

**Support for Substance Use Disorder in Pregnant & Parenting Women
CSB COMMUNITY SERVICES & RESOURCES, EASTERN VIRGINIA**

	Chesapeake Integrated Behavioral Healthcare	Colonial Behavioral Health	Hampton Newport News Community Services Board	Eastern Shore CSB	Middle Peninsula Northern Neck CSB	Norfolk CSB	Portsmouth Department of Behavioral Healthcare Services	Virginia Beach Department of Human Services (Behavioral Health Services)	Western Tidewater CSB
Physical Address	224 Great Bridge Blvd, Chesapeake, VA 23320	1657 Merrimac Trail, Williamsburg, VA 23185	300 Medical Dr, Hampton, VA 23666	2433 Lankford Highway Tasley, VA 23441	Gloucester Counseling Center - 9228 George Washington Memorial Hwy Gloucester, VA 23061 Warsaw Counseling Center - 414 Main St, Warsaw, VA 22572 (804) 333-3671 Both clinics offer morning and evening options for ASAM level 1 and 2.1	7460 Tidewater Dr., Norfolk, VA	1811 King Street, Portsmouth, VA 23704	3432 Virginia Beach Boulevard, Virginia Beach, VA	Suffolk Services Center, Godwin Commerce Park 1000 Commercial Lane Suffolk, VA 23434 Franklin Services Center, 200 E. Second Ave. Franklin, VA 23851 Smithfield Services Center, 1801 S. Church Street Smithfield, VA 23430
Point of Contact(s)	SA Case Management: Kim Lucas, 757-819-6240 Roger C. Fike, 757-819-6247 and Tany Adan, 757-819-6261 Adult Outpatient and Intake: Danyell Collins-Facteau, 757-819-6116	Central Access Services Department: 757-220-3200 Karen Smallwood, CA Acting Manager Cindy Levy until June 30 Amber Kuszak, LCP	South Eastern Family Project: Tambrya Klemer, 757-245-1070 South Eastern Family Project and Hampton Roads Clinic: Lillian Chamberlain, 757-240-5268 Project Link: Katalin Cannady, 757-788-0547	Shenay Wharton, 757-665-5041 Molly Walker, 757-710-7263	Front Office: 804-693-5057 SUD Services: Paige Rowlett, 804-695-8102 or Ashley Williams, 804-695-8123 Warsaw Office: Valarie Lovino, 804-333-3671	Stacey O'Toole, Program Manager (757-448-8906) Jacqueline Spratley-Brock, Clinical Coordinator, (757-664-6670) Norfolk CSB Intake (757-756-5600)	Pathways Center (Main Number) - 757-385-6956 Project LINK- Michela Allen, 757-385-0810 Pathways Center- Theresa Newman, LPC 757-385-6955 Opioid Treatment and Recovery Services - Sandra Love, 757-385-0873 Peer Recovery Specialist- Angela Tate, 757-402-6190	Until COVID is over new consumers can call our certified screening line - 757-758-5106 (they can get linked to SA services from this point)	
Access to Services	Call the main number: 757-547-9334 and request to speak to intake, outpatient, psych services, or substance abuse case management	Contact Central Access Services Department (see above)	Call Tambrya Klemer at 757-245-1070 and make a referral. A screening will be schedule and if the individual meets the criteria, admission will be coordinated.	Same Day Access, Preferred slots	Call 804-693-5057 for same day access program is held every: Monday, Tuesday, Wednesday and Friday beginning at 8:30 am First come, first served (clients are encouraged to arrive early)	Visit centralized intake office - 7447 Central Business Park Dr. M-Th 8:00-12:30 During COVID-19 restrictions, individuals will be offered scheduled appointments (757-756-5600, press option 2)	Complete an assessment through Same Day Access department for screening and program assignment	Access Project LINK services directly by calling the Project LINK Team Leader at 757-385-0810. Parenting and Pregnant women should call 757-385-6956 for short term residential services and Opioid Services for MAT referrals/funding.	Visit the walk in clinic on Monday, Tuesday, or Thursday from 9 a.m. to 2 p.m. Schedule an assessment by calling 757-262-6690 for an appointment.
