

EVMS

Eastern Virginia Medical School

Eastern Virginia Medical School
Continuing Medical Education
Post Office Box 1980
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EVMS

Eastern Virginia Medical School

PRESENTED BY THE
Division of Endocrine and Metabolic Disorders
Eastern Virginia Medical School

6TH ANNUAL

*Turning the tide
on diabetes 2019*

Current Diabetes Management
Saturday, March 30, 2019

EVMS Lester Hall
651 Colley Avenue, Norfolk, VA

7.25 AMA PRA Category 1 Credits™



INFORMATION

TARGET AUDIENCE

This program is designed for endocrinologists, diabetes and metabolism specialists, family medicine physicians, internists, physician assistants, nurse practitioners, nurses, dietitians and other interested professionals.

ACCREDITATION

Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

Eastern Virginia Medical School designates this live activity for a maximum of *7.25 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

ABIM MOC Credit

This activity has been approved for credits towards the ABIM MOC.

REGISTRATION

The registration fee includes meals and e-syllabus. If you would prefer a printed syllabus, please check the box in the registration section (additional fee).

PURPOSE

The last few years have witnessed some of the greatest breakthroughs in diabetes management since the discovery of insulin. We have gone from two classes of drugs for glycemic control to 14 classes. Gluco-centricity is also being placed in its correct perspective and personalized medicine has replaced it with a multifactorial regimen, addressing the complexity of risk that accompanies diabetes. For the first time we have real compounds that

reduce cardiovascular events and even combat congestive heart failure. There is now a new recognition of the relationship between hypertension and renal dysfunction that compromises cardiac function. We have finally conceded that insulin resistance should surrender its crown and that the central role of beta cell function be given the recognition it deserves.

CANCELLATION POLICY

All cancellations must be made in writing prior to Friday, March 15, 2019 in order to receive a refund. No refunds will be given after this date. A \$50.00 administrative service charge will be assessed on ALL cancellations.

SPECIAL SERVICES

The Americans with Disabilities Act of 1990 requires that all individuals, regardless of the disability, have equal access. If special arrangements are required to attend this conference, contact EVMS Continuing Medical Education at: 757-446-6140.

HOTEL ACCOMODATIONS

Arrangements have been made to offer special rates at the following hotel:

Residence Inn Downtown Norfolk Marriott
227 W. Brambleton Avenue, Norfolk, VA 23510
Rates: \$121/night king suite; \$131/queen suite (2 beds)

To make reservations call 1-866-941-3724 and reference EVMS Diabetes Conference 2019.

ADDITIONAL INFORMATION

For more information and directions to Lester Hall, please visit our website at www.evms.edu/cme and click on Turning the Tide on Diabetes 2019, contact EVMS Continuing Medical Education at 757-446-6140 or email cme@evms.edu.

OBJECTIVES

- Examine some of the newer concepts regarding pathogenesis of type 1 and type 2 diabetes.
- Select the most appropriate therapeutic strategies for all age groups in both type 1 and type 2 diabetes including oral agents, injectable agents, insulins and insulin pumps.
- Recognize the cardiovascular benefits of some of the newer diabetes medications.
- Apply the latest diagnostic and management strategies for co-morbidities and complications of diabetes including dyslipidemia, hypertension, renal failure, heart failure, neuropathy, nephropathy, PCOS and NAFLD.
- Implement practical application of nutrition and exercise in the management of diabetes.

