



Virginia Mental Health Access Program



The Virginia Mental Health Access Program (VMAP) is a statewide initiative that helps health care providers take better care of children and adolescents with mental health conditions through provider education and increasing access to child psychiatrists, psychologists, social workers, and care navigators.

VMAP is here for you and your patients!

VMAP is working hard to offer needed mental health services to PCPs and their patients. We have several resources available to you now and will continue to update practices as our services grow.

Services available in your region

In your region VMAP offers you several resources for **FREE**:

- Access to **on-call child and adolescent psychiatrists, psychologists, and social workers** available to consult with you 40 hours a week.
- **Care navigation** for your patients who need additional resources and referrals outside of the primary care setting.
- Year-round **education and training opportunities** on managing pediatric mental health for providers.
- **COMING SOON!** Telehealth visits for patients needing additional support.

How can I get started with VMAP?

www.VMAP.org – Register and learn more about upcoming educational programs

Call us during business hours* at **(888) 371-VMAP(8627)** or request a consult at bit.ly/VMAP-Consult

Our Call Center staff will need the following information:

- Provider details and call back number
- Child information — name, DOB, insurance, zip code
- Reason for the call and relevant background information
- Patients must be 21 years or younger

**Consult Line Hours:*

Monday - Friday, 9:00a.m. - 5:00p.m.

How much will this cost my practice?

VMAP is a federally and state funded mental health access program for PCPs that is available to you at **NO COST**.

www.vmap.org • info@vmap.org

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