Insurance	Assistance with applying: Yes, referrals to Department of Social Services or Chesapeake Social Services Turnaround Time: 30-45 days	Assistance with application: Yes Turnaround time: One month	Assistance with applying: Yes Turnaround time: One month to several weeks	Yes Turnaround time: 30-45 days	Assistance with applying: Yes Turnaround: TBD	Assistance with applying: Yes Turnaround time: 30-45 days	Assistance with application: Yes Turnaround time: 2-4 weeks	Assistance with application: Yes Turnaround time: Roughly 2-6 weeks	
Grant Funding Available	Yes Services covered: Methadone, Buprenorphine, Residential Treatment Services	Yes Services covered: Methadone, Buprenorphine, Residential Services, IOP	Yes; SARPOS for Hampton and Newport News residents only	Yes Services covered: Buprenorphine, PRS, SMART Recovery	Yes, if clients qualify Services covered: inpatient detox, residential, methadone, suboxone, naltrexone, vivitrol, case management, treatment groups, drug screens, and assistance with transportation	Yes Services provided: Methadone, Buprenorphine, Residential treatment services, State Opioid Response services. Funding also available for referrals to residential treatment providers	Yes; Federal Substance Abuse, Prevention and Treatment Block Grant (SAPT-BG) for treatment or access to the Substance Abuse Residential Purchase of Services (SARPOS). State Pregnant and Postpartum Women Grant (PPW) funds are available to pay for educational parenting supplies, residential treatment, transportation assistance, emergency food, diapers, formula and childcare. Methadone, Buprenorphine and residential treatment services are covered under these grants as well.	Yes, SARPOS funding available for residential treatment. There is also funding to provide buprenorphine to those who have completed induction at a detox center (short staffed at this time)	
Methadone Treatment	No Referrals to Behavioral Health Group	No	No, Referrals to Hampton Newport News CSB/ Hampton Roads Clinic	No	No Referrals: American Addiction Treatment Center; Other providers if requested, as insurance allows	Yes, in house	Yes, In House Referrals: BHG Portsmouth	No; Referrals to the Virginia Beach Methadone Clinic (individuals with SA Opioid diagnosis in active addiction)	No Referrals: Crossroads of BHG
OBOT/ Buprenorphine Treatment	No; In process of developing OBOT Referrals to: Meridian Psychotherapy, BHG, Right Path or other providers	Yes, In house	No, Referrals to Hampton Newport News CSB, Partners in Recovery	Yes	No Referrals: Dr. Pleasants	Yes, in house	Not currently; launching Mid-May	Yes, In house at Pathways Center. Pregnant women are referred to the Emergency Department. Referrals to the Virginia Beach Methadone clinic or to private practices if the client has insurance.	Yes- In house; only if induction has been completed at a detox facility
Vivitrol (IM Naltrexone) Treatment	No Referrals n/a	Yes, In house	No, Referrals to Hampton Newport News CSB, Partners in Recovery	Yes	Yes, In house Referrals: Colman Institute as needed	Yes, in house	No; Referrals to PCP or other clinician that can provide the service	Yes, In house at Pathways Center. Referrals to private providers as insurance allows.	Yes- In house; only if induction has been completed at a detox facility
Intensive Outpatient Program (IOP)	Yes, In house	Yes, In house		No	In house for all who meet criteria for 2.1 Referrals: Chesapeake counseling also has an IOP that accepts commercial insurance that does not cover our IOP	Yes	Yes; program specific to women	Yes, Adult Outpatient Services for Individual and Group Therapy. Adult Day Treatment available for partial hospitalization services.	Yes; Participation must be court ordered