SCHEDULE

7:15 am	REGISTRATION		
7:45 am	OPENING REMARKS Elias S. Siraj, MD, Dr Med		
	General Session I <i>Moderator: Elias S. Siraj, MD, Dr Med</i>		
8:00 am	Combination Therapy in T2DM: It Really Works Ralph A. DeFronzo, MD		
8:40 am	Diabetes Medications and Cardiovascular Outcomes: SGLT-2 Inhibitors vs Incretins Mikhail N. Kosiborod, MD		
9:20 am	Updates on Management of Hypertension in Patients With and Without Diabetes George L. Bakris, MD		
10:00 am	Panel Discussion George L. Bakris, MD; Ralph A. DeFronzo, MD; and Mikhail N. Kosiborod, MD		
10:20 am	BREAK		
	General Session II <i>Moderator: Aaron I. Vinik, MD, PhD</i>		
10:50 am	Diabetic Nephropathy: A Preventable Complication Ralph A. DeFronzo, MD		
11:20 am	Management of Diabetic Neuropathies Aaron I. Vinik, MD, PhD		
11:50 am	Practical Approach to Nutrition and Exercise in the Management of Diabetes Sheri Colberg-Ochs, PhD		
12:20 pm	LUNCH		
			General Session III <i>Moderator: Margaret Y. Baumgarten, MD</i>
		1:20 pm	How to Properly Use Oral Agents and GLP-1 Analogs Elizabeth B. Jenkins, MD
		1:45 pm	Inpatient Management of Diabetes Including Transition to Ambulatory Care Donald W. Richardson, MD
		2:10 pm	Appropriate Use of Various Types of Insulin in the Management of Diabetes David C. Lieb, MD
		2:35 pm	Case Scenarios for Discussion with Panelists Elias S. Siraj, MD, Dr Med
		3:20 pm	BREAK
			General Session IV <i>Moderator: John E. Brush, Jr. MD</i>
		3:50 pm	PCOS and Insulin Resistance: Approach to Diagnosis and Management Silvina Bocca, MD
		4:20 pm	Diabetes in the Elderly: What are the Special Issues and Concerns? Robert M. Palmer, MD
		4:50 pm	Non Alcoholic Fatty Liver Disease (NAFLD): Approach to Diagnosis and Management Michael Ryan, MD
		5:20 pm	CLOSING REMARKS Elias S. Siraj, MD, Dr Med



Sentara Norfolk General Hospital

Ranked #31 in Diabetes and Endocrinology

Serving as a destination medical center in the Mid-Atlantic region, Sentara Norfolk General Hospital features the nationally ranked Diabetes and Endocrinology program. Our ranking of 31st in the nation is the result of our collaboration with the internationally renowned endocrinology experts at the **EVMS Strelitz Diabetes Center**. The Sentara and Eastern Virginia Medical School team is focused on providing the quality care you expect from a nationally ranked top-31 program.

COURSE DIRECTOR
ELIAS S. SIRAJ, MD, DR MED, FACP, FACE

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Cardiovascular and Diabetes Program
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Chief, Division of Endocrine and Metabolic Disorders
Director, Strelitz Diabetes Center
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PROGRAM COMMITTEE

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EVMS FACULTY

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Murray Waitzer Endowed Chair for Diabetes Research
Professor of Medicine/Pathology/Neurobiology
Director of Research & Neuroendocrine Unit

REGISTRATION TURNING THE TIDE ON DIABETES | MARCH 30, 2019

NAME _____

DEGREE _____ SPECIALTY _____

SOCIAL SECURITY NUMBER (Last 4 digits only) _____

FOR ABIM CREDIT ONLY REGISTRY # DOB

MAILING ADDRESS _____

CITY / STATE / ZIP _____

PHONE _____

E-MAIL ADDRESS (For Electronic Confirmation) _____

COURSE REGISTRATION FEE

- \$ 200.00 Physicians
- \$ 100.00 Allied Health Professionals
- \$ 100.00 Non-EVMS Residents
- No charge EVMS Residents / Fellows
- \$ 25.00 Printed Syllabus

MEALS

- I will require a vegetarian meal. (For other dietary restrictions contact the CME office at 757-446-6140.)

REGISTER ONLINE

Register online at www.evms.edu/cme. Click on Turning the Tide on Diabetes 2019. Credit card only.

REGISTER BY MAIL

Mail your completed form and check payable to EVMS-CME to: EVMS-CME, 358 Mowbray Arch, Suite 207, Norfolk, VA 23507

EVMS-CME USE ONLY

CHECK #	AMOUNT OF CHECK
DATE ENTERED	CONFIRMATION