Diabetes
Dot your i's & cross your t's. Know your diabetes risk.

- 8.7% of Virginians have diabetes.
- 7.0 million people in America have diabetes but are undiagnosed.
- 175,000 people in Hampton Roads are estimated to be living with diabetes.
- 5 billion dollars goes to pay for diabetes-related hospital care in Virginia annually.
- 200,000 hospital admissions attributed to diabetes in Virginia annually.
- 67% of Americans 20 or older with self-reported diabetes had blood pressure greater than or equal to 140/90.
- 68% of diabetes-related death certificates among Americans aged 65 years or older noted heart disease.
- 4.2 million people with diabetes 40 years or older had diabetic retinopathy in 2005-2008.
- 65,700 non-traumatic lower-limb amputations were performed in the U.S. in 2006 due to diabetes.
- 202,290 cases of end-stage kidney disease were due to diabetes in the U.S. in 2008.
- 11.8% of all American men 20 years or older have diabetes.
- 10.8% of all American women 20 or older have diabetes.

Don’t be a statistic. Get checked for diabetes.

Statistics show that diabetes is at epidemic levels nationwide. Hampton Roads, in particular, is a hotbed for the disease. That’s why it’s important to get checked by a health-care professional. The EVMS Strelitz Diabetes Center is working to halt the disease and ease suffering by transforming research discoveries into novel treatments. Learn more about local research and find out why people from across the country trust their care to EVMS.

To receive an information packet or to make an appointment, call 757.446.5908. Learn more at evms.edu/diabetesrisk.