POLICY ON MONITORING WELL BEING OF RESIDENTS

November 2013

The residency director monitors the physical and mental health of the residents through direct observation and feedback from supervising faculty members. Any reported problem that would affect either the resident’s clinical performance or physical well-being is immediately evaluated by the residency director. Institutional resources are available to the residency directors for consultation or referral for evaluation of residents with identified behavioral or educational issues.

Program directors may refer resident physicians for assessment for behavioral and/or learning issues that appear to be affecting their well-being or academic progress in their residency training program. This is a confidential service that is provided, at the request of their training director, to the resident physicians without charge. The residents sign an authorization for pertinent information that is relevant to their educational tenure to be shared with their program director. This psychological/educational evaluation is performed by a licensed clinical psychologist with over ten years of experience in the assessment and evaluation of medical residents. A confidential report is generated from this evaluation and is sent to the residency training director to assist in planning the residents’ training experiences. Additionally, residents are referred for appropriate treatment services, when necessary, as part of this comprehensive evaluation process.

In addition, a yearly Grand Rounds presentation by Dr. Catesby Ware, Director of the Sleep Disorder Center at Sentara Norfolk General Hospital, on the physiological effects of sleep deprivation is given. (See Otolaryngology-Head and Neck Surgery Sleep and Fatigue Policy).

Eric Dobratz, M.D., Assistant Professor
Director, Residency Training
Department of Otolaryngology-Head and Neck Surgery

Date

Barry Strasnick, M.D., F.A.C.S.
Professor and Chairman
Department of Otolaryngology-Head and Neck Surgery

Date