

# Advanced Practice Providers in Urology

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# APPs In Urologic care

**Integrating APPs into urologic care  
will IMPROVE:**

- Patient access
- Patient outcomes
- Patient satisfaction

**Integrating APPs into urologic care  
will DECREASE:**

- Workload
- Burnout

# The Need for APPs in Urologic Care

- Urologist Shortage
  - Aging population and longer life spans
  - 30% of Urologists over the age of 65 (AUA)
  - 50% of Urologists over the age of 55 (AUA)
  - There will be a continued decline in urologists per capita through 2060



# The Need for APPs in Urologic Care

## Options Going Forward:

### **Maintain Traditional Physician-Only Led Care**

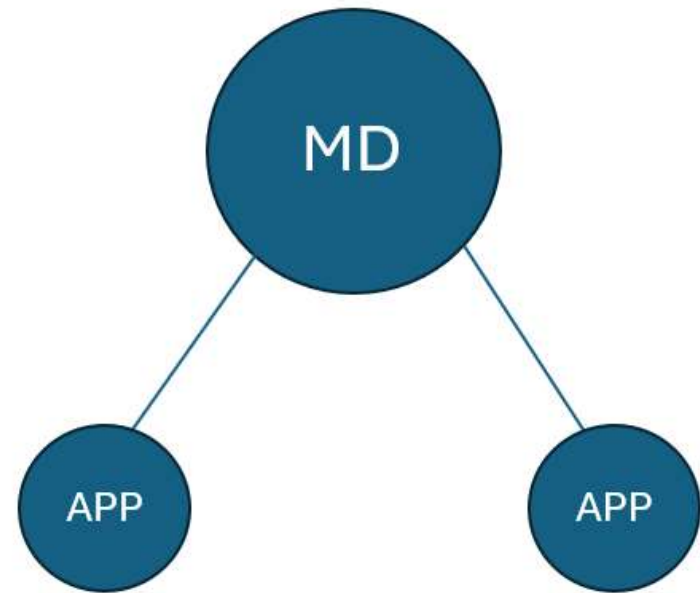
- Provide care to 1.78 million people with 20 physicians
- Selectively treat urgent diagnoses only
  - Cancer
  - Retention
  - Obstructing ureteral stones

### **Incorporating APP/Physician Led Care**

- Physician / APP led care
- Continue to provide care for all urologic disease states
- APPs allow physicians to work at the stop of their License

# APPs In Urology: Office Based Subspecialized Care

**Goal 1-2 APPs per MD**

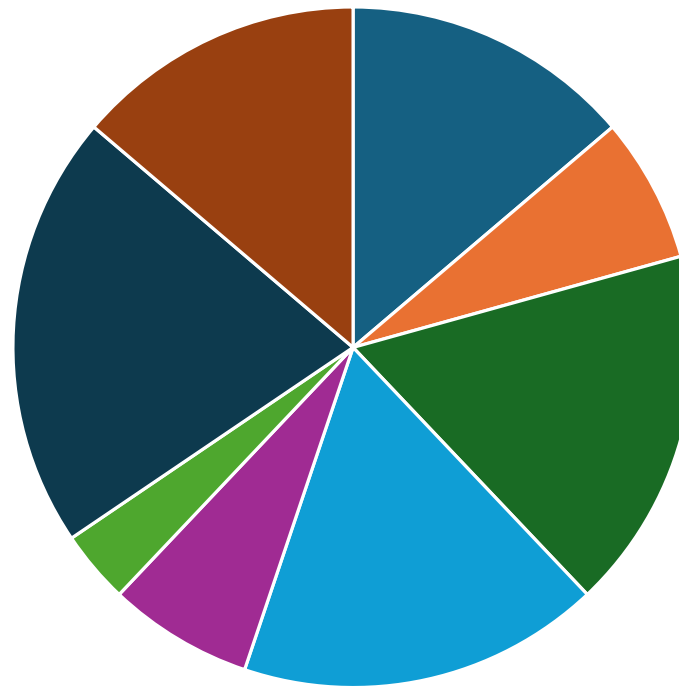


# APPs In Urologic Care: Training Process

- Robust 12 week training program with exposure to every subspecialty
  - APPs train equally with MDs and APPs
- Hospital Training
- Textbooks readings / Audio Lectures about challenging concepts
- Heavily guideline-based care
- Routine check-ins with Lead APPs and management team

# APPs In Urologic Care Subspecialty Areas

APPs with Urology of Virginia



■ Hospital Based ■ PM Hospital Coverage ■ Mens Health ■ General ■ Womens Health / Reconstructive Urology ■ Stone Disease ■ Cancer ■ Acute Care

# APPs In Urology

## Procedural Care

- Transrectal US + Cystoscopy in workup for BPH surgery
- Prostate Biopsy
- MRI Fusion Prostate Biopsy
- Cystoscopy + Stent Removals
- Penile Injections for ED
- Cystoscopy + Bladder Botox
- Testosterone Pellet Insertion



# APPs In Urology

## Procedural Care

### **Physician Only Care: Wait times**

- BPH Screen: 2-3 months
- MRI fusion biopsy: 3-4 months

### **APP/Physician led care: Wait times**

- BPH Screen: 2 weeks
- MRI Fusion Biopsy: 2-4 weeks  
(depending on office vs OR)

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# Conclusion

- APP integration into Urology is best solution to combat physician shortage
- Hampton Roads patients will receive excellent urologic care from MD / APP team
- Setting patient expectations starts with PCP