

Department of Emergency Medicine Quarterly Update

April –May- June 2020

Message from the Chair

This has undoubtedly been the strangest past three months in memory. In short order, we have been confronted with a global pandemic, a major recession, and nationwide protesting not seen since the 1960's and 70's. I am incredibly proud of the residents, fellows, and faculty – all of you – for your commitment and focus on providing outstanding patient care, regardless of the chaos around us. I am consistently amazed by the professionalism, collegiality and positive attitude that each of you have demonstrated in performing your job during these challenging times.

This is also a bitter sweet time of year, with the graduation of another class of residents and fellows. We graduated nine EM residents, which brings the total to 291 graduates from our EM residency program (the first was in 1983). We graduated three Emergency Ultrasound Fellows, bringing the total to 19 graduates (the first was in 2010). We graduated our first two-year International Emergency Medicine fellow, for a total of four IEM graduates; the first was in 2013. We also graduated three EM PA fellows, for a total of 31; the first graduate was in 2010. Finally, we graduated our very first Academic EM Fellow this year. Congratulations to all!

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Publications & Scholarly Activity

- Brooks P, Klinkhammer M. Atypical hemolytic uremic syndrome. EM Resident June/July 2020
- Desjardins B, Hanley M, Steigner ML, Aghayev A, Anzene EM, Bennett SJ, Chandra A, Hedgire SS, Lo BM, et.al. ACR Appropriateness criteria suspected upper extremity deep vein thrombosis. J Am Coll Radiol 2020; 17(5):S315-S322.

Speaking Engagements

• Anjeza Cipi MD, Assistant Professor, presented "The RUSH(ed) Exam", for Sentara Obici Hospital Grand Rounds on June 2, 2020.

Appointments & Promotions & Awards

- Congratulations to Barbara Beauchamp, MD, incoming Academic EM Fellow and Julie Patel, DO, incoming EUS Fellow on their initial faculty appointment as an Instructor in the Department of Emergency Medicine, effective July 1, 2020.
- Congratulations to Phoebe Glazer, MD, Class of 2020. She was awarded the Matthew Bishop MD Memorial Award at our Resident & Fellow Graduation on June 24, 2020. This award is given to the graduating resident that most embodies the qualities demonstrated by Matt Bishop, MD, Class of 2016.
- Congratulations to **Kirsten Pennell**, **MD**. The residents voted her as Outstanding Clinical Instructor (EPT Community Faculty) for the 2019-2020 academic year. Kirsten is most deserving of this award.
- Congratulations to Christine Stopyra MD, one of the SNGH Hospitalists, was recognized as an Outstanding Clinical Instructor (Off-service); voted on by the EM residents, for the 2019-2020 academic year. This is the first time a hospitalist has received the award since it was first started in 1990.
- Congratulations to Charlie Graffeo, Ashton Schwerin, Charlie Jessup, Komal Dhir, and Shirley Jones. They received the first annual "House Cup" for the team completing the most wellness activities over the course of the year. They celebrated with a dinner at Luce. (pictured below)
- Congratulations to Peter Brooks DO, Chief Resident. Peter was elected to the Alpha Omega Alpha (AOA) Honor Medical Society by the EVMS Gamma Chapter, in the Housestaff category. Only EVMS AOA students vote.
- Congratulations to Bruce Lo MD, Professor, on his recent election to the Board of Directors of the American Academy of Emergency Medicine (AAEM)!



Other Activities

• Barry Knapp, MD, Professor, participated in a "Street Health Clinic" for the homeless with third year EVMS medical students via teleconference on April 24. 2020.

COMMUNITY FOCUS. WORLD IMPACT.

Fellowships

International Emergency Fellowship (Carol McCammon, MD, MPH; Fellowship Director):

Please join me in congratulating Dr. Lipika Bhat on successful completion of her IEM Fellowship, and she is staying on with us!

