Communications/Questions**

*Q. Does everyone in the building with or who may have seen the COVID-19 positive student need to self-quarantine?*

A. No. Only persons with whom the student was in close contact as indicated on the [Close Contact Report](#) need to self-quarantine or potentially be tested. All other persons are considered to be at low-risk and may return to educational activities immediately, even if the student ultimately tests positive for COVID-19. (Close Contact is defined as: a) being within 6 feet of a person with confirmed COVID-19 for more than 15 minutes where at least one of the parties is not wearing a mask **or** b) having direct contact with infectious secretions or excretions of the person with confirmed COVID-19 where at least one of the parties is not wearing a mask.)

*Q. Will EVMS notify the entire campus that a student has symptoms or thinks they have been exposed?*

A. No. EVMS as an institution has to balance the requirements of the privacy of personal health information with the need to notify students of potential risk. In general, EVMS will not be sending out campus-wide communications about individual incidents that are determined to be low risk and limited to a particular lab or set of offices. EVMS will work with exposed or infected students and the Virginia Department of Health to identify other students who will need to self-isolate and self-monitor.

*Q. What if a student fails to follow the protocol or to return the required [Close Contact Report](#)?*

A. Unless there are extenuating circumstances, students are required to follow the protocols outlined and could be subject to disciplinary action for not following EVMS directives. See the [Universal Masking Policy and Disciplinary Action](#) Process PowerPoint.