Residential Treatment Program	No, Referrals to: Boxwood Recovery Center, Phoenix House, Safe Harbor	No, Referrals: (Detox) The Farley Center for detox, Virginia Beach Psychiatric Center, Pathways; (SUD Residential) Phoenix House, Galax, Southeastern Family Project, RBHA, others as insurance allows	Yes, South Eastern Family Project	No Referrals to: The Phoenix House, Galax Center	No Referrals: South Eastern Family Project	No Referral: based on need and available bed space	Yes; Portsmouth Recovery House	No; Referrals to the Hampton Newport News CSB's Southeastern Family Project, Galax SA, and Boxwood.	No; Referrals dependent on insurance: Pathways in Virginia Beach if they do not have insurance; Richmond Behavioral Health, Galax Treatment Facility, or Southampton Memorial Hospital for detox services
Pregnant/Parenting Women	No Referrals to: Phoenix House and Southeastern Family Project	No formal program; have helped these populations as part of our SUD case management services, IOP, weekly group or individual counseling, psychiatric services, MAT services, etc.	Yes; Project Link/South Eastern Family Project	No	No; Referrals: South Eastern Family Project	No Referral: based on need and available bed space	No	Yes, Project Link Referrals to the HNCSB-South Eastern Family Project	No; Referrals: Southeastern Family Project (HNCSB), ForKids, and Genieve Shelter
Peer Recovery Specialists	Yes, In house	Yes, In house Referrals: Spirit Works	Yes; South Eastern Family Project Referrals to services in their home locale upon D/C	Yes	Yes	Yes; they also support the warm line	Yes	Yes; Peer Recovery Specialists work FT and Pin different service areas, e.g. SOR, Project LINK, and Adult Outpatient services	Yes - Two peer recovery specialists who work for the agency and help co-facilitate SA group therapy & provide additional support
Case Management Services	Yes	Yes	Project Link and providers in their home locale upon D/C	TBD	Yes	Yes; Care coordination services are also available	Yes; MH/CA case management services	Yes; In house case management services	Yes- substance abuse and mental health case management services are available
Received/Updated	5/11/20	4/28/20	5/7/20	4/27/20	4/27/20	4/27/20	4/27/2020 (Received: 4/28/2020)	4/27/20	4/27/20
Submitted by	Roger Fike	Cindy Levy	Tambrya Klemer	Molly Walker	Ashley Williams		Dr. Bonita Jackson-Vergara	Bridget Manyak	Gabrielle Pascual

**Support for Substance Use Disorder in Pregnant & Parenting Women
COMMUNITY PARTNER SERVICES & RESOURCES, EASTERN VIRGINIA**

	The Up Center	GMA Interventions	Meridian Psychotherapy
Address	Portsmouth Location, 1805 Airline Blvd. Portsmouth, VA 23707 Norfolk Location, 222 W. 19th Street Norfolk, VA 23517 Suffolk Location, 109.5 Clay Street Suffolk, VA 23434	Norfolk Location, 957 West 21st Street Norfolk, VA 23517 Suffolk Location, 112 W. Washington St. Suite M-01, Suffolk, VA 23434 Virginia Beach Location, 870 N. Newtown Rd., Virginia Beach, VA 23462	4509 Whitechapel Dr. Virginia Beach, VA 23455
Contact Information	Richelle Burney-SUD Program Manager: 757-332-1065, email: richelle.burney@theupcenter.org Aieja Davis/Intake Coordinator: 757-965-8622, email: aieja.davis@theupcenter.org	Kristin Hassell-Clinical Supervisor, Outpatient Services: 757-320-9558, email: Khassell@gmainterventions.com Nolty Givens-Coordinator: 757-759-3343, email: Ngivens@gmainterventions.com Melissa Alexander-CEO: 757-335-4234, email: admin@gmainterventions.com	Alyson Myers- Practice Manager: 757-460-4655; email: alysnm@meridianpsych.net
Best Way to Access Services	Call Richelle Burney: 757-332-1065 or Aieja Davis: 757-965-8622	Call Kristin Hassell: 757-320-9558, Melissa Alexander: 757-335-4234, or Nolty Givens: 757-759-3343	Call office: 757-460-4655
Insurance	Yes	Yes	Yes: Medicaid and private
Grant Funding Available	Yes Services covered- Peer recovery services and SUD Individual and Group Sessions	No	No
Methadone Treatment	No Referrals provided	No Referrals provided	No
OBOT/Buprenorphine Treatment	No Referrals provided	No Referrals provided	Yes Individual outpatient treatment combine with group therapy. Individual counseling as indicated. Case coordination.
Vivitrol (IM Naltrexone) Treatment	No Referrals provided	No Referrals provided	Yes Individual outpatient treatment. Group therapy as indicated. Individual counseling as indicated. Case coordination.