The past two years have been a joy for me to have her working in this field, and alongside her in our departments. She has accomplished a great deal in particular with training of residents in the Maputo, Mozambique program. Her presence there over the past two years has been greatly appreciated especially during the short-staffed time period around the devastating cyclone in 2019. She was able to be a key support for the training of the residents while attendings were dispatched to the northern part of the country to assist the worst hit areas. In traveling together, we visited the San Fernando Trinidad EM Training program twice and hosted 2 of their nurses here in Norfolk in 2019 to assist their department to develop improvements in patient flow and work processes. That relationship continues. In Zimbabwe, we worked with some incredible doctors who value emergency medicine and are continuing to actively advocate for recognition of the specialty in their country while also working with them on airway and ultrasound skills. This relationship also continues. I grew to enjoy the unusual snacks that Lipika was able to find in the local markets- an impressive skill to have!! Lipika spent some time in London attending classes for her MPH until COVID got in the way and forced her to return to the states - with great difficulty due to travel restrictions and flight cancellations. She approached all of this with facile grace and a great sense of humor. Academic projects are in motion, and a paper on quality improvement in limited resource settings has been accepted for publication!

This year, we do not have an IEM Fellow, but this does not mean we will not continue this work! As we move through the changes of COVID and our ability to travel is impeded for the time being, our IEM Fellowship continues to work toward maintaining our collaborative relationships and supporting our international colleagues. The program in Trinidad has been attending our Grand Rounds remotely as available and I hope to continue this option long term, and possibly extend this to others either live or on-demand. Additionally, opportunities domestically are being explored with border health, Eastern Shore and IHS possibilities. EVMS Medical Spanish, HOPES clinic and Clinical Esperanza continue and are open for anyone to participate locally!

EUS Fellowship (Don Byars, MD; Fellowship Director):

All of our current fellows have passed both their RDMS (Abdomen Specialty) and their RDCS (Adult Echo Specialty) despite the challenges with scheduling related to COVID 19. This year's fellow Julie Patel, MD will officially begin on July 15th. The Fellowship program and faculty will be preparing for accreditation by the Emergency Ultrasound Fellowship Accreditation Council. This will be a critical step to ensure future Fellowship graduates are eligible to sit for the Focused Practice Designation in Advanced EM Ultrasonography available to ABEM-certified physicians.

EMS Fellowship (Don Byars, MD; Fellowship Director):

Taylor Gammons, MD begins his EMS fellowship on July 15th. On his first day, we will travel down to Dare County, North Carolina to train their EMS supervisors on Point of Care Ultrasound for EMS using the new Butterfly Ultrasound platform. We also welcome two EMS board-certified emergency physicians to our Fellowship faculty, Dr. Joe Lang and Dr. Ashley Fox. Should be a great year!

EM PA Fellowship (Eric Deutsch, MD; Fellowship Director):

Congratulations to Joslyn DelSignore, Matt Lillis and Whitney Stacy on successfully completing the Fellowship! They all worked hard, challenged themselves, and showed amazing growth during the Fellowship year. Matt and Whitney will both be staying on with us full time, while Joslyn will continue some part time work.

I'd also like to extend a welcome to new fellows, Brad Cundiff and Stephanie Duvall. Brad joins us from George Washington University, while Stephanie recently matriculated from Shenandoah University after spending several years as a scribe for EPT. Both are eager to learn, so please look out for them on shifts!



We graduated our first Academic EM Fellow this year – **Kristen Zach, M.D**. Kristen and her husband Andrew are moving to upstate New York. In addition to working in the ED, Kristen will be starting up and serving as Director of an Emergency Medicine Physician Assistant Fellowship. Given her background as a PA, and completion of her fellowship, Kristen is very well prepared for the job.

Barbara Beauchamp, MD just graduated from the Carilion EM residency program, and started with us on July 1, 2020 as our new Academic EM Fellow. Please welcome Barbara when you see her.

Upcoming Events

Journal Club - July 27, 2020/Virtual

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Emergency Medicine

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