



2019 Joint Mental Health Summit

Addressing Child and Family Mental Health Needs, Including Military and Veteran Populations

Tuesday, May 7, 2019

Harry T. Lester Hall, Room 135
Eastern Virginia Medical School, Norfolk, VA

AGENDA

7:30 – 8:30 am **Breakfast & Registration**

8:30 – 9:00 am **Opening Remarks**

Stephen I. Deutsch, MD, PhD, CAPT (ret.), US Navy, Chairman, Psychiatry & Behavioral Sciences, Eastern Virginia Medical School, Norfolk, VA

Daniel Spencer, MD, Associate Chief, Mental Health Service Line

Peter M. Dozier, MD, Director of the Division of Psychiatry & Psychology
Children's Hospital of The King's Daughters, Norfolk, VA

David Buyck, PhD, Chief Mental Health Officer VISN-6
Hampton VA Medical Center, Hampton, VA

Cynthia C. Romero, MD, FAAFP, Director

M. Foscue Brock Institute for Community & Global Health, EVMS, Norfolk, VA

9:00 – 10:00 am **Keynote Presentation: *Adverse Childhood Experiences (ACE's) in Uniform***

W. Aaron Adams, MD, FAAP, CPT, MC, Pediatrician & Battalion Surgeon
Thomas Moore Health Clinic, Fort Hood, TX

OBJECTIVES: Following this presentation, participants should be able to:

- 1) Identify and understand the unique toxic stressors for military families
- 2) Identify and understand the resiliency factors and specific resources available for military families

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10:00 – 11:00 am

How to ACE Trauma Informed Care- Putting trauma informed care into practice

Erinn F. Portnoy, LCSW, Executive Director, Child Abuse Program
Children's Hospital of The King's Daughters, Norfolk, VA

OBJECTIVES: Following this presentation, participants should be able to:

- 1) Define what it means to be trauma informed and have a trauma informed practice/agency
- 2) Understand the impact of working with victims of trauma
- 3) Identify ways you and your agency can be more trauma informed

11:00 – 11:15 am

Screening, Brief Intervention & Referral to Treatment (SBIRT) Training Preview

Stephanie Peglow, DO, MPH, Assistant Professor, Department of Psychiatry
Eastern Virginia Medical School, Norfolk, VA

11:15 – 11:30 am

Break

11:30 am – 12:30 pm

Case Study & Panel Discussion: *Local Evidence-Based Mental Health Treatment Modalities for Children and Families*

Moderator

Daniel Spencer, MD, Associate Chief, Mental Health Service Line
Children's Hospital of The King's Daughters, Norfolk, VA

Panelists

Stephanie Eppinger, PhD, Clinical Psychologist, Clinical Psychology
Hampton VA Medical Center, Hampton VA

James F. Paulson, PhD, Clinical Psychologist, Child and Family Guidance
Children's Hospital of The King's Daughters, Norfolk, VA

Courtney Sherron, PsyD, Clinical Psychologist, Clinical Psychology
Hampton VA Medical Center, Hampton VA

Takeisha Williams, PhD, Clinical Psychologist, Child and Family Guidance
Children's Hospital of The King's Daughters, Norfolk, VA

OBJECTIVES: Following this presentation, participants should be able to:

- 1) Identify symptoms/conditions appropriate for Mental Health Treatment
- 2) Recommend evidence based treatments that target identified symptoms

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12:30 – 1:30 pm

Lunch & Community Resources Discussion: *Community Resource Mapping*

Archie Boone, Norfolk Community Services Board, Norfolk, VA
Sherry C. Hunt, MPA, Hampton-Newport News CSB, Hampton, VA

OBJECTIVES: Following this presentation, participants should be able to:

- 1) Identify regional community resources for Mental Health support and treatment
- 2) Recognize existing relationships, potential collaborations and barriers to Mental Health support and treatment in Hampton Roads

1:30 – 1:45 pm

Break & Invitation to Working Group Sessions

1:45 – 2:45 pm

Working Group Breakout Sessions

- A. Developing a White Paper for Hampton Roads to Address Mental Health Conditions
- B. Gathering Community Mental Health Resources
- C. Dispelling Stigma
- D. Identifying a Single Access Point

2:45 – 3:30 pm

Working Group Reports & Closing Remarks

Cynthia C. Romero, MD, FAAFP
M. Foscue Brock Institute for Community & Global Health, EVMS, Norfolk, VA

Accreditation

Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