Intensive Outpatient Program (IOP)	No Referrals provided	Yes IOP and Outpatient recovery groups	No Referrals provided
Residential Treatment Program	No Referrals provided	No Referrals provided	No Referrals provided
Pregnant/Parenting Women	Yes, individual outpatient treatment. Ready to start a group specific to this population as the need grows under grant funds	Yes, Seeking to service this population on IOP and SUD outpatient support group levels	Yes Individual outpatient treatment
Peer Recovery Specialists	Yes; SUD, Mental Health and Family Support Partner	No	No
Case Management Services	Yes	Yes	Individual providers coordinate care for their clients
Received/Updated	5/11/20	6/11/20	5/15/20
Completed by	Richelle Burney	Kristen Hassell	Dr. Heidi Kulberg

**Support for Substance Use Disorder in Pregnant & Parenting Women
RESIDENTIAL PROGRAMS, EASTERN VIRGINIA**

	Phoenix House Mid-Atlantic Demeter House	Fairfax-Falls Church New Generations (CSB)	The Southeastern Family Project	RHBA North Campus	Boxwood Recovery Center	The Women’s Center at Moores Creek	Bethany Hall	Life Center of Galax
Population Served	Pregnant and Parenting Women	Pregnant and Postpartum Women	Pregnant and Parenting Women	Pregnant and Parenting Women	Men and Women, ages 18+ (Services are available for Pregnant Women; priority status for admission)	Pregnant and Parenting Women	Pregnant and Parenting Women	Provides treatment for both men and women; specific residential treatment for women (accepts pregnant women)
Service Area	Northern Virginia	Northern Virginia (limited to residents from Fairfax, Arlington, and Prince William Counties)	All	Central Virginia	Central Virginia	Central Virginia	Southwest Virginia	Southwest Virginia
Physical Address	Assessment Center 200 N. Glebe Road, Suite 703 Arlington, VA 22203		2351 Terminal Avenue, Newport News, VA 23507	107 South Fifth Street Richmond, VA 23219	5511 Guinn Lane Culpepper, VA 22701	90 Old Lynchburg Place Charlottesville, VA 22903	1109 Franklin Road Roanoke, VA 24016	112 Painter St. Galax, VA 24333
Point of Contact(s)	703-841-0703		Tambyra Klemer tambryaK@hnnscsb.org 757-245-1070	Diedre Pearson Director of Women’s Services; 804-819-4056; PearsonD@rbha.org	Jan Lizotte, Program Manager jlizotte@rrcsb.org	Brittany Sander, Director 434-970-1390 Brittany.Sanders@regionten.org	beverly@behtanyhall.org	
Contact Information		703-383-8500; www.fairfaxcounty.gov/community-services-board/services/new-generations			540-547-2760; https://www.rrcsb.org/adult-services/residential-substance-use-disorder-services/		540-343-4261	877-627-2344; www.galaxrecovery.com
Insurance	Private Pay, Private Insurance, Medicaid		Medicaid			Medicaid, Referral sponsored funds, private pay, and some private insurance	Self pay, Medicaid, Private Insurance	Medicaid
Length of Stay		Four Months of residential treatment; three months in a re-entry program			28 days; extensions available based on need		30 days	Determined by treatment team and amended individually as appropriate.
Grant Funding Available	Yes; CSB, DSS, DJJ, CSA funding	Services provided: MAT services	Yes; Services Provided: MAT		Yes; SARPOS			
Census	20 bed unit		16 bed unit	24 beds	26 residential treatment beds and six detox beds		Facility reserves two beds for pregnant women	
Additional Information	Residents are able to bring up to two children into treatment with them, ages 12 and under	Residents are able to bring one child up to age four and upon delivery, can also bring the newborn. (Max. two children)	Does not accept children at this time	Able to serve school aged children up to age 11		Residents can bring 2 children with them to the children up until school age	Residents can bring up to two children	Does not accept children at this time

Support for Substance Use Disorder in Pregnant & Parenting Women
CONTACT INFORMATION, COMMUNITY PARTNERS

Last	First	Credentials	Affiliation	Title	Email	Work Phone	Cell Phone
Antle	Joe		Recovery Trek, LLC	Director of Operations	joe@recoverytrek.com	757-985-3624	
Baskerville-Allen	Ervina		DBHDS	Pregnant & Parenting Women Coordinator	ervina.baskerville-allen@dbhds.virginia.gov	804-371-2184	
Bishop	Sarah	MSW	The UP Center	Special Projects Manager	sarah.bishop@theupcenter.org	757-965-8649	757-621-1750
Burney	Richelle	LCSW, CSAC	The UP Center	SUD Program Manager	richelle.burney@theupcenter.org	757-965-8649	757-332-1065
Caton	Amanda	LSW	Virginia Beach Department of Public Health	Program Manager, Healthy Families	amanda.caton@vdh.virginia.gov	757-518-2662	
Chamberlain	Lillian		Hampton-Newport News CSB Clinical Services	Administrator for Opioid Replacement Services	lchamberlain@hnnnhsb.org		
Cizerle	Kirk		Recovery Trek, LLC	CEO and Founder	kirk@recoverytrek.com		
Cowan-Gant	Kela	CTRS	EVMS	Outreach Programs Coordinator, M Foscue Brock Institute for Community and Global Health	cowanyd@evms.edu	757-446-6027	757-478-9038
Cunningham	Daphne	PhD	Hampton-Newport News CSB	Deputy Executive Director	dcunning@hnnnhsb.org	757-788-0020	
Gomoke-Pascual	Gabrielle		Western Tidewater CSB	SOR Manager, Clinical Training Manager	gpascual@wtcsb.org	757-262-6517	
Graefe	Wendy	RN, BSN, CNM, MS	Sentara Norfolk General Hospital	Labor and Delivery, Certified Nurse Midwife	wagraef1@sentara.com		
Harrington	Sandi		Norfolk CSB	Supervisor, Infant Toddler Connection	saundra.harrington@norfolk.gov	757-823-4766	
Hassell	Kristin		GMA Interventions	Clinical Supervisor	khassell@gmainterventions.com	757-320-9558	
Herman	Matthew	MPH, CHES	EVMS	Associate Director, M Foscue Brock Institute for Community and Global Health	hermanmc@evms.edu	757-446-0363	757-581-1163
Hunt	Sherry	MPA	Hampton-Newport News CSB	Director of Communications and Business Development	shunt@hnnnhsb.org	757-788-0006	
Jackson-Vergara	Bonita	LMHC, LPC, LCAS, ACS	Portsmouth Dept of Behavioral Health Services	Clinical Manager of Outpatient Treatment Services	bvergara@portsmouthva.gov		
Klemer	Tambrya		Hampton-Newport News CSB	Program Manager of the Southeastern Family Project	tambryak@hnnnhsb.org		
Knight	Glenda	LPC, CSAC	DBDHS	Administrative Specialist	glenda.knight@dbhds.virginia.gov		
Kulberg	Heidi	MD, MPH	Meridian Psychotherapy	Clinician	hkulberg@yahoo.com	757-518-2672	
Kuszak	Amber	PsyD, LCP	Colonial Behavioral Health	Adult Outpatient Services Manager	akuszak@colonialbh.org	757-220-3200	
Levin	Beth	MD	EVMS	Assistant Professor, Obstetrics and Gynecology	levinbe@evms.edu	757-446-7900	
TBD	TBD		Colonial Behavioral Health	Adult Outpatient Services Coordinator	clevy@colonialbh.org	757-220-3200	
Lewis	Yvonne	PhD, CSAC	Portsmouth Dept of Behavioral Health Services	Program Administrator of Outpatient Treatment Services	ylewis@portsmouthva.gov		
Long	Andrea	MA, Med, LCSW	The UP Center	Chief Program Officer	andrea.long@theupcenter.org	757-965-8648	
Manyak	Bridget		Virginia Beach DHS	Manager, Project LINK and Case Management Supervisor	bmanyak@vbgov.com	757-385-0502	757-274-8994
Mezzapeso	Brandi	RN	Virginia Beach Department of Public Health	Program Manager, Baby Care	brandi.mezzapeso@vdh.virginia.gov	757-518-2755	
O'Toole	Stacey	LCSW	Norfolk CSB	Program Manager, Opioid Treatment and Adult Mental Health & SUD Outpatient Services	stacey.otoole@norfolk.gov	757-823-1600	757-448-8906
Romero	Cynthia	MD, FAAFP	EVMS	Director, M Foscue Brock Institute for Community and Global Health	romerocc@evms.edu	757-446-7414	757-404-2176
Shaw	Laurie	RN, MHA	Virginia Beach Department of Public Health	Nurse Manager Sr	laurie.shaw@vdh.virginia.gov	757-518-2673	
Short	Sandy		EVMS	Office Coordinator, M Foscue Brock Institute for Community and Global Health	shortsj@evms.edu	757-446-8460	434-531-2649
Smallwood	Karen	CA	Colonial Behavioral Health	Acting Manager for New Referrals	ksmallwood@colonialbh.org	757-220-3200	
Spratley-Brock	Jacqueline		Norfolk CSB	Clinical Coordinator	jacqueline.spratley-brock@norfolk.gov	757-664-6670	757-274-2825
Stehura	Amanda		DBHDS	Women's Health Services Coordinator	amanda.stehura@dbhds.virginia.gov		
Stoddard	Ashley		Norfolk CSB		ashley.stoddard@norfolk.gov		
Tague	Natalia	LPC, ACS	Western Tidewater CSB	Clinical Services Administrator and Approved Clinical Supervisor	ntague@wtcsb.org	757-925-2222	
Truitt	Julie	MPA, CSAC, CCJP	DBHDS	Regional Behavioral Health Consultant	julie.truitt@dbhds.virginia.gov	804-837-6708	
Walker	Molly	LCSW	Eastern Shore CSB	Clinical Director of Mental Health and Quality Improvement	mcwalker@escsb.org	757-442-3636	
Williams	Ashley	MS, SAC	Middle Peninsula/Northern Neck CSB	Substance Abuse Counselor - Team Lead	amwilliams@mpnn.state.va.us	804-693-5057	
Williams	LaTonya	LCSW	Portsmouth Dept of Behavioral Health Services	Deputy Director	lwilliams@portsmouthva.gov	757-393-8618	